



**Pine Bluff
Arsenal
24/7 SHARP
Hotline
870-209-4093**

**PBA Safety
Glance**



Safety Element for fiscal year 2022

**Lost Day Case Rate: 0.14
Award Goal: 0.57**

*Lost time injuries for fiscal year 2022 is one. There is zero lost time injuries for September 2022.

*Recordable injuries for fiscal year 2022 is three. Recordable injuries is zero for September 2022.

*Pine Bluff Arsenal days without a lost time injury is 267.

*Pine Bluff Arsenal days without a recordable injury is 97.

*Estimated hours worked without a lost time injury: 1,045,257.



Safety milestone reached

By Rachel Selby

On Sept. 20, Pine Bluff Arsenal achieved more than a million-man hours without a lost time injury. At the time, it had been more than 260 days since the Arsenal recorded a lost time injury.

"It is a big deal every time we achieve this milestone," said Stephen Still, Chief of the Safety Division, under the Directorate of Risk Management and Regulatory Affairs. "We are not the enforcement branch of safety. This is the most ineffective thing you can do. People will make sure they are doing it while you are there and ignore it when you are gone. Our goal has always been to give people the tools they need so they can make good choices to work safely. Ultimately, it is up to them to

make those choices. Our safety record reflects this."

Pine Bluff Arsenal's safety record has been exceptional during Fiscal Year 2022. During June, the installation was recognized by Joint Munitions Command with a certificate of appreciation for outstanding safety performance during the second quarter of the fiscal year.

"Every job at the Arsenal has the potential for hazard. If you were to go through our records, just about every job class out here has had some safety issue," said Still. "You have to make the same choices even if you aren't in a high hazard area. Good decisions about how you approach your job are universal. This can be harder to define in some areas other than production, where

the definitions are explained clearly."

If you want to get hurt, you can, said Kevin Dorman, Director of Risk Management and Regulatory Affairs. "This is the reason behind SOPs (standard operating procedures)," he said.

Still said when he first started at RR, lost time injuries were high. "We spent the majority of our time doing accident investigations," he said. "People learned and things improved. People don't want to get hurt. Helping them understand the consequences to the choices was part of it. The Army wants you to take the time to do things in a way that won't cause injuries."

Long time leadership at the Arsenal, like Larry Wright, the former Deputy to the Com-

mander, and Mark Lumpkin, the former Director of Risk Management and Regulatory Affairs, put a lot of emphasis on safety, said Still.

"This is when Process Safety Management was pushed down. Their leadership helped drive us onto the path of improving the overall safety performance of the Arsenal," he said.

Bringing the Arsenal Health Clinic personnel in and forming the Injury Review Working Group really helped further shape the entire process. "It forced everyone to consider and look at all the moving pieces. If you aren't careful, you can get tunnel vision in safety processes and overlook things. It helped expand everyone's thinking.

See SAFETY page 2

Leadership PB visits Arsenal



See Page 4 for more photos

Pine Bluff's Regional Chamber of Commerce and Alliance Leadership Pine Bluff Class of 2022 visited Pine Bluff Arsenal Sept. 27. This was the final month of tours by the class. The leadership class has visited the Arsenal for many years. During this year's visit, the class received an overview briefing, viewed a short pyrotechnic demonstration and toured two of the installation's Directorate of Chemical and Biological Defense production areas - Textile manufacturing (pictured) and the M8E1 Chemical Biological Protective Shelter production.

U.S. ARMY PHOTO
BY HUGH MORGAN

Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Arsenal Health Clinic welcomes new doctor

By Rachel Selby

The Pine Bluff Arsenal Occupational Health Clinic has a new doctor. Maj. (Dr.) Nina Rodriguez assumed the duties as chief medical officer in August upon the departure of Maj. (Dr.) Sung Baek. She is living in the Alexander/Bryant area with her husband and two dogs.

“Before I came to the Arsenal, I was at Fort Sill (Okla.) for two weeks, in processing and getting all my access to email and everything. I’m finally up and running,” said Rodriguez. “While at Sill, I was doing Genesis training which is the new medical records system I had never used before.”

