

**Pine Bluff
Arsenal
24/7 SHARP
Hotline
870-209-4093**

PBA Safety Glance



Safety Element for fiscal year 2023

**Lost Day Case Rate: 0.38
Award Goal: 0.57**

***Lost time injuries for fiscal year 2023 is one. There is zero lost time injuries for March 2023.**

***Recordable injuries for fiscal year 2023 is three. Recordable injuries is zero for March 2023.**

***Pine Bluff Arsenal days without a lost time injury is 95.**

***Pine Bluff Arsenal days without a recordable injury is 50.**

***Estimated hours worked without a lost time injury: 289,969.**



QEF completes certifications

By Rachel Selby

Pine Bluff Arsenal's Quality Evaluation Facility has completed their part of the process for testing certification for Chemically Protected Patient Wraps and the Joint Service Lightweight Integrated Suit Technology ensemble. An audit was conducted earlier this year by the U.S. Army Combat Capabilities Development Command. Both textile items are produced by PBA's Directorate of Chemical and Biological Defense Operations.

According to information from the Directorate of Business Operations and Planning, certifications to test have been finalized and approved by DEVCOM for the QEF to conduct Production Testing of the CPPW and JSLIST, and Self-Life Extension Testing of the CPPW. These certifications will expire March 2024, and re-audit will be required, according to a memo from DEVCOM.

"DEVCOM came here in January for the certification audit," said Steven Gray, Supervisory General Engineer for the QEF. "In preparation for the audit, we submitted a variety of documents including: a scope of the products and processes to be audited, technical specifications we test under, calibration records, processes, procedures, national stock numbers and lots of other documents."

Gray said the DEVCOM audit process starts upon receipt of an audit notification letter.

"This letter will typically list who the audit is being



Above, Chemically Protected Patient Wrap.

Right, Joint Service Lightweight Integrated Suit Technology ensemble.

U.S. ARMY PHOTOS

performed for giving DEVCOM the authority to perform the audit on behalf of that entity (typically TACOM). This one was a bit different because we have been doing surveillance/shelf-life testing on JSLIST for some time. The testing we do on the JSLIST is through the Joint Program Office Chemical Biological Defense Joint Enterprise Fielding and Surveillance Directorate or JEFS. For the production testing, the Joint Program Office had to be involved and give authority to do the audit certification," he said. "DEVCOM just does the certifications. JEFS gives DEVCOM the authority to do the audits."

Normally, after an audit there are findings that require clarification or remedy before the certification is approved, said Gray.

"There are different finding classifications such as required actions that must be done and suggested actions, which don't have to be done but could make life easier," he said. "There is a lot of data sent up front, so the auditors know what they are coming into before the actual audit. We try to not have any testing going on while the audit is going on due to safety and other risk issues. This allows the subject matter experts doing the testing time to talk with the auditors and answer any questions."

Adrian Henry, who is DEVCOM's Quality Assurance and Supply Chain Analysis Branch Chief, DoD Shelf-Life Laboratory Certification Program, and his team are the ones who usually come and do QEF testing, according to Gray. "It is typically the same people who come from year to year," he said.

See QEF Page 3



Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Representative Column

Team Pine Bluff Arsenal,

It's hard to believe we are already three months into the calendar year. Time flies when you are doing good work. Thank you for what you do every day for our Army and Warfighters. Your continued push towards making the best ammo and CB products makes me proud and honored to work alongside each of you.

During the month we had two key visits, one group is with the Project Manager for Close Combat Systems. Smoke grenades were the main topic on the agenda with a focus on the M106 fast obscurant grenade.

The second visit was with two individuals from the RAND Corporation to build RAND's understanding of how each Organic Industrial Base uses engineering support, discuss the OIB engineering process, learn about engineering support models and discuss changes to implement an industrial readiness model.

The first day of spring was March 20. As happens each year in Arkansas, strong storms are in our future as we move toward April. Please be safe as you travel during your morning and evening commutes during inclement weather. In addition, more an-



Roch Byrne

imals are out and about so be mindful of their movements when driving on or off post.

Our safety numbers continue to move in a positive direction and our lost day case rate is down. This is a good thing. Safety is important for the entire PBA Workforce. We need to continue to watch out for each other and continue to perform our work in a safe manner.

During the first week of the month, I attended the Requirements AWCF Mission Planning (RAMP) meeting at Joint Munitions Command (JMC) on Rock Island Arsenal. Discussions were held with customers, individuals from other installations and leaders within JMC.

The RAMP meeting assisted all participants to better understand and plan workload re-

quirements in the future. I was also able to schedule individual meetings with key members of JMC leadership.

I participated in an OIB Commander Summit at Redstone Arsenal in Huntsville, Ala., during the week of March 20-24. A tremendous amount of information was exchanged during the commander's summit. During the two-day meeting, I had the opportunity to brief the Army Material Command, Executive Deputy to the Commanding General. It is an honor to advocate for PBA at such events.

