



**Pine Bluff  
Arsenal  
24/7 SHARP  
Hotline  
870-209-4093**

### PBA Safety Glance



**Safety Element for fiscal year 2023**

**Lost Day Case Rate: 0.57  
Award Goal: 0.57**

\*Lost time injuries for fiscal year 2023 is two. There is zero lost time injuries for May 2023.

\*Recordable injuries for fiscal year 2023 is four. Recordable injuries is zero for May 2023.

\*Pine Bluff Arsenal days without a lost time injury is 106.

\*Pine Bluff Arsenal days without a recordable injury is 106.

\*Estimated hours worked without a lost time injury: 332,138.



## Vets honored at day of service PBA's Keenan speaks at VFW event

By Rachel Selby

Pine Bluff Arsenal's Commander Col. Collin K. Keenan was one of the guest speakers at the Pine Bluff Veterans of Foreign Wars Post 4455 Veterans Service Appreciation Day May 6. The event was held at the Elga Lee Roberts Jefferson County Veterans Service Center in downtown Pine Bluff.

"Good morning! How is everyone doing out there today? This is a beautiful crowd of people. I am honored and humbled to be able to spend this wonderful day with you," said Keenan. "I'm from Wisconsin originally so I'm glad you guys ordered this beautiful breeze in today. It is just a tad bit warm here in Arkansas during the summer. I'm looking forward to it."

Even though he has only been in Arkansas and at the Arsenal for a month, Keenan said he wasn't a stranger to working and serving with Veterans. "I just left Fort Hood, Texas, in my previous assignment. My best friend in the military served a little more than 24 years and recently retired," he said. "He immediately jumped into a new job serving as an ROTC professor in San Antonio, Texas. What he does for those young people is fascinating."

He complimented the young cadets from the Watson Chapel JROTC, who posted the colors at the beginning of the event. "We see this quality with these young cadets marching out here today and making everything look great," said Keenan. "Let's give them a round of applause."

Keenan said every day men and women who defended the

See VFW Page 3



Photo above, Pine Bluff Arsenal Commander Col. Collin K. Keenan speaks at the Pine Bluff Veterans of Foreign Wars Post 3355 Annual Veterans Service Appreciation Day May 6. The formal part of the event was held outside the Elga Lee Roberts Jefferson County Veterans Service Center in downtown Pine Bluff. The event included special presentations to local Vietnam-era Veterans, free hair cuts for Veterans, food trucks, a car show, tours of the Veterans Center and information booths for Veterans.

Photo left, members of the Watson Chapel JROTC Color Guard give honors to the flag at the start of the VFW formal ceremony.

U.S. ARMY PHOTOS BY HUGH MORGAN



### Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

### Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

## Commander's Column

Team Pine Bluff,

As Pine Bluff Arsenal's new Commander, I am thrilled to serve with a TEAM comprised of many of the most dedicated and skilled personnel the U.S. Army has to offer! The pride you display in your daily jobs is crystal clear. We exist to support our Nation's readiness and America's Warfighter.

My expectations as your leader are very simple. **People First! We are One team together!** I'm here to support you – the Workforce – in any way I can. This means ensuring you have everything you need to accomplish your duties on a day-to-day basis. I pride myself on being approachable, accessible, and look forward to learning about you and from you. **You are the subject matter experts!** I will rely on everyone to help me learn about everything the Arsenal does. If you see me out on the production line or just out and about on post, don't hesitate to say hello or engage in conversation.

**We Will achieve our Mission.** Pine Bluff Arsenal's mission is important. We provide the Warfighter with everything they need in the areas of specialized ammunition; smoke; Chemical, Biological, Radiological and Nuclear Defense capabilities and Textile readiness. We should be very proud of what we provide for our Nation's defense. Our value within the Organic Industrial Base is high because we make products that save lives, protect our Soldiers, and are of the highest quality.

Having and maintaining a **positive attitude** is something we should all strive to do. A climate of trust, professionalism, and commitment is essential to the Arsenal's future success.

I would like Arsenal personnel to be **Objective Oriented vs. Obstacle Oriented.** There are two types of reactions to problem solving. Objective Oriented individuals assess issues and identify recommended solutions. Obstacle Oriented individuals identify issues, provide every reason why a mission cannot be accomplished, and provide zero recommendations for ac-



**Col. Collin K. Keenan**

complishing the task. Positive Attitude and willingness to accept change are the keys to maintaining an Objective Oriented approach.

Communication is essential. Words matter and **everyone should be treated with dignity and respect.** I firmly believe the tongue is the strongest muscle in the body because it has the power to significantly lift an individual or quickly tear them down. Additionally, we must remember listening is equally important as speaking.

Moving forward, I plan to build upon the foundation the previous commanders put down and invest in the Workforce as well as continue to push modernization efforts on the installation. This installation has a rich history – 82 years strong! This is something we should be very proud of.

Our achievements and our challenges are an extension of PBA's legacy. Our **"America's Arsenal 2030 – A Path Forward"** strategy will focus on People, Readiness and Modernization. Our Workforce and Families are vital to our future successes and endeavors.