Rodriguez, who grew up in Puerto Rico, said she has been in the Army for nine years. “I always wanted to do medicine since I was little. I’ve always been interested in the sciences,” she said. “I think since I was about 10, I wanted to be a doctor.”

It is a great opportunity to



Maj. Nina Rodriguez

be able to do medicine for the Army, said Rodriguez. “My mother was in the Army Reserves for almost 32 years. I had some familiarity with the military because she had been on some deployments,” she said. “I got information via email about scholarship opportunities with the Army, and it always seemed liked this was my path.”

The doctor said she was born in Florida. “My dad was getting a masters and Ph.D., so we moved around in the United States a bit. We were living

in Madison, Wisc., when I was 10, and my dad got a job in Puerto Rico (where he is originally from) teaching at the university there,” said Rodriguez. “With my dad being a professor, I was able to get my undergraduate degree at the University of Puerto Rico tuition free. I also did medical school in Puerto Rico but at a different location. It was called Ponce School of Medicine and is in the southern part of the country. There are four accredited medical schools in Puerto Rico.”

Upon graduation from medical school in Puerto Rico, Rodriguez came state side in 2013, to do her internship at Walter Reed National Military Medical Center in Bethesda, Md.

“My internship/residency was in pediatrics,” she said. “I did different rotations in nursery, inpatient, outpatient, and clinics. For some rotations, I went to the local children’s hospital because the children’s medical facilities weren’t as robust at Walter Reed.”

From pediatrics to occupational medicine was a major

Flu vaccine information Page 4

leap. Rodriguez said she really didn’t know what occupational medicine was until she met Maj. (Dr.) Alyson Kill, who was also the chief medical officer here at Pine Bluff two years ago.

“We worked briefly together at a medical readiness clinic. Alyson was just getting ready to start her occupational medicine program. She was the one who introduced me to the program,” she said. “It is ironic that she was here and I’m here now. For occupational Army doctor slots there just aren’t that many compared to the Navy’s. Their preventative medicine has more slots as well.”

The occupational health program is a two-year program, that is done in conjunction with a Master’s in Public Health simultaneously.

“This was during COVID, so we did eight months of just virtual class work, and at the end you present a research project. Mine was about chronic knee injuries in Soldiers and how that affects permanent restrictions versus

temporary ones,” said Rodriguez. “I’ve been in touch with my advisor about publishing my research.”

Since coming to the Arsenal, she said her clinical load has been steady.

“My patient load since I’ve been here has been approximately four to five patients a day,” she said. “We also get random walk-ins. I feel like I have been seeing a lot of patients because the physician assistant, Maj. (Patrick) Depriest wasn’t here, my computer wasn’t working, and my phone wasn’t working either. It was a lot all at once.”

With the patients she has seen, Rodriguez said it has been mostly repetitive motion issues. “Sometimes we see chronic issue flaring up that cause restrictions to work,” she said.

This is her first assignment where she is really working with Civilians outside of her residency at Walter Reed. “Typically, the rotations are three years for our assignments,” she said. “I did come here last November to do an industrial residency for a rotation. Everyone is very friendly here.”

SAFETY from Page 1

When the Health Clinic gets involved, it impacts the employee and how the installation is perceived with the decision.”

Everyone is involved and has responsibility in the processes of safety. “The Injury Review Working Group brought a lot of heads to the table – employees, supervisors, directors, the Health Clinic, Safety Division, Industrial Hygiene, etc.,” said Still. “All these different viewpoints being brought in helped and broadened the perspective on the safety situations. It included people who could make a difference. The supervisor drives the safety culture in the workplace. I think it also helped the supervisor understand they aren’t alone. They have resources and support they can lean on. This was a huge deal.”

We are operating with so few accidents they are hard to trend, said Still. “We are in a statistical noise level. The natural resource of life is where we are. We may have two or three accidents at once, but it is not because we were doing poorly.”