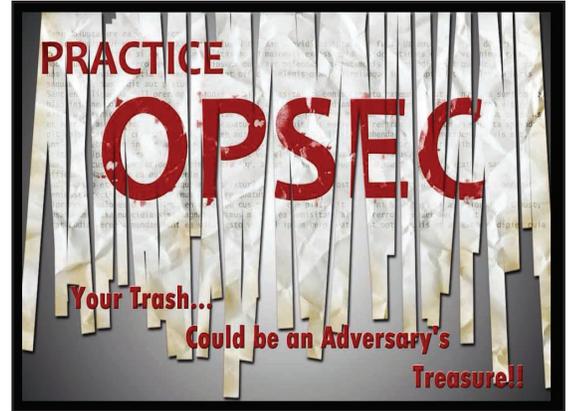
PBA will conduct an Assumption of Command on April 13. Col. Collin K. Keenan will assume command, as the 41st Commander of Pine Bluff Arsenal.

I'm so proud to be part of this incredible Workforce. I'm proud to be your Commander's Representative. As a Workforce, we must be flexible and be able to produce and deliver quality products on schedule and within cost. The Arsenal's future depends on us continuing to engage and strengthen our customer and community relationships. Thank you for everything you do every day. In everything we do,

Finish Strong, Army Strong.

Hails and Farewells

Editor's Note: Due to a system update, Hails and Farewells for the month of March will not be published. They will be published in the April Sentinel on April 27.



Army Civilian Corps Creed

I am an **ARMY CIVILIAN**—a member of the Army team.

I am dedicated to our Army, Soldiers, and Civilians.

I will **ALWAYS** support the mission.

I provide leadership, stability, and continuity during war and peace.

I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army.

I live the Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage.

I am an ARMY CIVILIAN.

APRIL IS **CHILD ABUSE PREVENTION MONTH**

www.armymwr.com/child-abuse-prevention-month

Each year, Child Abuse Prevention Month is observed in April to heighten awareness and show the importance of developing programs and systems that will strengthen families and prevent child abuse. The color blue is often worn during the prevention month to show that we are champions for children and support resources that are central to positive parenting. Let us all join the movement to stop child abuse and neglect.

Arsenal Sentinel

Roch Byrne, Commander's Representative
Cheryl Avery, Public Affairs Officer
Rachel Selby, Sentinel Editor/Social Media
Hugh Morgan, Photographer
Kevin Wilson, Webmaster

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QEF from Page 1

“They look at our process, go through our records, and calibration. There is an out brief when they leave.”

Gray said for the CPPW and JSLIST for the required actions things needed to be added to a form. “For the physical properties testing, additional equipment names, serial numbers and calibration information were added. They were minor things since we have been doing surveillance for a period on these items,” he said.

For the CPPW, different things are tested during the production lot testing. It is extensive, according to Gray.

“The agent permeation testing will only take about a day. Physical properties testing will include dimensions per specifications, air flow, and two tear strength tests-vertical and horizontal,” he said. “Other tests include bulk density of the fabric. This testing can take up to two weeks to complete. Then reports are prepared on both the chemical and physical property testing and sent back to the textile production line for review and submittal to the correct points of contact at the JPEO office. JSLIST testing requirements are nearly the same as the CPPW with minimal differences. This similarity is why both textile item audits could be easily grouped together.”

Coffee, lattes available at Rec Services

Pine Bluff Arsenal’s Directorate of Family Morale, Welfare and Recreation is now serving coffee and specialty coffee drinks at the Arsenal’s Fitness Center.

A regular 16 oz coffee is \$2, and a 16 oz. latte is \$3.50. Creamer and sugar are available, and latte syrup flavors are chocolate, caramel, vanilla and hazelnut. Extra flavor will



be 25 cents.

Check, cash and card will be accepted. Enjoy your coffee there at the center and enjoy free wi-fi.

Gray becomes PBA Safety Chief

By Rachel Selby

Jada Gray, a safety engineer with Pine Bluff Arsenal’s Directorate of Risk Management and Regulatory Affairs, was recently named as Safety Chief. Gray steps into the role vacated by Stephen Still, who retired in October 2022. Gray has worked at PBA since 2012 as a government employee.

She also worked as a contractor for Washington Group doing safety for the Arsenal’s chemical stockpile demilitarization, and for Motorola in Austin, Texas.

“I have worked as a safety engineer since I graduated from college,” said Gray, who got her undergraduate (1990) and graduate degrees (1993) from Texas A&M University. “I started out with ergonomics. I got my Masters in this area. Ergonomics was put under safety at Motorola, and I got more into the safety arena as I got more experience.”

When you look at safety in a government setting, you have certain regulations, said Gray. “We had regulations with Motorola too. It just depends on who you are working for,” she said. “Every large company has particular things they make you cover in regards to safety.”

Originally from Waldron, Ark., Gray currently lives in Sheridan.

“There are four safety professionals currently working in the Arsenal’s Safety Division. We will be able to hire one more safety engineer in the future,” she said.

Until another engineer is



Jada Gray

hired, Gray will continue to do her current duties as well as those as chief. “Theoretically, I will be able to step away from my current duties once we hire someone to take my place as engineer,” she said.

Currently, a typical day in

of our injuries are due to slips and falls, as well as repetitive motion. This is something we need to continue to work on.”