**Safety** is everyone's responsibility! It is paramount to everything we do. Some of the jobs here at Pine Bluff Ar-

senal are inherently dangerous. While productivity is key, it is important we all leave here at the end of the day without injuries. Spring has been rather cool here in Arkansas, but the summer heat is rapidly approaching. We have already seen a few hot, humid days recently. It is time to make heat stress plans as we move further into the hot months. Watch out for each other. Anyone can stop someone from being unsafe.

When it comes to ignoring safety or conducting illegal, immoral, or unethical acts, this is something I will not tolerate, and you shouldn't either. Incidents of sexual harassment or assault, EEO violations, racism, etc., are all counter-productive to Pine Bluff Arsenal building a strong, cohesive team and being all we can be.

Everyone should complete the Command Climate Survey. This is important to Everyone and gives me an idea of how people are feeling and the overall morale of the Arsenal.

Morale can be a fragile thing, and easily broken. I know the PBA Workforce has gone through a lot of challenges over the past few years. It is important to me to see our morale continue to rise – this is a goal of mine. When morale and positivity are high, productivity and job satisfaction also increase. It is a win-win for the Arsenal!

It is indeed a privilege and honor to be Your Commander. My family and I are excited to be a part of America's Arsenal. Thank you for everything you do each day. I recognize that You - the Workforce - make Pine Bluff Arsenal an amazing place to work and live at. I am proud to serve alongside each of you!

*The 41st Commander*



## Hails and Farewells

### Hails

**Stephen D. Goss**, Security Guard, has joined the Directorate of Emergency Services.

**Elizabeth N. Tedder**, Industrial Worker, has joined the Directorate of Ammunition Operations.

**Havis D. Harrison**, Technical Writer, has joined the Director of Engineering and Technology.

**Gary L. Bentley**, Inventory Management Specialist, has joined the Directorate of Ammunition Operations.

**Jonathan McDowell**, Industrial Worker, has joined the Directorate of Ammunition Operations.

**Gene A. Hampton**, Security Guard, has joined the Directorate of Emergency Services.

**Shawanna C. Thompson**, IT Specialist (Customer Support), has joined the Directorate of Information Management.

### Retirement

**Jacqueline A. Rogers**, Industrial Worker, has retired from the Directorate of Ammunition Operations. Rogers retires with 15 years of government service.

### Farewells

**Brianna Collins**, Security Guard, has left the Directorate of Emergency Services.

**Rodney Beasley**, Inventory Management Specialist, has left the Directorate of Material Management.

**Teshena E. Kirk**, Industrial Worker, has left the Directorate of Chemical and Biological Defense Operations.

**Traci L. Jones**, Budget Analyst, has left the Directorate of Material Management.

## Arsenal Sentinel



**Col. Collin K. Keenan, Commander**  
**Roch Byrne, Deputy to the Commander**  
**Cheryl Avery, Public Affairs Officer**  
**Rachel Selby, Sentinel Editor/Social Media**  
**Hugh Morgan, Photographer**  
**Kevin Wilson, Webmaster**

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Local Vietnam-era Veterans were honored and recognized with special certificates, pins and stickers during the Annual VFW Day of Service May 6. Pine Bluff Arsenal Commander Col. Collin K. Keenan (pictured at far left) stepped in to hand out the certificates to the Veterans.

## VFW from Page 1

Nation's freedom continue to serve in ways outside their military branch.

"As the nation's oldest major war veterans' organization, the VFW has a perfect and long-standing record of service and stewardship," he said. "The #StillServing campaign is the VFW's way of showcasing and honoring their ongoing commitment and service to our nation's best and brightest."

The VFW Annual Day of Service is set aside every year

to recognize how much our Veterans continue to serve in their communities after they take off the uniform, said Keenan. "It is a day where Veteran-led community service projects kick off and continue throughout May," he said. "Did you know U.S. Veterans are 1.5 times more likely to work in public service or charitable organizations, volunteer 25 percent more hours per year and give 17 percent more in dollar donations? That just

shows the quality of people working with the VFW. They make our society better."

Special honors were given this year to area Vietnam Veterans during the event.

"My father was a Vietnam Veteran, and I have several family members who have served. I have served for 33 years," said Keenan. "I have heard 'Thank you for your service' countless times. However, I owe you back a 'Thank you for your service. If you

served in Vietnam, thank you for your service and your sacrifice. You are an inspiration to me and others who serve today."

The nation's military – those still in service today and our Veterans – are a credit to Americans of all races, genders, and creeds; and our common commitment to the defense and love of country which binds us together and unified us, said Keenan. "As a nation, we must ensure the

service and sacrifice of our Veterans is never overlooked or forgotten," he said. "Our Veterans can still provide value and dedicated service as civic leaders and volunteers in our community."

Keenan stepped in during the program to give out certificates to the Vietnam Veterans present at the event. He also took the time to visit with several local Veterans following the formal part of the presentations.



Photo left, Pat Jenkins and Brandi Parks with Pine Bluff Arsenal's Army Substance Abuse Program and Employee Assistance Program Office, greeted Veterans to their informational table during the Annual VFW Day of Service event May 6 at the Elga Lee Roberts Jefferson County Veterans Service Center.

U.S. ARMY PHOTOS BY HUGH MORGAN

### Army Civilian Corps Creed

I am an **ARMY CIVILIAN**—a member of the Army team.

I am dedicated to our Army, Soldiers, and Civilians.