After 34 years of service, Still will retire in December. He helped the Arsenal with his safety team achieve more than one million hours without a lost time injury in 2012, 2015, 2016, 2018, more than two million hours in 2019, and more than three million hours in 2020.

“My role here is to manage my team. They know the processes on all the different production lines – from ammo to chem bio. They know them much better than I do,” said Still. “There are some extremely talented people in the Safety Office, as far as their skills and passion they have for their jobs and to do them well. They do a fantastic job.”

We have been fortunate to bring in good people behind the people who have departed the Arsenal, said Still.

“This is what I have told new hires – we can teach you safety. Obviously, you are qualified for the job. But what I can’t teach you is to get along with people, work hard and take care of your business,” he said. “If you can’t do those three things you are going to have a really hard time here. If you can do these things, you are going to have a good career here. I believe my group has bought into this and do a good job at all three.”

DES lists gate procedures when AIE system fails

From Pine Bluff Arsenal’s Directorate of Emergency Services

When the AIE System goes down, we will revert back to our old installation access procedures of visually checking access credentials.

The following forms of identification (ID) will be accepted as installation access credentials at our gates during an AIE System failure:

- CAC

- Military ID
- PBA Restricted Area Badge
- PBA Non-Picture Visitor Badge
- PBA Temporary Badge
- MWR Card
- CYSS Card
- Natural Resources Card
- NCTR Federal PIV

Driver’s Licenses (DL) will not be accepted for installation access during an AIE System Failure.

-The small number of in-

dividuals who only have their DL registered in the AIE System and do not possess any of the above second forms of ID will be referred to the Visitor Control Center (VCC) to be issued a PBA Temporary Badge to be shown at the gates until the AIE System is functional again.

Please ensure you always have one of the above forms of ID on you in case you ever pull up to the gate and the AIE System is down.

Online Conduct

Think.Type.Post

“Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold

ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply “Think, Type, Post.”

“Think” about what message/information is being communicated and who could potentially view it; “Type” messages or convey information that is consistent with the Army Values; and “Post” if the message/information is responsible and demonstrates dignity and respect for others. Remember whenever online - “Think, Type, Post.”

Commander's Column

Team Pine Bluff,

It is hard to believe that I have already been here two months, and a busy two months it has been. I am continuously impressed by the caliber of the civilian workforce we have working here on Pine Bluff Arsenal, and the dedication to providing critical items to the Warfighter. The smiles on your faces when I see you, and the family atmosphere each of you have helped to build, motivate me every day.

This past month has been a very busy month of travel for the command team. Starting off with a JMC Commanders Assessment meeting at Rock Island, Ill., travel to Radford Army Ammunition Plant, Holston Army Ammunition Plant, and ending with a trip to the National Capital Region to meet with various Pine Bluff Arsenal partners. Direct labor hours continue to be the focus of leadership during each visit, and will continue to be in the future.

I continue to place emphasis on taking care of people here at PBA. I am doing so by focusing on your leadership, and ensuring they have the tools necessary to be the best leader they can be for you. Two weeks ago, the Deputy, Directors from across the installation and I, participated in a leadership course provided by a former CEO of Caterpillar. This training was well received by all participants. The training will not stop there. We are currently in the process of getting the same training for Division Chiefs and Supervisors.



Col. Tod T. Marchand

In addition to leadership training, we are currently working on bringing back some type of "Town Hall" forum, which will give the Arsenal the opportunity to share information, as well as receive questions from the Workforce.

Currently targeted for October, time to be determined, we are looking at having our first "People First Stand-down Day." Focus for this stand-down will be for me to share directly with each of you my leadership beliefs, what I expect from each of you, achievement recognition, and then answer any questions or comments you might have. I have also asked the same CEO from Caterpillar to give a short hour and half brief to each of you. Hopefully, we will be able to finish the day with an employee appreciation event. Of course, COVID still gets a vote on how this will be executed. However, this is my intent.