Kevin Dorman, director of the Arsenal’s Directorate of Risk Management and Regulatory Affairs, under which the Safety Division falls, said the Arsenal is unique in what we do for the Warfighter. “We ensure we work as safely as possible, which requires unique skills and knowledge of industrial operations,” he said. “It is very difficult to find those qualities in any individuals. I felt very blessed during the safety chief hiring process to have very good candidates with the right experience.”

“Jada is known as a go-to-person who can help solve problems, mitigate it and allow operations to continue instead of saying no.”

the Safety Division has been working with safety counterparts at Joint Munitions Command in completing explosive safety site plans for every explosives containing building on the Arsenal.

“They are all in various states of completions. There has been a lot of back and forth on the plans, one in particular,” said Gray. “We look at every building and its relationship to every building around it. Quantity and distance are how you set the limits.”

The Safety Division not only looks at explosives’ safety, but the team also looks at every day industrial safety measures in PBA’s working areas. “This is a big part of our jobs,” said Gray. “A lot

Dorman went on to say Gray’s reputation as someone who knows the rules and regulations is unquestioned.

“Jada is known as a go-to-person who can help solve problems, mitigate it and allow operations to continue instead of saying no,” he said.

“The operations we do here at PBA are inherently dangerous. The easy route is sometimes to say no, but being able to find ways to get the work done takes a special attitude.”

The Arsenal has a great safety team, and they make my job easy, said Dorman. “I’m sure Jada will be able to lead them, and I am confident she has ideas to implement making PBA better and safer.”

TOWN HALL MEETING

Date: April 6, 2023, from 4pm-5pm

Location: Training Center (On Base)

Topics: AFGE, Weingarten Rights, and more

Contact info: Tonda Burnett @ 870.329.5273

AMERICAN FEDERATION OF GOVERNMENT EMPLOYEES, AFL-CIO

Online Conduct

Think. Type. Post

“Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold

ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply “Think, Type, Post.”

“Think” about what message/information is being communicated and who could potentially view it; “Type” messages or convey information that is consistent with the Army Values; and “Post” if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever online - “Think, Type, Post.”

Bittersweet loss: JMC's Casarez bids farewell

By Matthew Wheaton
U.S. Army Joint Munitions Command

While spirits were high, the day was somewhat bittersweet for those gathered for Command Sgt. Maj. Petra Casarez's relinquishment of responsibility ceremony, which took place Thursday, Feb. 23 at the headquarters of the Joint Munitions Command (JMC) in Rock Island, Illinois.

"I will tell you that today is a celebration," said Col. Landis Maddox, the commander of JMC. "We are paying tribute, and I am bidding farewell to my battle buddy, Lethal 7, our Command Sgt. Major.

"You really don't find many Sgt. Majors who have done tactical, operational, and strategic assignments," Maddox added. "She has an impeccable record in terms of duty and performance. She's a person that knows how to add value and is value added to any organization."

Casarez joined JMC in Aug. 2021, and she will always have fond memories of her time with the command.

"There are truly no words to describe how ammo awesome this team is," Casarez

said. "For the first time in my 28 years in the Army, I am not ready to leave. One and a half years is not enough.

"It is a team so awesome that it makes you wish the weekend is over so you can go to work on Mondays."

Casarez, who enlisted in the Army in 1994 as a wheeled-vehicle mechanic, has assumed the duties as the CSM and deputy chief of staff at the Army's G-4 headquarters in Washington, D.C. Sergeant Majors make up less than 1% of the Army's enlisted ranks, and Casarez is now the second most senior non-commissioned officer in Army logistics.

"The Army will continue to benefit from her service, from her years of experience and wisdom that served me and the command," Maddox said.

Forming relationships with people is something Casarez thoroughly enjoys, and those who make up JMC mean a lot to her.

"Team JMC is about the amazing teammates and artisans who work to supply the best munitions in the world," Casarez said. "Our team is joined together as one.



From left, Col. Landis Maddox, Commander of Joint Munitions Command and Jim McGrath, JMC Chief of Operations, await the passing of the colors from JMC Command Sgt. Maj. Petra Casarez during her relinquishment of responsibility ceremony Feb. 23 at Rock Island, Ill. U.S. ARMY PHOTO BY SHAWN ELDRIDGE

"To be a part of this magnificent munitions team was better than winning the lottery, and likely rarer than that."

Casarez played a big part in helping lead JMC through constant change. She displayed compassion when dealing with the enterprise's workforce and fought for everyone

who comprises it.

"She served as a tireless advocate for Civilians and their Families across a geographically dispersed command of 17 locations consisting of approximately 12,000 Department of the Army Civilians, military service members, and contractors," Mad-

dox said. "She embodies and exemplifies the Army's No. 1 priority — people.

"Her 'can do' attitude enabled the people and thereby the mission," Maddox added. "At HQDA G-4, she will continue to put people first and tirelessly advocate on behalf of the ammunition Organic Industrial Base."