I will **ALWAYS** support the mission.

I provide leadership, stability, and continuity during war and peace.

I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army.

I live the Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage.

I am an **ARMY CIVILIAN**.

## Online Conduct

# Think.Type.Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold

ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post."

"Think" about what message/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever online - "Think, Type, Post."





# Mission Spotlight

## Storage Division provides critical support piece

By Rachel Selby

The storage mission on Pine Bluff Arsenal is a major part of the installation's overall mission to provide quality ammunition and chemical biological defense equipment to the Warfighter. Without the Storage Division, which falls under PBA's Directorate of Material Management, there would be no storing of components for vital mission areas, and no storage of items for disposal – whether it be through excess or demilitarization.

"We move just about everything to and from the production lines, to and from storage facilities and to and from shipping locations," said Storage Chief David Salisbury. "Ammunition being shipped out will come through storage. Normal everyday items will be shipped out via the Arsenal's Central Receiving Shipping Point."

Storage – which includes 15 total personnel in the division including the chief – is involved in all the big demilitarization projects. "Currently, we are sending smoke pots for demil, flares and grenades to the depots," said Salisbury. "This is what Pine Bluff does. We back fill the depots which is the next level. The depots store everything for the Warfighter."

Since the production process here at PBA takes time, a certain amount of any product – such as grenades – will be shipped out for lot testing. "Storage has a hand in all of it," he said. "We make sure the production lines have what they need to keep running. This is a key thing every day. First thing every morning, this is the number one thing I do. I make sure everything is where it is supposed to be for whatever production line is running. If they don't have everything, they will call."

Errors do creep into the process, said Salisbury. "You don't ever want to get a call that a production line is shutting down in 15 minutes due to insufficient product. It happens," he said. "Human and logistics errors are inevitable."

MM Director Ed Campbell said the storage team does an outstanding job of responding to fast moving changes. "Despite the challenges of manpower and infrastructure, the storage team does a great job of cross talk within the directorate," said Campbell. "They work with their external peers to accomplish what needs to be done on schedule."

Working as a team is a big part of the process, according to Salisbury.

"I have 12 CDL drivers, and two members of my team working in excess. Even though the excess personnel work on overhead, they still accept all PBA property turn-ins from the Accountability Division (Property Book) within the Directorate of Public Works," he said. "When I got here a year ago, PBA hadn't shipped out a truck for excess in approximately five years. This was my first big task as chief."

Approximately six trucks have been shipped out to the Defense Logistics Agency or DLA currently. "Three more trucks are scheduled to go out this month (April) and more are being scheduled. Our excess area is basically used for anything PBA can't use anymore," said Salisbury. "If we don't have a need for it, it is shipped out and DLA either repurposes or sells the item(s). The funds are then returned to the Department of Defense."

Prior to Salisbury's arrival at PBA, Javier Holst was working as both the Operations Inventory Management Division Chief and the Storage Chief. "It was a lot of work. In his role in operations and inventory, it is very different and separate from storage," said Salisbury.

PBA's storage schedule is pretty much set every day. "We do production line support. We pick up at the production lines for storage. When trucks come on post with production components, those items go to storage until they are ready for use," said Salisbury. "It's a puzzle and a work in progress every day."

In the short time he has been here, Salisbury said he has seen

See STORAGE Page 7



Photo above, boxes of old ammunition are prepared for shipping to a demilitarization facility.

Photo right, an example of the many earth-covered storage facilities on Pine Bluff Arsenal.

Photo below, Ryan Polk and Darlene Dunlap, who work for the Directorate of Material Management's Storage Division, make sure everything in the Excess storage area is labeled and accounted for before it is shipped off-installation by the Defense Logistics Agency.

U.S. ARMY PHOTO BY RACHEL SELBY





# EAP Corner

## Summer self-care

*Courtesy of Pine Bluff Arsenal Employee Assistance Program*

Summer is a great time to think about self-care. With long sunny days and warmer weather, there are more opportunities than ever to switch up your routine and enjoy what the season has to offer. Use our self-care checklist to get some ideas for taking care of yourself this summer. We hope these suggestions will help you get moving, get outside and enjoy the sunshine!

Hydrate between drinks and be mindful of the heat. A 12-ounce beer doesn't hydrate you as well as a 12-ounce glass of water. As boring as that is, alcoholic drinks can act as diuretics, which means they make you urinate more frequently. A glass of water is recommended after every alcoholic beverage to make sure, you stay hydrated no matter the time of year (*Dr. Vinson, 2017*).

