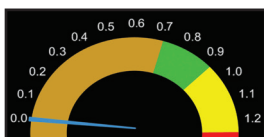




**Pine Bluff
Arsenal
24/7 SHARP
Hotline
870-209-4093**

PBA Safety Glance



**Safety Element for
fiscal year 2024
Lost Day Case Rate: 0.00
Award Goal: 0.95**

***Lost time injuries for fiscal year 2024 is zero. There is zero lost time injuries for December 2023.**

***Recordable injuries for fiscal year 2024 is three. Recordable injuries is zero for December 2023.**

***Pine Bluff Arsenal days without a lost time injury is 211.**

***Pine Bluff Arsenal days without a recordable injury is 15.**

***Estimated hours worked without a lost time injury: 616,312.**



Wounded Warrior Hunt 2023

Arsenal's annual hunt celebrates 13th year

By Wes Sparks and Rachel Selby

Pine Bluff Arsenal's 13th annual Wounded Warrior Hunt is in the books. This year, the Arsenal sponsored seven hunters Dec. 8-10. Four bucks and six does were harvested.

The Arsenal's Wounded Warrior hunt began in 2010 from modest beginnings. Back then the installation was winding up demilitarization operations at the Arsenal's Chemical Agent Disposal Facility, Col. Franz Amann was commander of the Arsenal, Brig. Gen. Gustave F. Perna took leadership at Joint Munitions Command in Rock Island, Ill., and two U.S. Marines, Sgt. Stephen Lunt, and Sgt. Ryan Bonds, from the Wounded Warrior Regiment from Camp Pendleton, Calif., participated in a special deer hunt.

This year's hunt was just as special. In 2010, there were two hunters and three volunteers. Through the years, the hunt has grown into an Arsenal-wide and local community event, with many volunteers and sponsors.

During this year's Wounded Warrior hunt, the following sportsmen participated: James Quick, Tim Cooney, Jeremy Meadows, Dwayne Ayers, Richard Moore, Richard Duck, and Colton Smith.

Left to Right: Sam Brannan, Colten Smith, MacKinley Anderson, Jerry West, Chris Parker, Nathan Box, Richard Moore, Rae Brown, Jeremy Meadows, Mark Rongey, Richard and Holly Duck, and Wes Sparks.
U.S. ARMY PHOTOS BY PBA NATURAL RESOURCES

Sponsors and volunteers from the Arsenal came from the Natural Resource Office, Fire Department, the Directorate of Family Morale, Welfare and Recreation, and the Directorate of Ammunition Operation.

Sponsors and volunteers from the local community came from Central Maloney Inc., Arkansas Freedom Fund, Hunter's Refuge, Arkansas Game and Fish Commission, Price Farms, and newcomer this year, Arkansas Extreme Outdoors.

The following individuals sat with a hunter, assisted with the retrieval of deer and/or helped process the deer: Chris Parker, MacKinley Anderson, Nathan Box and Griffin Sparks.

Volunteers Griffin Sparks, MacKinley Anderson, and Nathan Box help process a deer.



Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Column

Spotlight on history: Significant military events occurring on Christmas Day

On December 25, 1789, the U.S Congress met in session. The nation was without a president while awaiting the results of its first national election. The election began in early December and the results would not be confirmed until January 1780. While a few residents of the United States marked the day of December 25th as Christmas, to most Americans it was simply just another Friday in the month of December.

Christmas in the United States drastically changed 81 years later when President Ulysses S. Grant signed legislation making December 25th a federal holiday in the District of Columbia thus providing federal workers with time off on Christmas Day. The legislation also recognized New Year's Day, the Fourth of July, and Thanksgiving as federal holidays and it was signed into law on June 28, 1870.

Prior to 1870, Christmas had been celebrated in a few states — especially those in the South where it was part of the social calendar. Alabama declared Christmas a legal holiday in 1836 and Louisiana and Arkansas followed in 1838.

During the Civil War, Christmas Day was considered a day of peace and rest, not war. Grant is viewed by many as the general who saved the union. When elected president in 1868, one of his goals was to reunite the nation. Grant viewed Christmas, and the other holidays, as a means to unite people from North and South over common holidays.

Historically, many significant military actions have taken place on Christmas Day. Christmas is one of the most celebrated holidays on earth, but that doesn't mean that major events don't happen during the holiday. Most significantly, British and German troops celebrated the holiday together on Christmas Day during WWI in a rare truce in the middle of horrific combat.

On Christmas Day 1914,



Col. Collin K. Keenan

the year World War I began, Soldiers left their trenches to observe the holiday in peace. Amidst of brutal trench warfare, British and German soldiers laid down their arms to sing songs, play soccer, and barter with the cigarettes and sweets they had received in care packages.

More than 25 million people would die in that war, but as Smithsonian Magazine noted, for "a few brief hours" on Christmas Day, "men from both sides on the Western Front laid down their arms, emerged from their trenches, and shared food, carols, games and comradeship."

The holiday truce was not officially sanctioned and, in some places, was limited to an occasion for each side to bury their dead strewn across the barren stretch of land referred to as "no man's land." On the Eastern Front, fighting continued and the Russians did not celebrate Christmas until January. As the higher commands for the various sides were opposed to the actions soldiers had taken that Christmas, some participants were punished, and no such truce would again be established throughout the remainder of the war.

In 1776, George Washington led his troops across a 300-yard stretch of the Delaware River in the dead of night between December 25 and 26. The surprise move put Washington's men within a 19-mile march to a garrison of Hessians.

The Hessians were German mercenaries hired by the

British to help them maintain a hold on the rebelling colonies. Washington's men completely surprised opposing forces and their actions set conditions of military advantage for the three divisions, six brigades and 38 regiments comprising the Continental Army.

