

PBA SAFETY GLANCE



Safety Element for fiscal year 2016:
Lost Day Case:
0.00
Award Goal: 0.89

* **Lost time injuries for fiscal year 2016 is zero. There is zero lost time injuries as of March 1.**

* **Recordable injuries for fiscal year 2016 are eight. There is zero recordable injuries as of March 1.**

* **Pine Bluff Arsenal days without a lost time injury are 196.**

* **Pine Bluff Arsenal days without a recordable injury are 36.**

* **Estimated hours worked without a lost time injury: 885,185.**

BRIEFS

Annual training scheduled

Pine Bluff Arsenal's annual Safety Stand Down will be held April 14 at various locations on the installation.

The training is mandatory. Registration will be from 6:30 to 7 a.m., with the first session starting at 7 a.m. and going until 4 p.m.

Information about the training locations will be sent out prior to the training date.

Blood drive set for March 17

The Arkansas Blood Institute will hold a blood donor challenge blood drive 11 a.m. to 3 p.m., March 17, at the Pine Bluff Arsenal Recreation Services.

For further information, call 540-3658.

Self-defense class scheduled

Pine Bluff Arsenal's Family Morale, Welfare and Recreation will hold a free lunchtime self-defense class 11 a.m. to noon, March 17 at the Fitness Center.

The class will be conducted by Chris Tippins, owner and instructor at Eclipse Martial Arts in Hensley, Ark.

To sign up for the class, call or email Billy Ray Ashcraft at 540-3621, 540-3778 or billy.r.ashcraft.naf@mail.mil.

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CPI project

Engineers reconfigure production line

By Rachel Selby

Pine Bluff Arsenal's Continuous Process Improvement Office in the Directorate of Engineering and Technology has turned out several projects across the installation in recent months. One of these projects has resulted in a reduction in injuries on an ammunition production line.

Two E&T project engineers – Justin Young and Jonathan Hicks – took on the problem with the 120MM illumination mortar load, pack and assembly line.

The problem stemmed from multiple operators on the line injuring their wrists and developing carpal tunnel while assembling and staging the candle/parachute assemblies for the body load station on this line.

"The operators were initially standing at a table about waist high and manually assembling the candles to the parachutes, pressing and twisting them together with their arms and hands," said Young. "Then they would put that assembly into a holding station where another operator would turn 180 degrees twice, take it and place it into the munition."



Production workers with Pine Bluff Arsenal's Directorate of Ammunition Operations work on candle/parachute assemblies on the M930 body load production line. This line was recently reconfigured to eliminate safety and industrial hygiene concerns. Production operators were complaining of wrist injuries and carpal tunnel, while assembling and staging the body load assemblies. U.S. ARMY PHOTO

The simultaneous action of pressing and twisting is the action that was causing all the injuries.

"We were approached by the Safety Office and Industrial Hygiene to fix this situation," he said.

Young said that they also addressed the material handling operations on this line. According to information about this

project from the CPI office, the candle/parachute operators now have a pneumatic press and the parts are fed to them by a slow moving chain-on-edge conveyor.

"The conveyor totes go around at about three feet per minute," said Young. "Now the operators sit, grab one of the assemblies out of the conveyor and

use the press instead of using their arms and hands to press and twist. Now all they really have to do is manipulate and fold the parachute to the candle."

Now, with the new configuration of the line, the body load operator only has to do a short 90 degree turn to get the assembly and put it in the munition, said Young. "It is much easier," he said.

Both Young and Hicks said that they have gotten positive feedback from the operators about the new configuration of the line.

"They like it and it has made it a lot easier," said Young.

Hicks said someone from Ammunition Operations stopped him recently and said that the operators on this production line really like the new conveyor.

"They are not having to walk around or do any motions with their hands that could result in injury like before. The process works a lot better than before," he said.

According to the CPI office, this production line reconfiguration has resulted in an average cost avoidance of \$283,102.



Brig. Gen. Stephen Farmen, U.S. Army Joint Munitions Command Commanding General, Ray Brame, contracting and Joe Kennedy, commander's representative, participate in the presentation of the Army Superior Unit Award during the general's visit to Holston Army Ammunition Plant in Kingston, Tenn., in February. U.S. ARMY PHOTOS-HSAAP

CG Farmen, Welker make first visit to Holston AAP

By Kathy Cole

Courtesy of HSAAP Public Affairs

Brig. Gen. Stephen Farmen, Commanding General of U.S. Army Joint Munitions Command, and Scott Welker, JMC Deputy to the Commander, made their first visit to Holston Army Ammunition Plant in Tennessee, Feb. 9-10.

Farmen met with Joseph Kennedy, HSAAP Commanders Representative, and Todd Hayes, BAE General Manager. During a ceremony, the commanding general presented Holston with the Army Superior Unit Award and JMC's fiscal year 2015 Safety Award.

The focus of the general's visit was to see Holston's impact to readiness and a general overview of the plant, the history, products, accomplishments, plant capabilities, limitations and most importantly meet the Holston workforce. One Star Notes were presented to David Duncan and Jeffrey Worley, HSAAP's Quality Specialists, for their outstanding quality surveillance, dedication, loyalty and exceptional oversight. Gene Faxon, Bruce Cole and Ray Brame received a Commander's Coin from Farmen for their achievements in Safety, Natural Resources and Contracting.

The general and Walker received a windshield and walking tour of the facility and had lunch with several of the employees answering questions from the workforce. Farmen was also eager to see that Holston with great pride showcases the "Plant to Foxhole" placemat.

CFC Awards



Laura Hiserodt, Pine Bluff Arsenal's Combined Federal Campaign coordinator, shows off awards that the Arsenal received from the Combined Federal Campaign of Greater Arkansas during a ceremony Feb. 17. Hiserodt received recognition for being PBA's CFC coordinator during the recent campaign and Jackie Flowers with PBA's Internal Review and Audit office received recognition for sitting on the local Federal Coordinating Committee for CFC. The Arsenal received two awards for the campaign - fifth place for overall campaign, as well as Bronze Agency Award, which is based on per capita giving. The CFC campaign helped 132 local charities. U.S. ARMY PHOTO BY RACHEL SELBY



Arsenal's Women's History Month breakfastPAGE 5

Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Column

Team. What does that word mean to Pine Bluff Arsenal? What does it mean to you? To me, it means we must come together as a group, not individually, to protect the installation's future viability. Part of my responsibility is to make difficult business decisions in order to make sure the Arsenal remains an important part of our nation's military.