### Ideas for summer wellness:

1. Ditch the couch and relax outdoors. Grab a blanket or lawn chair and something to read and set up camp on a shady patch of grass.
2. Go for a stroll. A long walk can be a great way to clear your head and enjoy a warm summer afternoon. You can also grab a friend and get your exercise while catching up.
3. Explore your local farmer's market. Take advantage of seasonal produce and local vendors. A trip to the farmer's market can be a great opportunity to try new foods and incorporate healthier options into your diet.
4. Start a garden or join a community garden. Gardening can be a nice way to meditate, enjoy the outdoors and get some sunshine. It can also serve as a bonding time with your family or a way to make new friends. At the end of the day, you can enjoy the literal fruits (and vegetables) of your labor!
5. Tidy one small space. Perhaps a drawer or the top of your desk, even having one space clean and free of clutter can help you feel calmer.
6. Make a summer feel-good playlist. Bring on the summer tunes! Music can be an effortless way to improve your mood and motivate you to get moving. Bonus points for listening while exercising or cleaning.
7. Have a picnic. Enjoying a meal outside can be an easy way to get some fresh air and sunshine and shake up your daily routine.
8. Try a new exercise. Getting those endorphins flowing can help calm your mind and improve your mood. Think about doing something outdoors like hiking, tennis, or swimming. Just don't forget your sunscreen and bug spray!
9. Look for things going on in your community. Search online or in the newspaper for events going on around town. Consider outdoor movies, yard sales, festivals, farmer's markets, concerts, or dance classes. Making fun plans can help you feel excited and give you something to look forward to.
10. Start or continue a journal. Writing can be a great way to express how you feel and check-in with your emotions, or it can just be a place to doodle or draw. Make it whatever you need.
11. Reconnect with someone. Call an old friend, or even a grandparent or parent.
12. Do an at home spa day. Taking a bubble bath, using a face mask, or doing a DIY pedicure can all be affordable ways to help yourself feel cared for. A candle, essential oils and relaxing tunes can all add to the spa vibe.
13. Go exploring. Pull up a map and find a new area of town you haven't been to yet.
14. Practice mindfulness. Try meditation or make a list of 10 things you are thankful for.
15. Do a needs assessment. How did your last week go? Is there anything you could do to make next week better? Maybe you need more sleep, more social time or to prepare some healthy meals before your next busy week. Take a moment to reflect and think about how you can make self-care a priority for yourself this summer (*National Council for Mental Wellbeing, 2022*).

NAME \_\_\_\_\_ OFF SYM \_\_\_\_\_

### SUMMER SELF-CARE

W	T	N	E	M	S	S	E	S	S	A	Q	H	J	R	Z	D	H	Y	Z
E	R	A	C	F	L	E	S	U	Q	V	V	S	P	K	O	Z	L	O	J
N	Q	B	R	D	F	P	N	B	P	U	B	N	C	Z	V	C	P	F	J
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SELF-CARE DRINKS, SUMMER SPA MARKET	ALCOHOLIC SUNSHINE EXERCISE ENDORPHINS WATER	HYDRATE STROLL ASSESSMENT JOURNAL
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Use these ideas to make your own self-care checklist this summer. Even small changes to your routine can improve your self-care practice and overall mood. Focus on new ways you can be active, get outside and get involved with your community. Make this summer a season of self-care. The PBA Employee Assistance Office staff are here to help. Our office is located at Building 13-040, and our phone number is 870-540-3094. The Care line number is 870-556-0116.



From left, Michael Shepherd, David Luker and Mark Barbee with the Arkansas Game and Fish Commission, removed a 12-foot alligator from Clear Pond on Pine Bluff Arsenal May 10. According to Wes Sparks, PBA's Natural Resource Specialist, the alligator was no longer scared of people. The animal will be relocated to one of Arkansas' Wildlife Management Areas. U.S. ARMY PHOTO



**Maj. Patrick DePriest set to depart PBA Health Clinic**

Maj. Patrick DePriest, a Physician Assistant at Pine Bluff Arsenal's Health Clinic, has departed PBA after three years. He served the Arsenal community during the height of COVID, and was an integral part of the installation's Crisis Reaction Team - which mitigated PBA's response to the pandemic. He was also recognized in April by Fort Sill leadership with a Meritorious Service Medal for his exemplary work here at PBA. DePriest is currently headed to his next assignment in Saudia Arabia.

Pictured top right, PBA Deputy to the Commander Roch Byrne congratulates Maj. DePriest for all his hard work during his time at the Arsenal. Pictured top left, Maj. DePriest receives a token of appreciation from Health Clinic physician Maj. (Dr.) Nina Rodriguez during a going away luncheon May 10.

U.S. ARMY PHOTOS BY HUGH MORGAN



COOL BREEZES

BREAKFAST!

<b>HOURS</b> Monday – Friday <i>(closed every other Friday)</i>  0700-0900	<b>ITEMS</b>  <b>Toasters and Biscuits</b> \$3.50 Ham, Egg & Cheese Bacon, Egg & Cheese Sausage, Egg & Cheese  *Make it a combo* Add Tots or Fries     \$5.50  <b>Biscuits and Gravy</b> \$3.50 <i>2 biscuits and sausage gravy</i>  <b>Extra Meat</b> \$1.75  <b>Extra Egg</b> \$1.00
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**Call in your orders at 540-3777!**