AMC Change of Command

Hamilton promoted as he takes reins from Daly

By Alyssa Crockett
Army Materiel Command Public Affairs

REDSTONE ARSENAL, Ala. — Army Materiel Command commemorated the change in the Army's senior sustainer during a March 16 change of command ceremony at AMC headquarters at Redstone Arsenal, Alabama.

Army Chief of Staff Gen. James McConville led the ceremony that marked the passing of the command colors from Gen. Ed Daly to Gen. Charles Hamilton. Hamilton was promoted to four-star general prior to the ceremony.

"You all deliver across the world, and we couldn't be the Army we are without AMC. It's the incredible work done by each and every one of you," said McConville. "Our forces are ready to deploy, they're

ready to fight, and they're ready to win because of you. Your hard work is what makes this command and our Army great."

AMC is one of four Army Commands delivering precision sustainment and materiel readiness to an expeditionary global force from the Joint Strategic Support Area to the tactical point of contact.

"We have the best logisticians in the world. The feedback I get from our top generals from around the world is that they could not be successful without logistics — and specifically without AMC," McConville said.

McConville noted that Hamilton has the skills and ability to lead AMC into the future.

"Charles has the full trust and confidence of our leader-

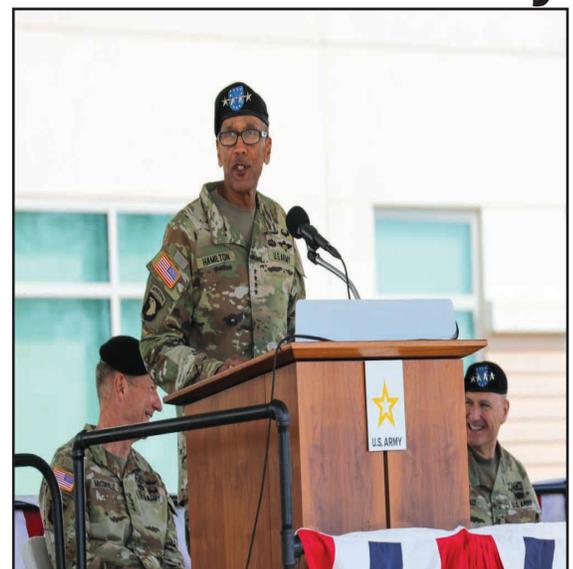
ship, and we know that AMC is in great hands. I have no doubt — we have no doubt — that AMC will continue to exceed our expectations and lead through our future challenges because of your outstanding leadership," he said.

Hamilton rejoins his battle buddy, AMC Command Sgt. Maj. Jimmy Sellers. The two were previously together at the Army G-4 where Hamilton served as director and Sellers served as the sergeant major.

Hamilton is familiar with AMC, having served at the headquarters as the deputy chief of staff for operations in 2020.

"Service is both an honor and privilege. I'm especially honored and privileged to join this outstanding team once again and serve as your com-

See AMC Page 6



Gen. Charles Hamilton, Army Materiel Command incoming commander gives remarks during AMC's change of command ceremony March 16 at Redstone Arsenal, Alabama. Hamilton replaced Gen. Ed Daly who served as the commander since July 2020. U.S. ARMY PHOTO BY EBEN BOOTHBY

EAP Corner

April is National Alcohol Awareness Month

Courtesy of Pine Bluff Arsenal Employee Assistance Program

April is National Alcohol Awareness Month. Since 1987, the National Council on Alcohol and Drug Dependence, Inc. (NCADD) has sponsored Alcohol Awareness Month each April to increase public awareness and understanding, reduce stigma and encourage local communities to focus on alcoholism and alcohol-related issues.

Since its inception, National Alcohol Awareness Month has saved many lives from alcohol-related deaths. Some ways the NCADD has made it possible to fight alcoholism is by launching personalized campaigns every year such as Alcohol-Free-Weekend, which encourages abstinence. The D.A.R.E (Drug Abuse Resistance Education) and Know Your Limits campaigns have also instilled much-needed information about the harmful effects of alcohol consumption in children from an early age.

Red ribbons are given out in the month of February. The red ribbon is a symbol for the prevention of alcohol addiction and misuse.

As part of National Alcohol Awareness Month, NCADD encourages the public to spend 72 hours without alcohol. Make sure you and your family participate in this activity and monitor symptoms of discomfort or cravings within the three days.

Use the month of April to throw alcohol-free, clean, and healthy parties for adults. Invite over friends, neighbors, and family to enjoy social gatherings without any trace of liquor. Serve kombucha, mocktails, club soda, and booze-free beer to set an example. Consider doing this three times a month for healthy practice!

Long-term, excessive drinking of alcohol can gravely affect your health and leads to chronic diseases including high blood pressure, liver disease, digestive problems, and even cancer.

Binge drinking is when blood alcohol concentration comes to 0,08 g/dL, which happens when a man drinks five glasses and a woman drink four in about two hours.

Why National Alcohol Awareness Month is important

- Denial in alcoholism is a real disease

Anybody suffering from substance abuse or struggling with alcoholism would deny it. They underestimate their ability to control the craving or to quit, the amount of alcohol they drink, and the impact it has had on their life. Denial is a common trait or symptom of alcoholism that must be counseled.