The Arsenal can't do what it does so well if we don't have work. This is why our workforce needs to maintain its flexibility. We have had to move the workforce from location to location based upon funding and work schedules in lieu of terminating employees once the work has been completed.

For the past 18 months, we have focused on building and strengthening our relationships with our customers, however, the workload has not developed as quickly as we need it -- we depleted our cash reserves to keep our fiscal year 2016 rates stable.

Now, more than ever, we need to focus efforts on reducing expenses and becoming as efficient as we can without sacrificing our effectiveness. One way is through our efforts on Continuous Process Improvement and the identified costs savings and cost avoidance. You have seen many of our individuals recognized in past *Arsenal Sentinel's* and this will continue.

Additionally, I had one-on-one TDA reviews with each director this past October-November. We looked at ways to consolidate positions and reduce indirect labor costs. Just because someone retires or finds employment

elsewhere, that doesn't mean we will be back-filling the vacancy. By no means do I intend to portray that you are not valuable members of the PBA Team, but we do have to right-size and consolidate positions as much as possible.

The PBA leadership is working every day to bring in more workload and maintain our viability, but until the situation improves we most likely will be foregoing an Employee Appreciation Day this summer.

We, as an organization, need to take lessons learned as well as our shared experiences to help strengthen our future. We need to recognize a job well done when we see it and, more importantly, hold each other accountable when necessary. This is what a team does. Successful teams lean on each other for that support and work together towards a common goal.

Our strategic focus is on future workload, production flexibility, and productivity. We need not fear the unknown but meet it head on and welcome the challenges ahead of us.

Our new command video, which is being finalized by our Public Affairs Office, will help us bring in more business, advertise our unique capabilities, and educate industry on the quality work that we are currently doing and on what we can do for future customers. We are planning to debut this video to the workforce at our Safety Stand Down, April 14. This yearly, day-long training will be held at multiple locations around the Arsenal. More information about this event is forthcoming from our training of-



Col. Chad T. Bauld

office. We also use the SDD as an opportunity to complete most of the required mandatory training. My goal over the remaining few months is to compact even more training into this short event for the future and complete it all in a half-day session and still have the afternoon to conduct Employee Appreciation Day activities. Each day we shut down production operations impacts our revenue and our ability to meet customer schedules.

March brings a change in temperatures as we begin the transition from winter to spring. This can bring anything from snow and ice to rain and thunderstorms.

Being vigilant during dangerous weather events is paramount. Safety is key when preparing for these situations. Our safety record so far this fiscal year has been excellent and I want to say thank you to everyone for their efforts.

We are approaching (and by the time this is published, hope to have surpassed) 900,000 work hours without a lost time injury. Reduced injuries correlate to overall reduced costs, so thanks again.

March is a busy month. Daylight Savings Time begins March 13. Spring Break for the local schools is March 21-25, and Easter is March 27.

We also celebrate Women's History Month in March. A breakfast will be held at 8 a.m., March 31 at the Arsenal's Community Club.

During this event, the Woman and Supervisor/Leader of the Year will be presented. To nominate someone for these awards, please contact Melanie Moore, Federal Women's Program coordinator, at 540-4101 or Sharon Bolden with the Equal Employment Office at 540-3205.

Several projects are in the works for our Family Morale, Welfare and Recreation directorate. Construction will begin around March 14 on concession and bathrooms on the soccer fields located behind the Creasy Complex near the National Guard/Reserve Center, just outside Plainview Gate.

This project and funding does not affect our PBA rates, but is a sorely needed facility. If you have children/grandchildren that are involved in spring or summer soccer activities, I am sure you will appreciate this new addition.

It will also enable White Hall to host local soccer tournaments instead of always traveling away for these events. Other projects in the MWR area that do not affect PBA affordability include:

- Roof replacements and repairs to Army Lodging.
- Playground repairs on Staff Row housing.
- New basketball court surface at Arsenal Fitness Center to replace existing plastic tiles.
- Enclosure of Cool Breezes so we can have a year-round facility for lunch meals.
- Funding is also being sought to replace the roof on the Arsenal's Fitness Center.
- Covered walk-way

from parking lot to the front door at the Child Development Center – this is not a priority and will occur only if excess funding becomes available.

Upcoming events on the command calendar later in March and into April include:

- PEO-Ammo, Program Management Review for PM-CAS at PBA, March 15
- USA Symposium, Huntsville, Ala, March 15-17
- JPEO-CBD Joint Logistics Advisory Council (JLAC), March 16-17
- AMC Enterprise Industrial Base (EIB) Team site visit to PBA, March 21-25
- Home on Home/Organic Industrial Base discussion with JPEO-CBD, TACOM, ECBC, AMC,

JMC, and PBA; Stafford VA, April 6

•Special Olympics, White Hall High School Football Field/Track, April 9 (volunteers welcome)

I appreciate everything you do for the Arsenal, our Nation, and our service members. Your contributions strengthen our Nation's military and help us remain ready for anything the future brings. I know I say thank you a lot but I mean it. Thank you for everything you do each and every day.

Please continue to focus the TEAM concept. We cannot and will not be viable for many years to come if individuals only worry about themselves. Success requires a total team effort.

Pine Bluff Arsenal

Army Substance Abuse Program (ASAP)

Employee Assistance Program (EAP)

<p>EAP can help you with:</p> <ul style="list-style-type: none"> *Emotional problems *Financial problems *Marriage and family problems *Substance abuse *Health management issues *Stress management *Anger management 	<p>EAP can help you:</p> <ul style="list-style-type: none"> *Identify problems *Resolve issues *Improve your quality of life <p style="text-align: center;"><i>..Many names..one goal, to help you in a time of personal crisis or other trouble.</i></p>
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Come visit with EAP staff members Pat Jenkins, Cassandra Cosen and Dee Nesby at Building 13-040 or call 870-540-3094.

Social Security

Filing your taxes just got a little bit easier

By **Tonya Dees**
Social Security Public Affairs

Now that it's March, your annual tax filing deadline is fast approaching. If you receive Social Security benefits, one of the documents you need to file your federal income tax return is your Social Security Benefit Statement (Form SSA-1099/1042S).