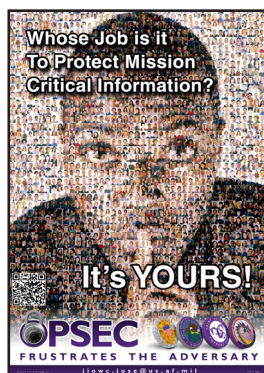
On Sept. 22, the Arsenal's Directorate of Emergency Services conducted an active shooter exercise on the installation. You may have noticed the road closures, gates locked

down, or even the MEDEVAC helicopter landing to evacuate our wounded. My apologies if you were inconvenienced by any of this as you were driving around the installation. However, this is part of my dedication to people. Helping to ensure we can properly respond to what could be one of the worst days this installation sees. I have also directed more of this training take place at the various production areas. It is critical that each of you understand what to do in these situations. Continuously access your surroundings, and if you see something, say something!

As the weather starts to cool down, deer will become more of an issue on the roadways. Slow down during periods of limited visibility and watch for the deer on the side of the roads. While the weather may be cooling down slightly, it is important to continue to hydrate and drink plenty of water. Much of our Workforce executes labor intensive jobs which can drain your body of the water it needs to operate. Lastly, look out for each other at work and while at home. Watch for hazardous situations in the work area. If you see something that doesn't look right, stop, and ask a supervisor. Watching out for each other doesn't stop at the gate. If you, or someone you know is having a difficult time, seek help. The installation has resources that can help you or your family out.

Thank you for everything you do every day. You, the Workforce, make Pine Bluff Arsenal an amazing place. I am very proud of each of you, and even prouder to serve alongside each and every one you.

The 40th Commander



Hails and Farewells

Hails

Kevin McEntire, Maintenance Mechanic, has joined the Directorate of Public Works.

Steven H. Jones, Jr., Storage Specialist, has joined the Directorate of Material Management.

Brad C. Kennedy, Pipefitter, has joined the Directorate of Public Works.

William D. Nelson, Engineering Equipment Operator, has joined the Directorate of Public Works.

Cory S. DeJarnette, Utility Operator, has joined the Directorate of Public Works.

Drew A. Spakes, Maintenance Mechanic, has joined the Directorate of Public Works.

Opal J. Henry, Supply Systems Analyst, has joined the Directorate of Public Works.

Retirements

Rebecca Box, Administrative Support Assistant, has retired from the Directorate of Public Works. Box retires with 14 years of government service.

James M. Temple, Security Guard, has retired from the Directorate of Emergency Services. Temple retires with 15 years of government service.

Minnie F. Tanner, Munitions Handler/Industrial Equipment, has retired from the Directorate of Public Works. Tanner retires with 18 years of government service.

Charles E. Cook, Environmental Protection Specialist/Air Program Manager, has retired from the Directorate of Risk Management and Regulatory Affairs. Cook retires with 20 years of government service.

Army Civilian Corps Creed

I am an **ARMY CIVILIAN**—a member of the Army team.

I am dedicated to our Army, Soldiers, and Civilians.

I will **ALWAYS** support the mission.

I provide leadership, stability, and continuity during war and peace.

I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army.

I live the Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage.

I am an ARMY CIVILIAN.

Arsenal Sentinel

Col. Tod T. Marchand, Commander
Roch Byrne, Deputy to the Commander
Cheryl Avery, Public Affairs Officer
Rachel Selby, Sentinel Editor/Social Media
Hugh Morgan, Photographer

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Important contact numbers for employees

Courtesy of Civilian Advisory Center

The following contact numbers are beneficial to all Federal employees:

The ABC (Army Benefits Center) will be able to assist you in the requirements for your retirement application.

Army Benefits Center (ABC): 1-877-276-9287.

Thrift Savings Plan (TSP): 1-877-968-3778.

Social Security (3511 Market Street, Pine Bluff): 1-866-563-9693.

Office of Personnel Management (OPM) 1-202-606-1800.