- There's a stigma surrounding alcoholism

What comes to your mind when you think about alcoholism? A drunk man living in rags on the streets, drinking hard liquor on the job, and appearing at the bar every night? The movies' depiction of alcoholism is only a quarter of the truth, and this is why millions of people have trouble recognizing the problem or seeking help.

- Alcoholism claims thousands of lives annually

Alcoholism is the third-leading preventable cause of death in the United States, claiming the lives of more than 90,000 people every year.

If you think you need help, the Pine Bluff Arsenal's Employee Assistant Office staff are here to help. We offer you a safe and confidential place to discuss concern, challenges, and strategies for managing difficulties in your life. Our office location is Building 13-040, and our phone number is 870-540-3094.

NAME _____ OFF SYM _____

APRIL IS NATIONAL ALCOHOL AWARENESS MONTH

K	V	T	U	G	H	R	G	J	O	Y	P	H	F	Z	W	M	Q	M	C
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DRINKING BINGE ALCOHOL SYMPTOMS DISEASES	AWARENESS CONSUMPTION DRIVER TRAIT DRINKS	ALCOHOLISM DRUG DENIAL LIMIT
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SPRING
into
ACTION

ENROLL TODAY
"WALK FOR LIFE"
PROGRAM

How walking affects the body

- 3 minutes: Blood pressure decreases
- 5 minutes outside: Mood improves
- 5-10 minutes: Creative thinking improves
- 15 minutes after meals: Blood sugar level decreases
- 30 minutes after meals: Helps to lose weight (depending on walking speed)
- 40 minutes: Reduces the risk of developing coronary heart disease in the elderly
- 90 minutes outside: Reduces the number of depressive thoughts

TO ENROLL, EMAIL KEVIN.L.BRADLEY26.CIV@MAIL.MIL, OR STOP BY BUILDING 13-040 (Next to the Health Clinic).

FILL OUT THE "WALK FOR LIFE" MONTHLY REPORTING LOG.

RECEIVE MONTHLY TOKENS FOR YOUR PARTICIPATION.

"SLOW PROGRESS IS BETTER THAN NO PROGRESS"



From left, Gen. Ed Daly, Army Materiel Command outgoing commander, Army Chief of Staff Gen. James McConville and Gen. Charles Hamilton, AMC incoming commander, approach the stage during AMC's change of command ceremony March 16 at Redstone Arsenal, Alabama. U.S. ARMY PHOTO BY EBEN BOOTHBY

AMC from Page 4

mander," said Hamilton.

Hamilton noted that he is a recipient of the legacy that past leaders have built to support allies and partners around the world, highlighting the various AMC commanders who served before him during his remarks.

"Gen. Ann Dunwoody, the first female AMC commander, overseeing AMC's move from Fort Belvoir, Virginia, to Redstone Arsenal, Alabama, while undergoing extensive retrograde operations in Iraq," said Hamilton. "Gen. Dennis Via who transitioned the command from wartime support to sustainment operations. Gen. Gus Perna who ensured materiel and installation readiness, and Gen. Ed Daly who ensured the entire sustainment enterprise from the Organic Industrial Base to ports and beyond were ready for modernized weapon systems."

McConville further noted AMC's global impact saying that a command of AMC's caliber requires a leader who can achieve the organization's goals despite adversity and challenges.

Daly led the enterprise since 2020 through the midst of the COVID-19, Operation Allies Welcome, conflict in Ukraine and more.

"Ed, you have set the standard for what right looks like. We are grateful for the legacy you have left for all our Soldiers, for our Families and the impact that you've had," said McConville. "You've invested in the future of the Army with your mentorship and talent management, and the Army and the sustainment community is in great shape because of your leadership. You've always put people first. You've always built winning teams across the Army and especially here at AMC."

For several years, the materiel enterprise has focused on how the Army provides logistics and sustainment to build the Army of 2030. Under Daly's direction, McConville said AMC has made great strides during the Army's most significant transformation in over 40 years in terms of people, readiness and modernization.

Daly thanked his family, Army senior leaders and the AMC workforce who he's served shoulder-to-shoulder with throughout the last nine years of his tenure at AMC.

"The tireless efforts of almost 165,000 warrior sustainers who anticipate, plan, synchronize and deliver readiness at the right time to support integrated deterrence, crisis and conflict, and they have been extraordinary at what they do," said Daly. "Our great AMC workforce has been phenomenal, always extending operational reach, ensuring freedom of maneuver and movement, and prolonging endurance on the battlefield."

Daly said that Hamilton is a spectacular leader who makes a difference and will carry on the 60-year legacy of the AMC enterprise.

"I know that the criticality and relevance of this organization will not change under Charles Hamilton. You're going to take this command to another level providing great purpose, direction, and motivation. I'm so proud to have served with you, and I'm unbelievably proud of our friendship for the past 20 years," said Daly.

At the close of his remarks, Daly said the future of our Army is in great hands with great Soldiers and leaders – present and future – continuing to make the profession the finest and most noble in the world.