Your Social Security benefits may be taxable. This includes monthly retirement, survivor, and disability benefits. About one-third of people receiving Social Security benefits must pay taxes on some of these benefits, depending on the amount of their taxable income. This usually happens if you have other substantial income – such as wages, self-employment, interest, dividends, and

other taxable income that must be reported on your tax return – in addition to your Social Security benefits. You will never have to pay taxes on more than 85 percent of your Social Security benefits, based on Internal Revenue Service (IRS) rules.

To find out if you must pay taxes on your benefits, you will need your Social Security Benefit Statement (Form SSA-1099/1042S).

You should automatically receive it in the mail each January. It shows the total amount of benefits you received from Social Security in the previous year so you know how much Social Security income to report to the IRS on your tax return. The benefit statement is not available for people who receive Supplemental Security Income (SSI), as SSI

payments are not taxable.

Whether you file your taxes early or wait until the deadline, Social Security makes it easy to obtain a replacement benefit statement if you didn't receive one or misplaced it. You can get an instant replacement easily by using your secure online my Social Security account. If you don't already have an account, you can create one in minutes. Follow the link below to the my Social Security page, and select "Sign In or Create an Account." Once you are logged in, select the "Replacement Documents" tab to obtain your replacement 1099 or 1042S benefit statement. You can also use your personal my Social Security account to keep track of your earnings each year,

manage your benefits, and more.

You can also obtain a replacement benefit statement by calling us at 1-800-772-1213 (TTY 1-800-325-0778), Monday through Friday from 7 a.m. to 7 p.m., or by contacting your local Social Security Office. If you live outside of the United States, please contact your nearest U.S. Embassy or Consulate. But by going online you can print your replacement benefit statement immediately and not have to wait to receive it in the mail.

With a my Social Security account, gathering your Social Security information for tax season has never been easier. Open your own personal my Social Security account today at www.socialsecurity.gov/myaccount.

Arsenal Sentinel

Col. Chad T. Bauld, Commander
Larry Wright, Deputy to the Commander
Cheryl Avery, Public Affairs Officer
Rachel Selby, Editor
Hugh Morgan, Photographer
Stan Nelson, Webmaster
Tonya Lane, Advertising Manager
GateHouse Media, Printer

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Letters to the Editor

Please submit to Rachel Selby at rachel.c.selby.civ@mail.mil, or by fax at 540-4048, or you can bring the letter by Rm. 190 in Building 10-020. Publication dates are the second Thursday of every month. For more information, call 540-2542.

Online Conduct

Think. Type. Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life. Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct -wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold ourselves and others accountable.

Trustworthy Army Professionals do not tolerate

double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post"

"Think" about what messages/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others. Remember whenever on online -Think, Type, Post."

Hails and Farewells

Hails

Raymond W. George, Material Handler, has joined the Directorate of Public Works.

Phillip W. Aureli, Engineering Technician, has joined the Directorate of Ammunition Operations.

Yaritza Romney, Human Resource Specialist, has joined the Arsenal's Civilian Personnel Advisory Center.

Retirements

Thomas Noel, Small Arms Repairer, has retired from the Directorate of Law Enforcement and Security. Noel retires with 46 years of government service.

Charles Robinson, Protective Equip-

ment Inspector/Repairer, has retired from the Directorate of Chemical and Biological Defense Operations. Robinson retires with 34 years of government service.

Paul Rauls, Motor Vehicle Operator, has retired from the Directorate of Logistics. Rauls retires with 12 years of government service.

Terry Weston, Industrial Worker, has retired from the Directorate of Ammunition Operations. Weston retires with six years of government service.

Joseph Trimboli, Equipment Specialist, has retired from the Directorate of Public Works. Trimboli retires with 34 years of government service.

AER Kicks-off "Never Leave a Soldier in Need" Campaign

Courtesy of Pine Bluff Arsenal Army Community Service

Army Emergency Relief recently announced the 2016 campaign theme, "Never Leave a Soldier in Need." The campaign runs from March 1 through May 15, with the goal of creating greater awareness of the benefits of AER as well as providing Soldiers the opportunity to help their fellow Soldiers.

Over the last several years, AER has made significant changes to meet the needs of today's Army, adding new categories of assistance, expediting the assistance process and increasing grants by 30 percent. Last September, AER made a policy change which allows all Soldiers, regardless of rank, direct access to AER assistance.

The theme, "Never Leaving a Soldier in Need, is in keeping with the Army's core values," said AER's Director, retired Army Lt. Gen. Robert Foley. "Whether the need is money for a Soldier's emergency leave, new brakes for the family car or to cover

the initial rent deposit on a new apartment, AER is there! To maintain this level of assistance today, donations from Soldiers, active and retired, are essential to ensure the legacy of Soldiers Helping Soldiers."

Here at Pine Bluff Arsenal, Army Community Service, specifically Jan Brewer, works with the AER program. For local information about AER, contact Brewer at 540-3217.

Army Emergency Relief is a private non-profit organization dedicated to providing financial assistance to Soldiers, active and retired, and their Families. Since it was founded in 1942, AER has provided more than \$1.7 billion to more than 3.6 million Soldiers and Families.

Last year AER provided more than \$71 million dollars in assistance to nearly 47,000 Soldiers and Families which includes \$9 million for 4,102 scholarships to Spouses and Children of Soldiers. Additional information is available at www.aerhq.org.



Accountability tip: How to ship accountable property

Courtesy of Pine Bluff Arsenal Property Book Office

Did you know that hand receipt holders can be at risk for financial liability if appropriate paperwork is not prepared or retained when shipping accountable property? Let's find out how to minimize this risk.

Shipment of a bar coded item should be documented with a DD Form 1149 (Requisition and Invoice/Shipping Document). Include the model number, serial number, bar code number and nomenclature in block (b) of this document, and the hand receipt holder should sign block 10 authorizing the shipment.

Block 18 of the DD 1149 should be signed

by different individuals in the "checked by" and "packed by" blocks in order to validate that the item(s) listed are the ones packed and shipped.

One more thing - be sure to insure the item being shipped for its full acquisition cost in case of loss or damage during shipping.