# Cool Breezes / call 540-3777

<p style="text-align: center; font-weight: bold; color: teal;">Salads</p> <p>Either start with a blend of iceberg or our Spring Mix. Add in some diced tomatoes, shredded cheese, top with carrots, 3 slices of egg, bacon bits, diced cucumbers and two pepperoncini peppers.</p> <p>Garden Salad (No Meat)     \$4.50                  Chef Salad (Ham or Turkey)     \$6.00                  Chicken Strip Salad (Crispy or Grilled)     \$7.50                  Philly Steak Salad (Philly Meat)     \$8.50</p> <p>All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, Balsamic Vinaigrette, or Lite Italian.</p> <p style="text-align: center; font-weight: bold; color: teal;">Personal 7" Pizza</p> <p>Cheese     \$5.50                  Additional Toppings (Each)     \$0.25                  Onions                  Jalapenos                  Pineapples                  Additional Meat Toppings     \$0.75                  Pepperoni, Ham, Turkey, Bacon pieces</p> <p style="text-align: center; font-weight: bold; color: teal;">Appetizers and More</p> <p>Frito Pie     \$3.75                  Nachos     \$3.50                  Fried Pickles or Green Beans     \$3.25</p> <p style="text-align: center; font-weight: bold; color: teal;">Extras</p> <p>Bacon (2 slices)     \$1.75                  Nacho Cheese     \$1.00                  Chili     \$1.00                  Slice Cheese     \$0.50</p>	<p style="text-align: center; font-weight: bold; color: teal;">Quarter Pound Burgers</p> <p>Hamburger     \$4.25                  Combo (with fries)     \$6.25                  Cheeseburger     \$4.50                  Combo (with fries)     \$6.50                  Double Cheeseburger     \$6.25                  Combo (with fries)     \$8.25</p> <p><i>Comes with lettuce, tomato, onions, pickles and your choice of American or Swiss Cheese</i></p> <p style="text-align: center; font-weight: bold; color: teal;">Other Items</p> <p>Country Fried Steak Sandwich (with fries)     \$5.25                  Philly Cheesesteak (with fries)     \$7.25                  Philly Cheesesteak (with fries)     \$6.50                  Polish (with fries)     \$8.50                  Polish (with fries)     \$3.50                  (with fries)     \$5.50                  Seasoned Potato Wedges (JoJo's)     \$2.25                  Steak Fries     \$2.25                  Tater Tots     \$2.25                  Fried Okra     \$2.25                  Onion Rings     \$2.50</p> <p style="text-align: center; font-weight: bold; color: teal;">*New Items*</p> <p>Hot Ham &amp; Cheese     \$4.25                  Combo (with fries)     \$6.25                  Grilled Cheese     \$2.50                  Combo (with fries)     \$4.50                  Cold Cut (Ham, Turkey)     \$6.50                  Combo (with fries)     \$8.50</p> <p><i>6 slices of meat, lettuce, tomato and cheese</i></p> <p>Don't forget about making any sandwich a wrap. It is the same as the menu price.</p> <p style="text-align: center; font-weight: bold; color: teal;">* Ask about our DAILY specials *</p>	<p style="text-align: center; font-weight: bold; color: teal;">Chicken</p> <p>Chicken Strips (3)     \$5.85                  Combo (with fries)     \$7.85                  Crispy Chicken Sandwich     \$5.25                  Combo (with fries)     \$7.25</p> <p><i>Comes with 1 dipping sauce per order. Buffalo, Ranch, Honey Mustard, or BBQ Extra sauce is \$0.50 each</i></p> <p style="text-align: center; font-weight: bold; color: teal;">Treats</p> <p>Ice Cream Bowl     \$2.25                  Slushies     \$1.50                  Candy Bars     \$1.25                  Cookies     \$0.85                  Chips     \$0.75                  Breakfast Snacks     \$1.25</p> <p style="text-align: center; font-weight: bold; color: teal;">Drinks</p> <p>Sweet/Unsweet Tea     \$2.25                  Bottle Sodas     \$2.00                  Poweraid/Lemonade     \$1.60                  Flavor Water     \$1.60                  Water     \$1.10                  Can Sodas     \$1.50                  Monsters     \$3.25</p> <div style="text-align: center; margin-top: 10px;"> </div> <div style="text-align: center; border: 1px solid black; padding: 5px; margin-top: 5px;"> <p style="color: teal; font-weight: bold;">Actual Bacon Cheeseburger Made By: Stephen</p> </div>
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Kevin Bradley with Pine Bluff Arsenal's Employee Assistance Program Office, and Rachel Selby with PBA's Public Affairs Office, greets visitors to the PBA booth at the Pine Bluff Regional Chamber Business Expo May 4. This is the second year post-COVID, the Expo has been held. U.S. ARMY PHOTO-HUGH MORGAN

## STORAGE from Page 4

how everyone in MM cares about supporting the Arsenal. "All the chiefs work together for the Arsenal," he said. "PBA really excels with our teamwork between directorates. It can be nice when people move across directorates, yet you still have that relationship with them. It works out as a win-win for everyone."

The Storage Division manages approximately 430 warehouses on the installation – which house everything from production components for the Directorate of Ammunition Operations and the Directorate of Chemical and Biological Defense Operations to demilitarization items or older ammunition. There are various categories of storage – secure, Haz-Mat, conventional, etc.

"We cycle through the demil items periodically and ship them out. For instance, we had one truck recently we shipped to Missouri," said Salisbury. "We will pull out one truck load and ship. Demil runs on different funding. We make sure it is sitting in storage safely. We repackage/overpack ammunition items as required."

As far as safety is concerned, Salisbury said his area is pretty cut and dry. "Jada (Gray) is awesome. She helps us deal with all our explosive limitations with buildings," he said. "PBA safety personnel come and inspect all the storage facilities periodically. We have had two safety inspections since I've been here. We did great."