Tristian Cherry (right), with Pine Bluff Arsenal's Directorate of Information Management, received a certificate of achievement from Arsenal Commander Col. Tod T. Marchand during a recent staff meeting. Cherry was commended for his generous and overwhelming assistance to the Arsenal's Public Affairs Office during the 2022 Change of Command Ceremony preparation. He was instrumental in printing the change of command program booklet, and helped troubleshoot and resolve issues with printing, and worked to provide an excellent product for the ceremony.

U.S. ARMY PHOTO BY HUGH MORGAN



Members of the Pine Bluff Chamber of Commerce's Leadership Pine Bluff Class of 2022 listen as Eddie Nicholson (above), production worker with the Directorate of Chemical and Biological Defense Operations, shows them the Gerber cutting machine on the Textile production line during tours Sept. 27. Nathan Jarrett (right) with CB's Mobile and Powered Division, shows the class the inside of a M8E1 Chemical Biological Protective Shelter.



U.S. ARMY PHOTOS BY HUGH MORGAN



**Army Emergency Relief
Soldiers Helping Soldiers**

AER is a private nonprofit organization incorporated in 1942 by the Secretary of War and the Army Chief of Staff. AER's mission is to provide emergency financial assistance to Soldiers and their Families.

Since it was established, AER has provided more than \$1.8 billion to 3.7 million Soldiers and their Families. On average, each year AER provides more than \$61 million to over 40,000 Soldiers and their Families.

Who is Eligible for Assistance?

- Active Duty Soldiers, single or married, and their eligible Dependents
- Army National Guard and Army Reserve Soldiers on continuous Active Duty (Title 10, USC) for more than 30 consecutive days and their eligible Dependents
- Soldiers Retired from Active Duty for longevity or physical disability, and their eligible Dependents
- Army National Guard and Army Reserve Soldiers who retired and are receiving DFAS Retired Pay, and their eligible Dependents
- Surviving spouses and orphans of Soldiers who died while on Active Duty or after they retired

What Kind of Assistance can we provide?

- An Interest free loan
- A grant if repayment of loan will cause undue hardship
- A combination loan/grant

How can AER Help Me?

Assistance with:

- Rent
- Temporary Lodging (Homeless)
- Mortgage
- Initial Rent & Deposit
- Basic Furniture
- Appliance Repair/Replacement
- Utilities
- Emergency Travel
- Cranial Helmets

- PCS Travel (AD Only)
- Welcome Home Travel
- Non-Medical Attendant (NMA Travel)
- Invitational Travel Order (ITO)-Soldier Hospitalized
- Safe Travel Due to Domestic Violence
- Food
- Disaster-Evacuation
- Disaster Assistance-Recovery/Sustainment
- Disruption in Pay (Government Shutdown)
- Vehicle Fuel or Public Transportation Expenses
- Child Car Seats
- Vehicle Repairs/Maintenance
- Replacement Vehicle
- Monthly Vehicle Payments
- Vehicle Insurance Payment or Deductible
- Medical Care
- Special Medical Needs
- Dental Care
- Home Repairs or Insurance Deductible
- Funeral Expenses
- Immigration, Visa & Passport Fees
- Spouse Re-Licensing & Recertification Fees (PCS only)
- Clothing
- Homeschool and Remote Education
- Pet Transportation
- Career Skills Support Program
- Infant Formula Shipping Costs

For information on how to receive assistance please contact Tiffany Penister, Army Emergency Relief Officer at 870-540-3588 or Laura Brown, Assistant Army Emergency Relief Officer at 870-540-3030.

EAP Corner

Celebrate life

Live drug free

Courtesy of Pine Bluff Arsenal Employee Assistance Program

October is the time to highlight the vital role of substance abuse prevention in both individual and community health, to remember those who have lost their lives to substance abuse, to acknowledge those in recovery, as well as children, parents, family, and friends who support them.

Studies show the earlier an individual starts smoking, drinking or using other drugs, the greater the likelihood of developing addiction. Nine out of 10 people who abuse or are addicted to nicotine, alcohol or other drugs began using these substances before age 18. People who began using addictive substances before age 15 are nearly seven times likelier to develop a substance problem than those who delay first use until age 21 or older. Every year substance use is delayed during the period of adolescent brain development, the risk of addiction and substance abuse decrease.