This document should be retained by the hand receipt holder until the asset is received back. RMAs, correspondence, and any other documentation validating the item being shipped and the reason for the shipment should also be kept, as well as bills of lading, tracking numbers and other shipment documentation.

If the original asset is replaced with a like

item, please contact your Equipment Specialist as soon as possible so that the replacement item can be bar coded and the accountable records adjusted. All of the previously-mentioned documents will be required to support this adjustment.

For information, contact the Property Book office staff below:

- Cindy Hahn - 540-3479
- Rodney Davis- 540-3634
- Elizabeth Blackwood - 540-3442
- Carl Johnson - 540-3977
- Darlene Lybrand - 540-3532
- Derrick Dent - 540-3903
- Karen Etter- 540-3136

CPAC Corner

Who is eligible to contribute to TSP?

Courtesy of Civilian Personnel Advisory Center

Employees who are covered by the Federal Employees Retirement System and Civil Service Retirement System as well as members of the Uniformed Services can participate in the Thrift Savings Program. FERS employees are generally those hired on or after Jan. 1, 1984. CSRS employees are generally those hired before that date who did not convert to FERS. TSP benefits are in addition to your FERS or CSRS annuity.

If you are a FERS or CSRS employee, you can participate in the TSP regardless of whether you work full time or part time. If you do not know your retirement coverage, contact your personnel office.

If you are a FERS employee: You can elect to contribute to or stop contributing to the TSP at any time. If you were hired after August 1, 2010, you were automatically enrolled into TSP at three percent of your basic pay.

You may elect to contribute any dollar amount or percentage (one percent to 100 percent) of your basic pay. However, your annual dollar total cannot exceed the Internal Revenue Code limit, which is \$18,000 for 2016.

FERS employees are also eligible for Agency matching to their TSP. The Federal Government will contribute to your TSP account each pay period, an amount equal to one percent of your basic pay.

This is called the agency automatic one percent contribution, and happens regardless of whether you contribute your own money or not. In addition, FERS employees who contribute up to five percent of their

own money will receive agency matching contributions.

The first three percent of pay contributed is matched dollar-for-dollar; the next two percent is matched at 50 cents on the dollar. Thus, the full agency match is four percent, for a total agency contribution of five percent when the agency automatic one percent is added in. Any amount a FERS employee contributes over five percent is not matched.

However, the entire amount contributed is in "before-tax" dollars if contributing to Traditional TSP, reducing your taxable income.

TSP is an integral part of a FERS retirement package, along with the FERS basic annuity and Social Security. If you stop making regular employee contributions to TSP, or if you reach the Internal Revenue Service (IRS) annual maximum before the end of the year, agency matching contributions will stop. You will, however, continue to receive the agency automatic one percent contribution.

If you are a CSRS/CSRS Offset employee:

You can elect to contribute to or stop contributing to the TSP at any time. If you were rehired after August 1, 2010, you were automatically enrolled into TSP at three percent of your basic pay. You may elect to contribute any dollar amount or percentage of basic pay.

However, your annual dollar total cannot exceed the Internal Revenue Code limit which is \$18,000 for 2016. Unfortunately, CSRS/CSRS Offset employees do not receive any agency automatic (one percent) or matching contributions.

THE BLOOD DONOR CHALLENGE

JOIN THE MOVEMENT
#BloodDonorChallenge

Pine Bluff Arsenal Blood Drive

Thursday, March 17 • 11 AM - 3 PM
Fitness Center Gym

To schedule your appointment contact Courtney Lott: 870-540-3658

NEED A REASON TO DONATE BLOOD? HE CAN GIVE YOU AT LEAST ONE.



Bennett loves Mickey Mouse and playing with his big brother!

WILL YOU TAKE THE CHALLENGE FOR OTHERS LIKE HIM?

Donors receive a BLOOD DONOR CHALLENGE T-shirt while supplies last.



WELLBEATS MARCH 2016 CLASS SCHEDULE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 0600: OPEN CHOICE 1115: Kinetics "All In" 1700: OPEN CHOICE	2 0600: OPEN CHOICE 1110: FITNESS TEAM MEETING 1700: OPEN CHOICE	3 0600: OPEN CHOICE 1115: TKO "Adrenaline" 1700: OPEN CHOICE	4	5
6 Classes highlighted Yellow: 20 Mins	7 0600: OPEN CHOICE 1115: Fusion "YogaBurnFirm" 1700: OPEN CHOICE	8 0600: OPEN CHOICE 1115: TKO "PunchKickMove" 1700: OPEN CHOICE	9 0600: OPEN CHOICE 1115: Stomp "Bench Boogie" 1700: OPEN CHOICE	10 0600: OPEN CHOICE 1115: Kinetics "Time Buster" 1700: OPEN CHOICE	11 0600: OPEN CHOICE 1115: Vibe "Latin Mash" 1700: OPEN CHOICE	12 Fit For Duty: DoD Specific Workouts Kinetics: Metabolic Conditioning
13 Classes highlighted Green: 35 Mins	14 0600: OPEN CHOICE 1115: TKO "KAPOW" 1700: OPEN CHOICE	15 0600: OPEN CHOICE 1115: Stomp "FUNDamentals" 1700: OPEN CHOICE	16 0600: OPEN CHOICE 1115: Kinetics "The Fighter" 1700: OPEN CHOICE	17 0600: OPEN CHOICE 1115: Fusion "Brng The Heat" 1700: OPEN CHOICE	18	19 TKO: Kickboxing move based cardio workouts Vibe: Dance based Cardio Fusion: Yoga/Pilates blend workouts Stomp: All around step workouts
20	21 0600: OPEN CHOICE 1115: Stomp "Quick Fix" 1700: OPEN CHOICE	22 0600: OPEN CHOICE 1115: Kinetics "HIIT Me With It" 1700: OPEN CHOICE	23 0600: OPEN CHOICE 1115: Fusion "FUNDamentals" 1700: OPEN CHOICE	24 0600: OPEN CHOICE 1115: TKO "Fight Club" 1700: OPEN CHOICE	25 0600: OPEN CHOICE 1115: Vibe "Get Ur Thang On" 1700: OPEN CHOICE	26
27	28 0600: OPEN CHOICE 1115: Kinetics "Basic" 1700: OPEN CHOICE	29 0600: OPEN CHOICE 1115: Fusion "Basic" 1700: OPEN CHOICE	30 0600: OPEN CHOICE 1115: TKO "Basic" 1700: OPEN CHOICE	31 0600: OPEN CHOICE 1115: Stomp "Basic" 1700: OPEN CHOICE		

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PBA's transportation office streamlines procedures

By Rachel Selby

Pine Bluff Arsenal's Directorate of Material Management-Transportation Division is making some changes. Located near Dexter Gate, the office handles all of the transportation activities for the installation. This includes all of the trucks coming into and leaving the Arsenal and more, plus small package shipments through carriers such as Federal Express and United Parcel Service.