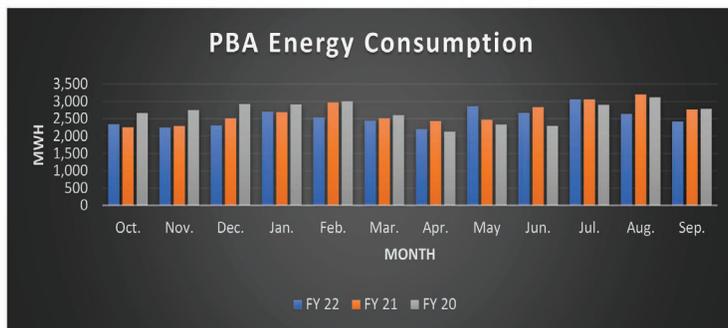
"My father who was taken from this earth at a way too early age used to say to me when I was young growing up in Jersey City, New Jersey, 'Ed, be for something. Have a purpose and make a difference.' Well, on behalf of AMC, I think that we, AMC, have made and will continue to make a positive impact on the U.S. Army and combatant commands worldwide," said Daly.

Daly has plans to retire in a private ceremony at the United States Military Academy at West Point, where he graduated and started his Army career in 1987, in the next few months.



PBA Energy Corner

With the overall amount of energy used here at PBA, it is important to periodically review our recent energy usage and see how it trends with previous years. This is particularly true as energy prices continue to increase year-over-year. This analysis will help us understand how to continue making progress in reducing our energy usage and costs. The past three fiscal years (FY22, FY21, and FY20) were compared for total electricity usage monthly. The graph below shows the data for each year compared to one another:



The blue bars represent energy consumption for FY22. As the graph shows, there were several months in FY22 that had equal or lesser total energy consumption as the same month in FY21. PBA was able to reduce total consumption for the year by approximately 4.9%. While that may seem like small percentage, the financial impact is huge. At an average of \$69.20 per MWH, PBA saved an estimated \$108,000 in electricity costs in FY22.

It is important to understand what led to these reductions in energy consumption so that we can try to continue the trend. Much of PBA's electricity usage is due to space conditioning, particularly in the warmer months. FY22 did bring noticeably more mild weather than FY21 so that is likely a significant contributing factor. Some of the upgrades to building systems, like more efficient HVAC units and LED lighting replacements, also helped reduce consumption. The actions of all the employees at PBA should also be recognized, as being mindful of saving energy day-in and day-out surely contributed to using less electricity. Overall, it was the work of everyone at PBA that led to these results. Hopefully we can see more progress like this in FY23!

If you have any energy-related questions or additional tips, please contact ext. 2824

White Hall hosts JROTC Raider Competition at PBA



White Hall High School hosted the JROTC Raider Competition at Pine Bluff Arsenal Feb. 25. Schools participating including White Hall were Watson Chapel, Warren, Sheridan, Russellville, Northside, North Little Rock, Mills, Lake Hamilton, Harrisburg, Conway and Brookland.

The day-long event kicked off with a flag ceremony. Pictured above is the White Hall JROTC Color Guard - Niyah Hutchinson, Abigail Herren, Arianna Wilson and Jaidyn Walker.

Other events included a team run; foot march; pipe drag; manual carries; log sit-ups; knots, weighted carry; rope bridge, tire pull/drag; and tire flip. An awards ceremony was held at the completion of the event.

U.S. ARMY PHOTOS BY HUGH MORGAN





DPW Spotlight



Photo left, Barry Hollinger, shop leader with Pine Bluff Arsenal's Directorate of Public Works, Instrument Shop, runs preventative maintenance on a security camera.

Photo above, asbestos refresher training class was held recently at Pine Bluff Arsenal's Training Center for the Directorate of Public Works and others.

U.S. ARMY PHOTOS BY TRACEE MILLS-BOID

OSHA[®] FactSheet

Reducing Falls in Construction: Safe Use of Stepladders

Workers who use ladders in construction risk permanent injury or death from falls and electrocutions. These hazards can be eliminated or substantially reduced by following good safety practices. This fact sheet examines some of the hazards workers may encounter while working on **stepladders** and explains what employers and workers can do to reduce injuries. OSHA's requirements for stepladders are in Subpart X—Stairways and Ladders of OSHA's Construction standards.

What is a Stepladder?

A **stepladder** is a portable, self-supporting, A-frame ladder. It has two front side rails and two rear side rails. Generally, there are steps mounted between the front side rails and bracing between the rear side rails. (See Figure 1, below.)

- Grease, dirt or other contaminants that could cause slips or falls.
- Paint or stickers (except warning or safety labels) that could hide possible defects.

PROVIDE the Right Stepladder for the Job with the Proper Load Capacity.

- Use a ladder that can sustain at least four times the maximum intended load, except that each extra-heavy duty type 1A metal or plastic ladder shall sustain at least 3.3 times the maximum intended load. Also acceptable are ladders that meet the requirements set forth in Appendix A of Subpart X. Follow the manufacturer's instructions and labels on the ladder. To determine the correct ladder, consider your weight plus the weight of your load. Do not exceed the load rating and always include the weight of all tools, materials and equipment.