Red Ribbon Week, which is celebrated annually October 23-31, is the nation's oldest and largest drug prevention awareness program. Red Ribbon Week was started after the death of Drug Enforcement Administration (DEA) Special Agent Enrique "Kiki" Camarena, who in 1985 was brutally tortured and murdered by drug traffickers he was investigating in Mexico. As a tribute to SA Camarena, high school friend, Henry Lozano and Congressman Duncan Hunter, created "Camarena Clubs" and the wearing of a red ribbon to show their oppositions to drugs.

In 1988, the National Family Partnership coordinated the first National Red Ribbon Week with President and Mrs. Reagan serving as honorary Chairpersons. Since then, the Red Ribbon campaign has taken on national significance, and NFP continues to coordinate the campaign for families, schools and communities across the nation each year. Wearing red ribbons during the month of October continues to represent our pledge to live drug free and honors the sacrifice of all who have lost their lives in the fight against drugs.

Each year, NFP sponsors the Red Ribbon Theme Contest, inviting people across the country to submit a unique slogan that captures the essence and mission of the campaign. This year's theme (Celebrate Life. Live Drug Free) was chosen because it

NAME _____ Off SYM _____

Celebrate Life Live Drug Free

A Q Q N E B H Q M J B U O X G	CELEBRATE
G H S E O S E C N A T S B U S	LIFE
L I V E N I C E K Z V E P V G	DRUGS
H P D V P W T A Z Y H Z L P U	FREE
U Y X A Z N C N M T W V F N R	CAMPAIGN
T T C R B L C Q E C E E C G D	OCTOBER
E V C E Y W X D R V Z E L I B	LIVE
T P V B Q H V A R D E I T A M	PREVENTION
A K P O C E T A I C E R P P A	RED
R W B T W F D D B T E S P M I	APPRECIATE
B E K C C R Q C B D S P D A U	SUBSTANCES
E A G O C E G G O E F I L C K	RIBBON
L C G Z J E K Q N L K T L E M	ADDICTION
E L W A M Q C A L M N V J I B	
C E N O I T C I D D A K W X Z	

demonstrates how all of us must do our individual parts to keep our communities safe, healthy and drug-free. The theme encourages everyone to use their voice to make a difference, no matter who they are, where they're from or what they do. The possibilities are endless when we work together!

How to celebrate life every day

1. Wake up and live each day as if it is your first and your last.
2. Focus on all that is good in your life.
3. Spend time relaxing in an area of your home where you feel safe, comfortable, and cozy.

4. Have a conversation with yourself about life.

5. Let go of the past and appreciate the now.

The Employee Assistance Office (EAP) staff are here to help. Our office is located at Building 13-040, and our phone number is 870-540-3094. The Care line number is 870-556-0116.



Suicide Prevention and Awareness Walk



Photo left, Pat Jenkins with Pine Bluff Arsenal's Employee Assistance Program Office, talks with participants in the EAP Suicide Prevention and Awareness Walk Sept. 17 at the Jefferson Regional Medical Center Wellness Center in Pine Bluff. Photo above, t-shirts are organized by EAP employees and volunteers during the walk. U.S. ARMY PHOTOS BY HUGH MORGAN

Leadership Training



Pine Bluff Arsenal Commander Col. Tod T. Marchand speaks to Arsenal leadership during a three-day off site training in Maumelle, Ark. The training was presented by Jon Harrison, the former CEO of Caterpillar, and included various sessions on values, pride, excellence, making sound decisions, knowing your people, avoiding burn-out, legacy leadership and much more.

U.S. ARMY PHOTO BY CHERYL AVERY

DON'T SASS THE SQUATCH

Pine Bluff Arsenal Blood Drive

Thursday, September 29
9 a.m. - 2 p.m.
Recreation Center

To schedule an appointment, sign up with Tiffany Penister at 870-540-3588 or visit arkbi.org. *Walk-ins Welcome!*

All donors receive a Bigfoot t-shirt and one free ticket to the Little Rock Zoo.*

LITTLE ROCK ZOO 877-340-8777 **Arkansas Blood Institute**
ARKBI.org

*While supplies last. Photo ID required.