Due to turnover of transportation personnel and various functions being added to the division, a new organizational email address was recently created. Each MMT member will still receive email on their personal email but collectively the division can be contacted at usarmy.pinebluff.usamc.mbx.transportation-office@mail.mil. All inquiries, requests for transportation assistance and information updates can be sent and a response will be returned the same business day.

Arsenal Transportation Officer Adrian Neal said that the addition of an organizational email address for the division was key to information flow.

"Part two of the change is retraining all the people who talk to us. Part one is get it. Part two is do it," he said. "If an email is sent to the collective email address instead of individually, we won't miss it. Because I'm the new guy, there may be things I don't know that are important and if emails are sent to all of us then we can handle the issue in a timely manner."

Neal came to PBA in November 2015, and fills the position held by Sharon Lavergne, who had retired. He spent 22 years in the military and has worked with several combatant commands in the logistics area.

Effective March 1, the Arsenal Transportation Office will require all carriers to make scheduled appointments 24-hours prior to delivery.

The information is only as good as what is input on the carrier shipments, said Neal. "For the guys in the warehouse, they need to let us know what is being done with the shipment, whether it is being stored or

going out to the lines, etc. This information allow us to process the truck correctly and timely," he said.

Accuracy and efficiency are a big part of the process. "Adrian's team is trying to improve their efficiency and accuracy. One reason the office is requiring appointments for carriers in advance is to schedule better load arrival times," said Ed Campbell, Material Management director. "This helps us schedule the required people and required resources from MM and other parts of the Arsenal in a timely manner."

The Transportation Office is also responsible for shipping out small packages that are 150 pounds or less. Most of these packages are shipped via Federal Express. Overnight priority shipments or two to three day shipments are processed as follows:

- A DD form 1149 needs to be filled out. This form is electronic and can be found online. A Transportation Accounting Code or TAC Code will be needed for Block 4. TAC Codes can be obtained from the budget personnel in your directorate. All name and address blocks must be filled out. Block 4 (a) also needs to be filled out. It is a general description of what you are shipping and the quantity. MMT can measure your package if needed and we do have scales that weigh up to 50 lbs. If it is over 50 lbs., it will have to be weighed at Building 53-990. Last, you will need to sign Block 10. Your signature give us approval to spend money against your TAC to ship your package.

- Bring the completed form and the package to Building 11-080, Transportation Office at Dexter Gate by noon, Monday thru Thursday, and it should go out FEDEX that day. We do not ship or receive on Fridays. MMT will process the shipment in the FEDEX Power Ship Unit, create a label and fax back to you, a copy of your form with the tracking number and cost of shipment.

- If you have any questions, you may certainly contact the MMT Office at 540-3613, 540-3088, 540-3816, or 540-3611. Questions can also be sent to the collective email address.

Briefings needed for foreign travel

Spring Break is upon us in March. If you are a Pine Bluff Arsenal employee and plan to do any traveling outside of the United States during this time or later this year, a foreign travel briefing is required before you leave on your trip.

A foreign travel briefing is designed to make you and your family members aware of things going on within the part of the world you are traveling.

PBA's Directorate of Law Enforcement and Security will also try to provide you with helpful links, that you and your family members should review. The best link to review is the U.S. State Department at <http://www.state.gov/travel/>. Under

resources, the "A-Z list of Countries" provides a "fact sheet" on the country that you plan to travel to. Within the fact sheet, information is provided on the countries relations with the U.S., and economic issues in the area, etc. The second recommended link is <https://travel.state.gov/content/passports/en/alertswarnings.html>. This website provides alerts and warnings that may apply to your travel plans.

Prior to your planned travel date, please contact John Webber at 540-3497, to schedule a country briefing, and send him an email to john.w.webber2.civ@mail.mil with the dates of travel and the country/countries of travel.

FREE!
Lunchtime Class

SELF defense

Thursday, March 17
11:00 - 12:00

In the Gym at the Rec Center

Some of what will be covered:

- Close Quarter Strikes
- Breaking Grips
- Common Choke Escapes
- And if time, maybe one mount escape!

Call or email Billy Ray Ashcraft to get signed up, or sign up at the Rec Center!
540-3621 or 540-3778
Billy.r.ashcraft.naf@mail.mil

Class will be conducted by Chris Tippins, Owner and Instructor at Eclipse Martial Arts, located in Hensley, AR.



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LMP Update: Increment 2 comes to PBA

Courtesy of Pine Bluff Arsenal LMP Office

Congratulations, you were just given a new car!

Okay, well... Maybe that is an overstatement. But bear with me for a moment. The U.S. Army purchased the Logistics Modernization Program, known as LMP. LMP helped to modernize the Army's national logistics business practices and supporting technology to meet current and future military readiness requirements. It is the cornerstone for the Single Army Logistics Enterprise and is the first step to enabling end-to-end supply chain visibility for the U.S. Army Materiel Command, its depots, industry partners, and the warfighter.

Pine Bluff Arsenal, which launched LMP in 2010, along with other Army sites are required to use this system. In May 2016, the Arsenal will implement Increment 2 of LMP.

What is Increment 2? Increment 2 is like being given a new car, a newer year model from your previous car. The basic concept of how it runs is the same, though there have been some key changes. Some areas and directorates will not see big changes due to the accessories we have been given with our "new car".

As an example, time-keeping changes will be like updating the battery for this Increment. The outside doesn't look much different. The inside will still power our paychecks. It's just a newer version of the system. As an ex-



Cadre member Allen Huff teaches a Logistic Modernization Program Increment 2 training recently at Pine Bluff Arsenal. U.S. ARMY PHOTO BY RACHEL SELBY

ample PBA utilizes ZCAT to input time, the new system is ZCAT2. Being paid is a priority.