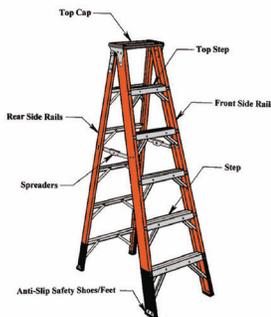


Figure 1: Stepladder

PLAN Ahead to Get the Job Done Safely.

A competent person must visually inspect stepladders for visible defects on a periodic basis and after any occurrence that could affect their safe use. Defects include, but are not limited to:

- Structural damage, split/bent side rails, broken or missing rungs/steps/cleats and missing or damaged safety devices.

Type	Duty Rating	Use	Load
1AA	Special Duty	Rugged	375 lbs.
1A	Extra Heavy Duty	Industrial	300 lbs.
I	Heavy Duty	Industrial	250 lbs.
II	Medium Duty	Commercial	225 lbs.
III	Light Duty	Household	200 lbs.

Source for Types IA, I, II, III: Subpart X—Stairways and Ladders, Appendix A (American National Standards Institute (ANSI) 14.1, 14.2, 14.5 (1982)) of OSHA's Construction standards. Source for Type IAA: ANSI 14.1, 14.2, 14.5 (2009), which are non-mandatory guidelines.

TRAIN Workers to Use Stepladders Safely.

Employers must train each worker to recognize and minimize ladder-related hazards.



PLAN. PROVIDE. TRAIN.
Three simple steps to prevent falls.

Common Stepladder Hazards

- Damaged stepladder
- Ladders on slippery or unstable surface
- Unlocked ladder spreaders
- Standing on the top step or top cap
- Loading ladder beyond rated load
- Ladders in high-traffic location
- Reaching outside ladder side rails
- Ladders in close proximity to electrical wiring/equipment

Safe Stepladder Use—DO:

Read and follow all the manufacturer's instructions and labels on the ladder.

- Look for overhead power lines before handling or climbing a ladder.
- Maintain a 3-point contact (two hands and a

foot, or two feet and a hand) when climbing/ descending a ladder.

- Stay near the middle of the ladder and face the ladder while climbing up/down.
- Use a barricade to keep traffic away from the ladder.
- Keep ladders free of any slippery materials.
- Only put ladders on a stable and level surface that is not slippery.

Safe Stepladder Use—DO NOT:

- Use ladders for a purpose other than that for which they were designed. For example, do not use a folded stepladder as a single ladder.
- Use a stepladder with spreaders unlocked.
- Use the top step or cap as a step.
- Place a ladder on boxes, barrels or other unstable bases.
- Move or shift a ladder with a person or equipment on the ladder.
- Use cross bracing on the rear of stepladders for climbing.
- Paint a ladder with opaque coatings.
- Use a damaged ladder.
- Leave tools/materials/equipment on stepladder.
- Use a stepladder horizontally like a platform.
- Use a metal stepladder near power lines or electrical equipment.

For assistance, contact us. We can help. It's confidential.



U.S. Department of Labor
www.osha.gov (800) 321-OSHA (6742)



HAPPY TO BE A BLOOD DONOR

Pine Bluff Arsenal Blood Drive

Thursday, April 13
9 a.m. - 2 p.m.
Recreation Center

To make an appointment:

- ◆ scan QR code
- ◆ enter sponsor code **W243**
- ◆ enter date
- ◆ click the search button.



**Walk-ins
Welcome!**



**Each donor receives their
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While supplies last. Photo ID required.



Army Emergency Relief Campaign Kickoff

Tiffany Penister, center left, Pine Bluff Arsenal Community Service Director and Army Emergency Relief Officer, cuts a cake with Roch Byrne, center right, PBA's Commander's Representative, during the kick off of the AER Campaign March 6. The cake cutting ceremony was held in the lobby of PBA's Headquarters Building.

Army Emergency Relief (AER) is the Army's own emergency financial assistance application organization dedicated to "Helping the Army take care of its own." This is a private nonprofit organization with the sole mission to help Soldiers, Retired Military, and their Family members. AER is reliant on campaign contributions, given by local military members, affiliates, and civilians during the Annual Army Emergency Relief Campaign, to continue its mission of assisting the Army community during the times of unanticipated financial stress.

The campaign season is from March 1-May 15, 2023. Last year total donations for our installation were \$30,573.00. The Pine Bluff Arsenal AER would like to meet (and exceed) this year's goal of \$32,200.00. For more information call Tiffany Penister at 870-540-3588 or send her an email at tiffany.a.penister.civ@army.mil. You can also contact Laura Brown at 870-540-3030 or by email at laura.w.brown5.civ@army.mil.

U.S. ARMY PHOTO BY HUGH MORGAN

Pine Bluff Arsenal CPAC...



HR Tip of the Month

Obtaining Employment Verification

Interest rates are at an all time low and many of you may be shopping for a new home or a first home and need to provide "Employment Verification" and the CPAC is not authorized to verify employment. So you ask yourself, "how/where do I go to get this information?" It's really very easy.