Within the Storage Division, there is a Storage Planner who is over all the storage facilities. "This person makes sure like items are stored together and manages the overall space," said Salisbury. "Not all storage facilities are full. Several of the warehouses have been upgraded. We put out storage utilization reports for the command staff on a weekly basis."

Some of the Arsenal's storage space, said Salisbury, is not suitable.

"We have been lacking in money for preventative maintenance. We go out, inspect it, and find it not up to par for storage," he said. "Every time we go into a storage facility we are inspecting it and make sure it is suitable. We look for things like leaks, rodent/insect infestations, holes, mold, etc. Last summer, we had a major issue with mold because some of the climate-controlled storage areas failed."

As a business, the Storage Division must offer available and competitive costing space, said Campbell. "The space must protect customer assets and supports distribution plans," he said. "The division must balance maintaining adequate space for new business, while continuing to support current customers and production. The team has unique challenges compared to private industry – whereas our small World War II-era structures/placement are sometimes not optimal for new business versus private distribution with single large warehouses."

# DES employee recognized



David Head, who works for Pine Bluff Arsenal's Directorate of Emergency Services, was recently recognized for his accomplishments and support of the mission prior to his departure from the installation. PBA Commander Col. Collin K. Keenan presented Head with a Commander's Coin at a recent staff meeting. During his time at PBA, Head developed an Integrated Protection Plan that combined 13 Protection Programs into one overarching program; he was instrumental in correcting a deficiency during the Army Materiel Command Protection Assessment; he was crucial in fixing a recurring inspection finding for Physical Security not using the Security Management System to record and track inspections. The SMS was not a user-friendly system, He learned how to navigate the software and effectively coach-train-mentor other Physical Security Officers on its use; and he assisted in reorganizing the GSA classified security containers by removing outdated documents and developed a properly marked labeling system. U.S. ARMY PHOTO BY HUGH MORGAN



## Army Community Service/Army Emergency Relief Recognized

Laura Brown (top photo) and Tiffany Penister (bottom photo) were recognized by Pine Bluff Arsenal Deputy to the Commander Roch Byrne for their excellence in representing PBA in the area of Army Community Service and Army Emergency Relief. Both Brown, AER Manager, and Penister, ACS Director, were recently recognized by Installation Management Command for excellence in job performance, and their impressive operation of ACS and AER at the small installation level.

U.S. ARMY PHOTO BY HUGH MORGAN





# DPW Spotlight



William (Bill) Dean with Pine Bluff Arsenal's Directorate of Public Works Electric Shop repairs an aerator at the Conference Center on Dilly Pond.



Daniel Edwards with Pine Bluff Arsenal's Directorate of Public Works Carpenter Shop applies the finishing touches to the spiral staircase build for the Cabin in the Woods on Tulley Lake.




Spencer Silvey with Pine Bluff Arsenal's Directorate of Public Works Pipefitter Shop welds patches on a busted wastewater line. U.S. ARMY PHOTOS BY TRACEE MILLS-BOID



## PBA Energy Corner

There are many ways to save energy, from installing new, more efficient equipment to improving insulation. Perhaps the simplest and most cost-effective strategy for saving energy is lighting. Replacing old halogen or CFL lights with high-efficiency LEDs is one way. But efficiency only matters for the amount of time that the lights are on. An easier way is just turning lights off altogether when not in use. It is far more effective to just stop using lights when they are not needed than it is to replace them with higher efficiency ones.

At Pine Bluff Arsenal (and many other production, manufacturing, and storage facilities), the T8 fluorescent is a common bulb for a multitude of applications. They are more efficient than traditional halogens and are used in convenient four-foot fixtures that put off a substantial amount of light. Below is a summary of the usage and energy cost for one standard T8:

	Bulb Style	Average Wattage	Hours Used per Year at 100% On	kWh Used per Year	Electricity Price (\$/kWh)	Yearly Cost
	T8	32	8760	280.32	\$0.06915	\$19.38

While \$19.38 may not seem like much, this is for only a single bulb. At PBA, there thousands of these T8 bulbs. One storage warehouse on post can have anywhere from 80 to 320 bulbs or more. When the lights are left on, that equates to a total usage of over \$6,200 per year for a single storage area that has little to no usage. The extended use also dramatically decreases the life of the lights, meaning increased replacement costs. There are also many less efficient halogen, metal-halide, and T12 style bulbs used at PBA that cost more money to have on than a T8.

If we can reduce the number of hours that these lights are on, we can reduce our energy use. This puts less stress on our electrical system, benefits our environment, and cuts our electricity bills. While it can be difficult this time of year to turn down thermostats with the Arkansas heat, it is easy to turn off lights when leaving areas not in use. If we couple this simple savings measure with other strategies such as LED retrofits and occupancy sensors, we can dramatically decrease our lighting load here at PBA and potentially save millions of dollars in the long run.