Ammo AIT has a larger change to LMP. The best way to explain it is that we had an automatic transmission vehicle and we are transitioning to a standard. Does the vehicle run

Pine Bluff Arsenal, which launched LMP in 2010, along with other Army sites are required to use this system. In May 2016, the Arsenal will implement Increment 2 of LMP.

the same? Ultimately yes, though it changes the mechanics of how much activity the driver has to do to switch the gears. Having a standard transmission will be more work for the driver, but it is better for the engine.

The vehicle has a new accessory – CAMS, Complex Assembly Manufacturing Solution. This is like a navigation system. There will be more information that is input into the system. Not all directorates will get this

new accessory due to their mission. This system tracks the usage of materials and our processes as we manufacture products. The navigation system may not take us the shortest route to the destination; it will make sure we do not get detoured. Though you may be

happy with your current LMP car, it has been recalled by the Army. To ensure PBA employees are ready to drive their new car LMP Increment 2, we are training employees. Training for Increment 2 began in February and will continue through the May 2 implementation. Timekeepers are not scheduled for training until May just before go-live. Ammo AIT and the new accessory

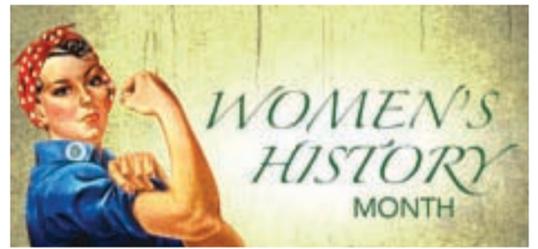
CAMS require the most courses.

It is understandable that you may not want to drive the new car. As a reminder, this is something that is a required change.

The LMP Office is working to make the transition as painless as possible. That said, please understand that there will be adjustments that have to be made along the way. This road trip is still being mapped out.

The destination is clear. We will arrive at Increment 2 on May 24. Buckle up and do your best to enjoy the ride.

In the event that you have questions, we have trained mechanics you can contact. Cadre for Increment 2 are Albert Belcher, Allen Huff, Anne McGuire, Chris Taylor, David Hudman, Devan McClellan, Erma Lephew, Jason Graves, John Earnhart, Kelly Murphy, Rodney Rutledge and Welton Boyce.



Arsenal's Women's History Month breakfast scheduled

The Women's History Month breakfast will be held 8 to 9 a.m., March 31 at the Pine Bluff Arsenal Community Club.

Guest speaker is Ada Hollingsworth, managing executive director of the Governor's Cup. The Governor's Cup is a program designed to increase graduation rates in the Little Rock School. Hollingsworth is also a part of the STEM (Science/Technology/Engineering/Math) Mentoring Project.

The Federal Women's Program Woman of the Year and Supervisor/Leader of the Year Awards will be presented at the breakfast. Nominations are being accepted until March 14, and should be submitted to Melanie Moore at melanie.j.moore.civ@mail.mil or Sharon Bolden at sharon.j.bolden.civ@mail.mil. Criteria and forms for the awards are available from the Arsenal's Equal Employment Opportunity Office. The awards are open to male and female, civilian or military.

For further information, contact Moore at 540-4101 or the EEO office at 540-3205.

Scholarship awarded



(Seated center) Samuel Jackson, Jr., son of Samuel Jackson, Sr. (standing left), received a football scholarship to Ouachita Baptist University recently. Samuel Jackson, Sr., is a quality assurance specialist with the Directorate of Ammunition Operations at Pine Bluff Arsenal. Other family members pictured are Shamar Jackson, Alexandria Jackson, Alashanda Jackson (mother of Samuel Jackson, Jr., seated to the left), Ariana Jackson and Sebraylin Jackson. PHOTO SUBMITTED



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Special Operations Command visits Arsenal



Photo above, Don Scifres with Pine Bluff Arsenal's Directorate of Ammunition Operations tours Randy Gibson, Matthew Kelly and Jeff Hakki from U.S. Special Operations Command at the M930 120mm illumination production line Feb. 18. During the visit, an overview presentation of PBA was presented, and several tours to both ammunition production and chemical and biological defense operations were conducted. U.S. ARMY PHOTOS BY HUGH MORGAN



Randy Gibson, Matthew Kelly and Jeff Hakki from U.S. Special Operations Command listen as Terry Hardin conducts a tour at Pine Bluff Arsenal's Quality Evaluation Facility during their visit Feb. 18.



Brialyn Harris and Sophia Bauld try out chop sticks during Pine Bluff Arsenal's Child, Youth and School Services celebration of the Chinese New Year. U.S. ARMY PHOTOS



Annual 5K, walk scheduled

Pine Bluff Arsenal will conduct its 18th annual Child Abuse Awareness 5K run, two mile walk/stroll April 30 beginning at 8 a.m. Entry fee is \$25 prior to the race and \$30 the day of the race. Applications are due no later than April 21.

First, second and third place awards will be given in male/female age divisions. The race and walk will begin at the Arsenal's Fitness Center crosswalk. For information, call 540-3779.



ROCK CRAWLER

Pictured are two of the many bounce houses available for parties at Pine Bluff Arsenal's Recreation Services. U.S. ARMY PHOTO

Bounce houses available

Pine Bluff Arsenal's Family Morale, Welfare and Recreation can host bounce parties at the Arsenal's Fitness Center.

For example, a two hour bounce party with three bounce houses starts at \$150. Information on size and types of bounce houses for various age levels is available at PBA Recreation Services. For more information, call 540-3778.



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Outdoor rentals available from Rec Services

Pine Bluff Arsenal's Recreation Services has outdoor rentals available. List of available items is below. For information about the MWR rentals, call 540-3778.