Cool Breezes menu

<p>SALADS! All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, or Lite Italian. Additional Dressing \$0.50</p> <p>All Salads start with a blend of iceberg and romaine lettuces, Add in some diced tomatoes and shredded cheese, top with carrots, cabbage, 3 slices of egg, bacon bits, and two pepperoncini peppers.</p> <p>Garden Salad (No Meat) \$3.50</p> <p>Chef Salad (Ham Chunks) \$5.50</p> <p>Crispy Chicken Strip Salad (2 Chicken Strips) \$6.50</p> <p>Philly Steak Salad (Philly Meat) \$7.00</p> <p>Additional Toppings \$0.25 Onions Jalapenos Pineapples Pepperoni</p> <p>*NEW ITEMS*</p> <p>Personal 7" Pizza</p> <p>Cheese \$5.25 Additional Toppings (Each) \$0.25 Onions Jalapenos Pineapples Additional Meat Toppings \$0.75 Pepperoni (5) Ham</p>	<p>QUARTER POUND BURGERS!</p> <p>Hamburger \$4.25 Combo (with fries) \$5.60 Cheeseburger \$4.50 Combo (with fries) \$5.80</p> <p><i>Ask for American or Swiss Cheese!</i></p> <p>OTHER ITEMS!</p> <p>Country Fried Steak Sandwich (with fries) \$4.75 \$6.10 Philly Cheesesteak (with fries) \$5.90 \$7.60 Polish (with fries) \$3.00 \$4.50 Seasoned Fries \$1.85 Waffle Fries \$1.85 Onion Rings \$2.25 Frito Pie \$3.50 Nachos \$3.00 Fried Pickles \$3.25 Fried Green Bean \$3.25 Pizza Stick \$2.25</p> <p>EXTRAS!</p> <p>Extra Meat \$1.75 Slice Cheese \$0.25 Nacho Cheese \$1.00 Chili \$1.00</p> <p>Call in orders welcomed from 0930-1230! (870) 540 - 3777 Monday - Thursday</p> <p><i>Ask about our WEEKLY specials!</i></p>	<p>CHICKEN!</p> <p>Chicken Strips (3) \$4.60 Combo (with fries) \$5.85 Crispy Chicken Sandwich \$4.50 Combo (with fries) \$5.65</p> <p><i>*Ask for Buffalo Sauce on your chicken!*</i></p> <p>TREATS</p> <p>Ice Cream Bowl \$1.75 Slushies \$1.50 Candy Bars \$0.85 Chips \$0.60</p> <p>DRINKS!</p> <p>Bottle Sodas \$1.85 Minute Maid \$1.85 Powerades \$1.60 Water \$1.50 Can Sodas \$1.10</p> <p>Actual Double Cheeseburger Made By: Stephen!</p>
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DPW Spotlight



Daniel Edwards, left, and Kevin McEntire with Pine Bluff Arsenal's Directorate of Public Works-Carpenter Shop repair the roof of a pavilion near the Arkansas River. U.S. ARMY PHOTOS BY TRACEE MILLS-DPW BOID



Davis Harp with Pine Bluff Arsenal's Directorate of Public Works-Engineering, Plans and Services Division, verifies surge protection installations on the Arsenal.



Jesus (J.R.) Rodriguez, left and Brad Rauls from the Directorate of Public Works Electric Shop repair a broken coil at an Arsenal production building.



Marchelle Carter with Pine Bluff Arsenal's Directorate of Public Works checks water levels at the Arsenal's Central Waste Treatment Plant.