*If you have any energy-related questions or additional tips, please contact ext. 2824*



# Health Clinic Corner



Congratulations to Team Holston for receiving the U.S. Army Materiel Command's Excellence in Explosive Safety Award. The award was presented for exceptional achievement in the administration of the Safety and Occupational Health program. From left, Deputy to the Commander Jeff Worley, Holston Commander Lt. Col. Joel Calo, and Director of Safety, Health, Environmental and Quality for BAE Systems Neal Roberts are pictured with the award certificate. The award is a testament to Holston Army Ammunition Plants overall commitment to workplace safety, and using innovation ways to protect against hazards. U.S. ARMY PHOTO BY HSAAP

## Beat the Heat

BY NINA RODRIGUEZ, MD, MPH

Summer is here, but with hotter temperatures and high humidity, workers and the general public have greater chances of experiencing heat-related illnesses, ranging from minor heat cramps to **life-threatening heat stroke**, which is a medical emergency.

Nonspecific signs and symptoms to watch out for include:

- Irritability
- Profuse sweating
- Dizziness
- Weakness
- Nausea & vomiting
- Unconsciousness

**First Aid:** If a person experiences a **change in mental status** during a heat-stressful activity, they should be treated as a potential heat stroke victim.

- Move the person out of direct sunlight, preferably into a cool, shaded area.
- Rapid cooling should be initiated as soon as possible!
  - Loosen or remove the person's clothing.
  - Ice water immersion; if unavailable, apply cold, wet towels.
- **Call 911 IMMEDIATELY!**

### Mitigation Measures:

While there are no federal regulations on the prevention of heat-related hazards, the National Institute for Occupational Safety & Health (NIOSH) and the Occupational Safety & Health Administration (OSHA) provide guidance and recommendations to prevent adverse effects from heat stress, see, <https://www.cdc.gov/niosh/topics/heatstress/default.html>.

### Below are a Couple of Safety Tips when Working in Hot Weather:

**Stay Hydrated: Don't wait until you're thirsty to drink water.** Rule of thumb, for moderate activity in hot conditions, you should drink 1 cup (8 oz.) every 15 to 20 minutes. Avoid caffeinated beverages, sugary drinks, or alcohol, as these can lead to dehydration.

- A way to assess hydration status is taking a quick trip to the restroom!



**Allow for Acclimatization:** Acclimatization is the process by which the body slowly becomes accustomed to heat by incrementally increasing exposure time.

- Usually occurs over a **7–14-day** period.
- Recommendations vary for a new worker vs. workers with previous experience on the job.
- Re-acclimatization should be considered if a worker has been absent from work for > 1 week.

**Buddy System:** Check on other co-workers to ensure they're hydrating and look out for any heat-related symptoms.

**Use Sunscreen:** Ideally, use sun avoidance during peak hours if possible. Choose a broad-spectrum sunscreen with a sun protection factor (SPF) of **30 or higher**, which the American Academy of Dermatology recommends.

- Sunburn can hinder the body's ability to cool and cause dehydration.
- Sunscreen also reduces incidence of certain skin cancers and skin damage.

**Stay Informed:** Check for updates on the local news for extreme heat advisories, safety tips, and local resources, such as cooling centers,

<https://www.littlerock.gov/news/little-rock-opening-cooling-centers-to-combat-heat/>.

- The **OSHA-NIOSH Heat Safety tool** can also be a helpful resource for planning outdoor work activities and has a real-time heat index and hourly forecasts specific to your location, see <https://www.cdc.gov/niosh/topics/heatstress/heatapp.html>.
- Be aware that protective clothing or personal protective equipment may increase the risk of a heat-related event!

# HEAT STRESS INJURIES

## HEAT RASH

- Red raised rash
- Impairs sweating and decreases effectiveness of sweating

## HEAT CRAMPS

- Muscle cramps, pain or spasms in the abdomen, arms or legs

## HEAT EXHAUSTION

- Moist, clammy skin
- Dilated pupils
- Normal or subnormal temperature
- Dizziness, confusion and/or nausea
- Weak pulse
- Rapid breathing

## HEAT STROKE

- Dry, red, hot skin
- Pupils constricted
- Very high body temperature
- Dizziness, confusion and/or nausea
- Pulse rapid
- Unconsciousness
- Coma
- Death

## HOW TO PREVENT

- Hydrate. Drink 8 to 16 cups of water a day.
- Eat a well-balanced diet. Salt food to taste.
- Get plenty of rest. at least 6 hours every 24 hour period.
- Limit how much coffee and sodas you drink.





# Command Visits



On May 5, Pine Bluff Arsenal's Commander Col. Collin K. Keenan met with key leadership from the U.S. Army Corps of Engineers-Little Rock District. From left (back row) Justin Selby, COE Project Manager; Steve Redman, PBA Director of Public Works; Justin Lieber, PBA Director of Business Operations and Planning; Darrin Curtis, COE Deputy Chief, Programs and Project Management Division; Craig Pierce, COE Deputy for Program and Project Management, and from left (front row) PBA Deputy to the Commander Roch Byrne; Lt Col. ChaTom "CT" Warren, COE Deputy District Engineer; Keenan; Col. Damon Knarr, COE District Engineer; and Tim Fox with PBA's DP W. U.S. ARMY PHOTO BY HUGH MORGAN



Pine Bluff Arsenal Commander Col. Collin K. Keenan met with leadership at the National Center for Toxicological Research May 19. The group also toured some of the research areas. From left are Arey Suratt, PBA Directorate of Business Operations and Planning; PBA Deputy to the Commander Roch Byrne; Dr. Tucker Patterson, NCTR Director; Col. Keenan; Elvin Sprankle, Security Specialist, Regulatory Compliance and Risk Management at NCTR; Jim Walter, PBA Directorate of Emergency Services; and Dr. Rajesh Nayak, Associate Director, Regulatory Compliance and Risk Management at NCTR. U.S. ARMY PHOTO BY HUGH MORGAN