OUTDOOR RECREATION BLDG. 16-310 870-540-3778	
RIVER PADS \$8.00 PER DAY	RIVER PADS \$10.00 WEEKEND
RIVER PADS \$12.00 WEEKEND	POP UP CAMPERS \$45.00 PER DAY
POP UP CAMPERS \$125.00 WEEKEND	14 FT. BOAT FULLY RIGGED \$35.00 PER DAY
14 FT. BOAT FULLY RIGGED \$85.00 WEEKEND	KAYAK \$25.00 PER DAY
KAYAK \$65.00 WEEKEND	PARTY BARGES \$160.00 PER DAY
PARTY BARGES \$440.00 WEEKEND	CANDES \$20.00 PER DAY
CANDES \$50.00 WEEKEND	TRAILER \$15.00 PER DAY (MUST RENT AT LEAST 2 OR MORE)
TRAILER \$35.00 WEEKEND	CANOPY 10X10 \$50.00 PER DAY
CANOPY 10X10 \$130.00 WEEKEND	CANOPY 15X15 \$55.00 PER DAY
CANOPY 15X15 \$140.00 WEEKEND	CANOPY 20X20 \$65.00 PER DAY
CANOPY 20X20 \$175.00 PER WEEKEND	CANOPY 20X30/20X40/20X60 \$80.00 PER DAY
CANOPY 20X30/20X40/20X60 \$220.00 WEEKEND	GENERATOR \$45.00 PER DAY
GENERATOR \$125.00 WEEKEND	STUMP GRINDER \$75.00
STUMP GRINDER \$215.00	GRILL \$40.00 PER DAY
GRILL \$110.00 WEEKEND	SMALL TRAILER \$30.00 PER DAY
SMALL TRAILER \$80.00 WEEKEND	TANDOM TRAILER \$50.00 PER DAY
TANDOM TRAILER \$140.00 WEEKEND	MEDIAL FOLDING CHAIRS \$1.00 PER DAY
MEDIAL FOLDING CHAIRS \$2.50 WEEKEND	WHITE FOLDING CHAIRS \$2.50 PER DAY
WHITE FOLDING CHAIRS \$8.20 WEEKEND	CAMPING TENT WITH SCREEN PORCH (SLEEPS 6-8) \$30.00 PER DAY
CAMPING TENT WITH SCREEN PORCH (SLEEPS 6-8) \$90.00 WEEKEND	FOLDING PICNIC TABLES \$25.00 PER DAY
FOLDING PICNIC TABLES \$50.00 WEEKEND	

HAND TRUCK (DOLLY) \$10.00 PER DAY	HAND TRUCK (DOLLY) \$25.00 WEEKEND
DUNKING BOOTH \$75.00 PER DAY	DUNKING BOOTH \$115.00 WEEKEND
26" FANS \$20.00 PER DAY	26" FANS \$50.00 WEEKEND
FOLDING TABLES \$5.00 PER DAY	FOLDING TABLES \$10.00 WEEKEND
VOLLEYBALL SET \$5.00 PER DAY	VOLLEYBALL SET \$10.00 WEEKEND
HORSESHOES \$3.00 PER DAY	HORSESHOES \$6.00 WEEKEND
COOLERS \$1.00 PER DAY	COLLERS \$2.00 WEEKEND
SOFTBALL EQUIPMENT \$1.00 PER DAY	TULLY LAKE USE \$30.00 PER DAY
PORTABLE GAMES \$30.00 PER DAY	PORTABLE GAMES \$80.00 WEEKEND
PORTABLE GAMES \$80.00 WEEKEND	(Slap Shot Hockey, Kick Score Soccer, Laser Tag Toss & Deer Hunting)
Moon Bounces : Call for pricing	WHITE WEDDING TENT (20X40) \$80.00 PER DAY
WHITE WEDDING TENT (20X40) \$230.00 WEEKEND	WEDDING ARCH \$30.00 PER DAY
WEDDING ARCH \$80.00 WEEKEND	WEDDING COLUMNS(2) \$20.00 PER DAY
WEDDING COLUMNS(2) \$50.00 WEEKEND	WEDDING UNITY CANDELABRA \$10.00 PER DAY
WEDDING UNITY CANDELABRA \$25.00 WEEKEND	WEDDING BUBBLE MACHINE (BUBBLE SOLUTION NOT PROVIDED) \$25.00 PER DAY
WEDDING BUBBLE MACHINE (BUBBLE SOLUTION NOT PROVIDED) \$65.00 WEEKEND	

***IF EQUIPMENT IS BROUGHT BACK DIRTY A FEE EQUAL TO THE RENTAL WILL BE CHARGED**
PRICES SUBJECT TO CHANGE WITHOUT NOTICE
****WEEKEND FEES ARE BASED ON RENTALS FOR FRIDAY-SUNDAY****
****ALL RENTAL EQUIPMENT IS DUE BACK NLT 0800 HOURS OF THE FOLLOWING BUSINESS DAY****

Pine Bluff Arsenal



Cool Breezes Menu

SALADS

All salads served with crackers, croutons, and one dressing.

Chef Salad \$5.50
A blend of iceberg and romaine lettuces, with carrots and cabbage. Add in some diced tomatoes, cheese and diced ham. Topped with 3 slices of egg and bacon bits.

Crispy Chicken Salad \$6.50
A blend of iceberg and romaine lettuces, with carrots and cabbage. Add in some diced tomatoes, cheese and chopped fried chicken tenders. Topped with 3 slices of egg and bacon bits.

Ranch, Thousand Island, and Lite Italian dressings available

***SOUPS \$3.25**
All soups served with crackers.

- Broccoli and Cheese
- Hearty Vegetable
- Creamy Potato
- Gumbo

* Soups and other items marked with *** are seasonal items and may or may not be in stock depending on the time of year.

1/4 LB BURGERS

Hamburger \$4.25
Combo (with fries) \$5.25
Cheeseburger \$4.50
Combo (with fries) \$5.50

CHICKEN

Chicken Strips (3) \$3.25
Combo (with fries) \$4.25
Crispy Chicken Sandwich \$4.00
Combo (with fries) \$5.00

OTHER ITEMS

*Hot Dog \$1.50
Combo (with fries) \$2.50
Polish \$3.00
Combo (with fries) \$4.00
Frito Pie \$3.50
Nachos \$3.50
Fries (Curly) \$1.35
Onion Rings \$1.50
*Jalapeno Poppers (4) \$3.00
*Mozzarella Sticks (4) \$3.00
*Southwest Egg Roll \$2.75
*Vegetable Egg Roll \$1.60
*Pizza Stick \$2.00

EXTRAS

Slice Cheese \$0.25
Nacho Cheese \$1.00
Chili \$1.00
Jalapenos \$0.25
Extra Meat \$1.50
Condiments \$0.50
Salad Dressing \$0.50