The employee must initiate the verification through "My Biz". You can access My Biz through the CPOL home page at https://acpol.army.mil/ako/cpolmain/cpolmain.portal?_nfpb=true&_pageLabel=home Click the employee tab. On the left side of the page in the top box click on the MyBiz+ hyperlink. Log into the DCPDS Portal. Next, click on the box for My Biz. Once in My Biz you will see an option titled "Request Employment Verification" in the Key Services Box. Click the link. The next screen is self-explanatory. You have the option to request *Employment Information or Employment and Salary Information*. Select an option and type in the recipient's email information and click continue. The next screen will show the information that will be sent. Click acknowledge and submit. The following Confirmation/Disclaimer will appear to let you know you must provide the recipient a password in order to retrieve the information.

Disclaimer: It is your responsibility to ensure the recipients listed receive your Employment Verification.

By selecting "Yes" your Employment Verification will be sent in a password protected PDF document to john.doe@gmail.com. A second email containing the computer generated password will be sent to you at your.email.civ@mail.mil. You are responsible for providing the password to the intended recipient so the document can be viewed.

Click "Yes" and you are finished! The information will arrive shortly!

April is CHILD ABUSE Prevention Month



PBA Family Advocacy Program

Schedule of Events

TBD	Proclamation Signing Admin Bldg.	Wednesday April 5th	Book Reading 9:00am/ CYS
Tuesday April 11th	Pinwheel Parade 9:00am/ CYS	Every Thursday in April	Go Blue Thursdays (Wear blue apparel in honor of Child Abuse Prevention)
Saturday April 22nd	SAAPM/CAPM Color Run 9:00am/ JRMC Wellness Center Track	TBD	Pinwheel Scavenger Hunt CYS

Pine Bluff Arsenal
Family Advocacy Program
870-540-3588



- Have you ever wondered if you or someone you know has an unhealthy relationship with alcohol?
- Drinking too much can take a toll on your health.
- Risky drinking behaviors can cause serious injury or even death.
- Know your limits and know when to stop. Take the free and confidential quiz assessing your drinking patterns at alcoholscreening.org.



FOR MORE INFORMATION CONTACT THE PBA ASAP/EAP TEAM 870-540-3094



Career Fairs



Photo left, Chris Richards and Gary Jafar, both with Pine Bluff Arsenal's Directorate of Engineering and Technology, participated in a Career Fair at the University of Arkansas at Fayetteville during March.

Photo above, Arey Surratt and Laverne Graham with Pine Bluff Arsenal's Directorate of Business Operations and Planning, and Cheryl Avery, Pine Bluff Arsenal's Public Affairs Officer, participated in a Career Fair at the University of Arkansas at Pine Bluff during March. U.S. ARMY PHOTOS

RAND visit



Photo above, Jason Fullen with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations, shows Bruce Held and Drake Warren with the RAND Corporation, one of the many textile items made at PBA during a tour March 23.

Photo right, Chris Broughton with PBA's Directorate of Chemical and Biological Defense Operations shows Held and Warren one of the Dismounted Reconnaissance Sets, Kits and Outfits configurations during a tour.



U.S. ARMY PHOTOS BY RACHEL SELBY



Pine Bluff Arsenal

Army Community Service



INFORMATION SHEET

17-130 Hoadley Road
Pine Bluff, AR 71602
Telephone: (870) 540-3588
Hours of Operation: 0700-1630 Monday—Friday
ACS DIRECTOR: Tiffany Penister

Army Community Service (ACS) offers a comprehensive variety of Soldier and Family Programs that are dedicated to maintaining the readiness and well-being of our military community. ACS provides services to Active Duty, Reserved, Retired, National Guard, Civilian employees, and their Families. ACS values communal cohesion on and off post. ACS believes that communities that establish partnerships develop the ability to foster a better and promising future for all of their members.

ACS Programs

- **Army Emergency Relief (AER)** offers emergency financial assistance to all Active Duty, Retired, Family Members, and DoD Civilians in the following categories: food, rent, utilities, travel, minor home repairs, medical bills, funeral expenses, and basic living expenses.
- **Employment Readiness Program (ERP)** provides resources and information on employment opportunities and educational resources. Classes and seminars are conducted to enhance career skills (job search, resume writing, interview techniques, and networking).
- **Family Advocacy Program (FAP)** provides services that are dedicated to Family Violence prevention, victim advocacy, prompt reporting, investigation, intervention, and treatment in the event child abuse and/or domestic violence. FAP presents a variety of classes to enhance relationship skills and improve quality of life. Those classes are Anger/Stress Management, Child Abuse Identification & Reporting, Parenting, Internet Safety, Stranger Danger and others which are available upon request.
- **Financial Readiness Program (FRP)** provides educational opportunities by developing skills that build financial resilience in budgeting, money and debt management, retirement planning, and TSP. Army Emergency Relief (AER) provides financial counseling for Soldiers and Families seeking emergency financial assistance for matters such as rent/mortgage, utilities, emergency travel, funeral expenses, minor home repairs, car repairs, etc.
- **Information and Referral (I&R)** - ACS provides outreach on-post and off-post, connects to resources for special needs, acts as liaison with MEDCOM for medical and educational needs, and employment information.



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