From left, Justin Lieber, Pine Bluff Arsenal Director of Business Operations and Planning; PBA Deputy to the Commander Roch Byrne; Pine Bluff Mayor Shirley Washington; and PBA Commander Col. Collin K. Keenan pose for a photo during a meeting May 18. The meeting was part of orientation visits by the Pine Bluff Arsenal Command to introduce Keenan to local community leaders. PHOTO PROVIDED BY CITY OF PINE BLUFF

## Life is Better

with blood donors

### Pine Bluff Arsenal Blood Drive

**Thursday, June 1**  
**10 a.m. - 2 p.m.**

*Look for the Bloodmobile!*

**Walk-ins Welcome!**

**Your blood donation supports JRMC and other Arkansas Hospitals!**

To make an appointment:

- ◆ scan QR code
- ◆ enter sponsor code **W243**
- ◆ enter drive date
- ◆ click the search button.

**Our Blood Institute**

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While supplies last. Photo ID required.

Each donor receives a vintage Life is Better T-shirt\* and one free entry to Magic Springs!







# CSDP helps with accountability

Submitted by Thomas Duncan  
Logistics Management Specialist  
Directorate of Material Management

Property accountability has been a dominant problem throughout the history of the armies of the world. It poses a lingering disability on Army commanders to feed, clothe, arm, and win battles. Logistics wins battles before they are ever fought if it is controlled and dispersed properly based on a plan of attack. With this rationale in mind, most commanders, both past and present, have lost the ability to control, and account for their property accurately.

The Command Supply Discipline Program or CSDP is a commander's program to help leaders raise awareness thru programs and training, to military and civilian employees alike, about the accountability and responsibility of government equipment, property, and funding, without fraud, waste, and abuse. It also helps standardize supply discipline to ensure compliance with the Department of the Army supply policy and procedures.

The governing regulations for CSDP is AR 710-2 & AR 735-5. Although there are many other resources at logistics manager's disposal, AR 710-2, AR 735-5, and Small Unit Leaders Guide to Command Supply Discipline Program handbook are the preferred resource tools for all to understand and use.

During the past 30 years the Department of the Army, which is the largest of the military branches, has more equipment than any two branches together. The Army has seen this to be a serious problem, and consequently adopted the CSDP program to deter the effects of non-accountability.

Commanders are required, by position, to ensure all government property and equipment is maintained, accounted for, and used properly. The CSDP enhances these traits thru proper training and coordination to the commander's leaders, and for them to train and inform their chiefs and supervisors of their roles in accountability and responsibility of government equipment and property.

The program helps recognize superior and inferior performance regarding supply discipline and identifies logistical problems and allows for timely corrections before resulting in wasted time, money, and resources, that would be needed to accomplish mission objectives.

Accountability and Responsibility are two core factors of CSDP. IAW AR 735-5, Accountability is the obligation of a person to keep records of property, documents of funds. Property accountability includes expendable, non-expendable, durable and locally purchased items. By being accountable:

We are keeping records of:

- Identification
- Gains/Losses
- Due In/out
- On Hand Balances

IAW AR 735-5, Responsibility is the formal assignment of property thru the supply chain in the form of delegation, hand receipt, or property within their custody, but not necessarily in their possession or for their use.

By being responsible, we have an obligation to ensure:

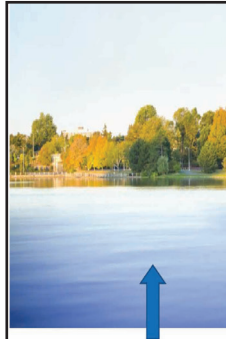
- Proper Use and care
- Custody
- Safekeeping
- Disposition

The Commander must account for all the Army's property, regardless of its source, whether thru Government Purchase Card or GPC, or items obtained locally and non-locally. Determination will be made as to whether the items purchased will be deemed Property Book items and then placed on a Primary Hand Receipt Holder's hand receipt.

Accountability and responsibility carry specific duties as described in AR 710-2 and AR 735-5. Financial liability may be assessed against ANY person who fails, through negligence or misconduct, to perform those duties and where such failure is the proximate cause of loss to the Government. Also known as fraud, waste, and abuse.

The mentality of "It's not mine, it's the government" when utilizing equipment for job use is wrong. Liability of malicious abuse, or waste of government property and equipment can be leveled on multiple people on just one incident (depending on the investigation and outcome). Liability could mean, financial loss, job reprimands, loss of employment, arrest, and prison if proven to be malicious abuse.

CSDP is designed for the user to have the mindset of "treat it as if it's your own". Properly care and account for it. Return it as you got it. Maintain it and report any deficiencies or incidents in detail to your next level supervisor. Report any malicious activity of government property or equipment immediately thru your chain of command. Anytime you save the government money, it saves or creates jobs for future government positions. Be responsible and be safe.



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Pine Bluff, AR 71602

### Summer Cruisin' Specials



## PBAFCU

Pine Bluff Arsenal Federal Credit Union



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