ICE CREAM

*Ice Cream Cups \$0.80
Vanilla, Chocolate, and Strawberry
*Fudge Bar \$1.00
*Ice Cream Sandwich \$1.50

Candy Bars \$0.85
Chips \$0.50

DRINKS

Gold Peak Tea \$2.00
Coca Cola \$1.75
Diet Coke \$1.75
Dr. Pepper \$1.75
Mt. Dew \$1.75
Diet Mt. Dew \$1.75
Sprite \$1.75
Root Beer \$1.75
Fuze Lemon Tea \$1.75

Red Powerade \$1.50
Orange Powerade \$1.50
Yellow Powerade \$1.50
Blue Powerade \$1.50

Water \$1.40

*Slushes
*Strawberry Daiquiri \$1.25
*Blue Raspberry \$1.25

Call in your order ahead of time!
(870) 540-3777

Monday - Thursday
1030 - 1230

Workers' Compensation

Injury compensation costs decrease in first quarter

Courtesy of Pine Bluff Arsenal Workers' Compensation Office

Pine Bluff Arsenal's injury compensation chargeback cost for first quarter fiscal year 2016 is \$103,182 for 45 cases, a decrease of 46 percent when compared to first quarter fiscal year 2015. Chargeback cost is what we pay. The chargeback cost excludes tenants and cost for death and permanently non-employable cases which are paid at the Army level.

Unfortunately our Long Term Roll (LTR) is no longer at zero. Our LTR is one. Our LTR has been as high as 29 for fiscal year 1991.

Injury compensation charge back cost is broken down by directorate as follows: Ammunition Operations-37 percent, Public Works-43 percent, Chemical Biological Defense- 15 percent, Logistics- two percent, Law Enforcement/Security-one percent and Material Management-one percent.

What can you do to reduce compensation cost? Manual handling is our most costly cause of injuries. You should use proper lifting techniques, reduce size/weight of object, utilize two-person rule, use lifting devices, etc. Slips/trips/falls is are second most costly cause of injuries. Good housekeeping, quality of walking surfaces, selection of proper footwear, and appropriate pace of walking are critical for

preventing fall accidents. It is important remembering that safety is everyone's business.

Prevention of injuries is the number one method to reduce our injury costs. However, when disability occurs returning the individual to duty, even if restricted, as soon as medically feasible not only reduces our compensation cost, but lowers our lost production rate. Thank you to employees whom actively seek and accept restricted employment and those supervisors who modify duties so it is possible to accommodate their recovering employees!

Employees are required to promptly and accurately report all injuries to their supervisor, observe all safety rules/regulations/instructions, properly wear personal protective equipment, advise their physician of the availability of light duty, maintain contact during disability, and return to work as soon as medically feasible.

Supervisors are required to enforce safety rules/regulations/instructions and proper use of personal protective equipment, investigate injury circumstances, challenge questionable claims, accurately complete and submit claim forms in a timely manner, maintain contact with disabled employees, and accommodate recovering employees.

For information, call Blake Tolleson at 540-3076.

Safety Corner

McCormack talks about DPW's safety program

Courtesy of Directorate of Risk Management and Regulatory Affairs-Safety Division

Public Work Director Mike McCormack has a lot to say on safety in his leadership and work with the trade-craft-driven directorate.

This month, the Safety Office interviewed McCormack to get his thoughts on DPW's safety program, best practices, and areas of improvement.

Reflecting on his early career as a mechanical technician working for DuPont, McCormack said that a successful manager must balance three things - safety, people and the business.

"If you keep things in balance, generally organization health is very good, usually you are meeting your business objectives, and then your safety is reflected in the performance," he said. "Imbalance creates a visible issue."

He said that when there are a lot of first aid cases and recordables that is a sign that something is out of balance in the organization. "Maybe some of

the emphasis is too much on the business side or it could be too much on the people side and when that happens, you'll see that there's a diminished focus on the safety of the organization," said

personnel in DPW safe, McCormack said that the people are doing it all. "They review the worksite hazards and when safety questions come up they don't hesitate to involve the installation Safety Office,"

he said. "We hold the people in DPW accountable for their own safety and provide them the tools so they can be safe. I think we have a solid program that looks at best practices and has positive reinforcement

One primary area of improvement that McCormack wants to focus on is hazard

recognition. "Once you know the hazards then you can take care of them, manage them or eliminate them," he said. "Hazard recognition is not easy to learn but possible to learn."

It is clear that the director of DPW cares for his people and has a clear understanding safety.

"Public Works has great people who know their jobs. They do them well and they do it safe," he said. "They do their jobs on time and under budget and I can't praise them enough for that."



Safety division recognizes AO personnel

Pine Bluff Arsenal's Directorate of Risk Management and Regulatory Affairs-Safety Division is recognizing personnel from the M18 colored smoke grenade load, assemble and pack line for their commendable safety practices on Jan. 27.

Personnel being recognized are: Brandi Means, Britt Murray, Bruce Spicer, Clint Cagle, Ethel Hudson, Ezell Ratliff, Joey Milburn, Luketha Stokes, Maxine Jones, Robert Hardnett, Ryan Stills, and Shashanna Warfield.

Pool fees announced, passes on sale

Pine Bluff Arsenal swimming pool passes are now on sale. The pool's official opening date will be Memorial Day weekend, May 28. Hours will be noon to 7:30 p.m., seven days a week. However, the pool will not be open full time until after school lets out for summer break.

Guest fees are \$5 per person. Swimming pool parties and daycares must be schedule in advance. Parties start at \$150. For reservations, call 540-3658. Babysitter passes are also available. The pass can only be used while accompanying children with a current pool membership.

The following swimming fees will be charged:

Active duty military Soldiers will be charged nothing for a swimming

pass. Family members will be \$80 for single and \$100 for family. Family member is defined as those individuals who reside and are supported solely by the sponsor.

Retired military will be \$90 for single and \$110 for family.

Department of Defense employees and retired personnel will be \$110 for single and \$120 for family.

Federal employees other than Department of Defense will be \$130 for single and \$150 for family.

Community civilians and contractors will be \$260 for single and \$310 for family.

Prices and hours are subject to change without notice. Pool passes are non-refundable. For information, call 540-3778.

Pine Haven Golf Course

Pine Bluff Arsenal

New Year Promotions



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SAC/MST Spring Break Sign Ups

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