Force Protection Exercise



Photo above, members of Pine Bluff Arsenal's Rescue Task Force assemble at the doors of the Quality Evaluation Facility during the Annual Force Protection or FPX Exercise Sept. 22, as they evaluate the situation. Photo right, the Arsenal's Health Clinic personnel assist Pafford Air in loading a patient during the exercise.
U.S. ARMY PHOTOS HUGH MORGAN

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PBAFCU.COM

BRING IT ON!



Enter to WIN in our
first
HUNTING and DEER
Widow GIVEAWAY!

2 Grand Prizes worth \$100.00 each!

- 1 Entry for a loan, new checking or savings per account
- 2 entries per referral for qualified new members (must mention the person referring)

Drawing open until the end of October!!

** For further information, contact Melissa Sims at 870-535-2441 or msims@pbafcu.com**

"NO MATTER YOUR RACE OR BACKGROUND, ANYTHING IS POSSIBLE."
— Sylvia Mendez

UNIDOS
INCLUSIVITY FOR A STRONGER NATION

National Hispanic Heritage Month

Sep 15 - Oct 15



UAPB ROTC conducts training at Arsenal



Pine Bluff Arsenal's Commander Col. Tod T. Marchand, and Deputy to the Commander Roch Byrne speak to members of the University of Arkansas at Pine Bluff's ROTC in September. Approximately 30 cadets participated in land navigation training Sept. 22 on the Arsenal. The Arsenal has been an ideal place through the years for military training including members of the Arkansas National Guard, and Junior ROTC at White Hall High School.

U.S. ARMY PHOTO BY HUGH MORGAN



Pine Bluff Arsenal Commander Col. Tod T. Marchand poses for a photo with members of the Arsenal's Fire Department, upon the signing of the Fire Prevention Week Proclamation. Fire Prevention Week is a national commemoration occurring each year in October to raise awareness on staying safe during a fire. This year's observance will be Oct. 9-15. This year's theme is "Fire Won't Wait". U.S. ARMY PHOTO BY HUGH MORGAN

Home Electrical Safety

Always Look Up Always

Before starting any project, be alert of where the power lines are located, and know how high they are hanging. Whether you're working on the roof, trimming trees, or painting your siding, it's your job to be aware and to alert others about nearby power lines.

1. Locate **all** overhead power lines.
2. Stay at least **10 feet** away from all overhead power lines.
3. Do not touch anything in contact with power line.
4. Carry ladders and equipment **horizontally**.
5. Stay at least **35 feet** away from downed power lines and call 911.

HQ JMC G2/6 Protection and Intelligence Directorate Sends - National Preparedness Month

Active Shooter

Recent national tragedies remind us that the risk is real. Taking a few steps now can help you react quickly when every second counts. Take steps to prepare and protect yourself and help others in the event of an attack of any kind. An active shooter is an individual engaged in attempting to kill people in a confined space or populated area. Active shooters typically use firearms and have no pattern to their selection of victims.

Prepare Before:

- Stay alert. Always be aware of your environment and any possible dangers.
- If you see something, say something® to local authorities. That includes suspicious packages, people behaving strangely or someone using strange communications.
- Observe warning signs. Signs might include unusual or violent communications, substance abuse, expressed anger or intent to cause harm. These warning signs may increase over time.
- Have an exit plan. Identify exits and areas to hide wherever you go, including work, school and special events.
- Learn lifesaving skills. Take trainings such as You Are the Help Until Help Arrives and first aid to assist the wounded before help arrives.

Survive During:

- Run to Safety - Getting away from the attacker is the top priority. Call 9-1-1 when you are safe and describe the attacker, location and weapons.
- Cover and Hide - If you can't evacuate, find a place to hide out of view of the attacker and put a solid barrier between yourself and the threat if possible.
- Defend, Disrupt, Fight - When you can't run or cover, attempt to disrupt the attack or disable the attacker.

Survive After:

- Help the wounded. Learn how to stop the bleeding.
- Follow law enforcement's instructions and evacuate in the direction they tell you to go.
- Keep hands visible and empty when facing the police.
- Report to designated areas to provide information and get help.



JANUARY 2023
United States Government Desk Calendar

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				



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