It is my solemn wish that everyone employed at Pine Bluff Arsenal is able to enjoy the holiday season while being able to spend time with family and friends.

Here are a few ideas to bring a bit of holiday joy to each of you: decorate a tree, share Christmas dinner with loved ones, play in the snow (if visiting states north of Arkansas), participate in gift exchanges, admire all the decorated homes and lawns, listen to holiday music and sing carols, set a 2024 New Year's resolution (one that can actually be achieved!), attend holiday festivals, participate in family traditions, go on vacation, watch a game, attend a play or movie, share holiday cards with friends and family, or make crafts and goodies with children.

We live in Arkansas so hunting, fishing, and camping are ALWAYS excellent options! My wish for each of you is to truly enjoy your time off and prepare for a safe and prosperous start to 2024!

Be All You Can Be!
41st Commander of PBA



Online Conduct

Think. Type. Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post."

"Think" about what message/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever online - "Think, Type, Post."

Army Civilian Corps Creed

I am an **ARMY CIVILIAN**—a member of the Army team.

I am dedicated to our Army, Soldiers, and Civilians.

I will **ALWAYS** support the mission.

I provide leadership, stability, and continuity during war and peace.

I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army.

I live the Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage.

I am an **ARMY CIVILIAN**.

Arsenal Sentinel

Col. Collin K. Keenan, Commander
 Roch Byrne, Deputy to the Commander
 Cheryl Avery, Public Affairs Officer
 Rachel Selby, Sentinel Editor/Social Media
 Hugh Morgan, Photographer
 Kevin Wilson, Webmaster

This newsletter is an authorized publication for members of the U.S. Army. Contents of the Arsenal Sentinel are not necessarily the official view of, or endorsed by, the U.S. Government, Department of Defense, Department of Army or Pine Bluff Arsenal. It is published monthly - digitally/print. <http://www.pba.army.mil>

Hails and Farewells

Hails

Shannon L. Bunting, Electronic Industrial Controls Mechanic, has joined the Directorate of Public Works.

Christopher A. Covey, Automotive Mechanic, has joined the Directorate of Public Works.

Jerron D. Gray, Industrial Worker, has joined the Directorate of Ammunition Operations.

Matthew M. Henderson, Electrician, has joined the Directorate of Public Works.

Joseph P. Rushing, Security Guard, has joined the Directorate of Emergency Services.

Ronald L. Weast, Security Guard, has joined the Directorate of Emergency Services.

Gavin P. White, Industrial Worker, has joined the Directorate of Ammunition Operations.

Crystal R. Gaddy, Army Community Services Program Assistant, has joined the Office of the Commander.

Retirements

Della Bates, Management and Program Assistant, has retired from the Directorate of Information Management. Bates retires with 43 years of government service.

Stephan M. Snow, Lead Firefighter EMT, HazMat Technician, has retired from the Directorate of Emergency Services. Snow retires with 22 years of government service.

Elizabeth A. Blackwood, General Supply Specialist, has retired from the Directorate of Public Works-Property Accountability Division. Blackwood retires with 39 years of government service.

Barbara A. Smith, Program Analyst Surety Officer, has retired from the Directorate of Chemical and Biological Defense Operations. Smith retires with 20 years of government service.

Daniel M. Schreiner, Utility Systems Leader, has retired from the Directorate of Public Works. Schreiner retires with 47 years of government service.

Leonard (Len) L. Diioia, Jr., Environmental Protection Specialist-Risk Management Section at Radford Army Ammunition Plant, Va. Diioia retires with 21 years of government service.

Retirements



Photo above, Stephen Snow receives his retirement certificate from Fire Chief Paul Jarrell. Snow, Lead Firefighter EMT/HazMat Technician, retires with 22 years of service in Pine Bluff Arsenal's Directorate of Emergency Services-Fire and Emergency Services Division. Photo right, Arsenal Commander Col. Collin K. Keenan presents a certificate of retirement to Barbara Smith. Smith, a Program Analyst Surety Officer, retires with 20 years of service from the Arsenal's Directorate of Chemical and Biological Defense Operations-Testing and Surveillance Division.

U.S. ARMY PHOTOS



Safety key part of JMC modernization effort

By Matthew Wheaton
*Joint Munitions Command,
Public and Congressional
Affairs*

The U.S. Army Joint Munitions Command is undergoing a transformation in its approach to conducting business and contributing to its modernization initiative.

With the help of its safety team, JMC is in the process of implementing numerous innovative practices aimed at enhancing workplace safety and refining operational processes.

One such crucial practice is Process Safety Management, an Occupational Safety and Health Administration requirement, which encompasses

a wealth of industry-derived best practices and consensus standards focused on managing highly hazardous chemicals and explosives. The standard has been adopted across various industries, including oil and gas, as well as chemical manufacturing. Incidents involving explosions and chemical releases sometimes result in tragic loss of life. Adhering to PSM practices has proven effective in mitigating such events and can similarly benefit JMC.

The PSM framework encompasses various aspects, spanning from process line design to information management and adaptations to the

production line. Furthermore, it influences many facets of JMC's business operations, both at its headquarters and its installations. This includes additional requirements for risk management concerning new facilities and processes. One program that aligns with these supplementary demands is facility system safety.

"FASS offers a systematic approach to risk assessment for facilities, identifying potential hazards inherent to a facility's design and use. This becomes particularly critical given the ongoing modernization projects and new construction endeavors," said Ralph "Skip" Stuck II, chief

of JMC's Safety Division. "FASS necessitates collaboration among facility users, engineering firms, designers, and builders to pinpoint potential risks and either eliminate or effectively manage them.

"For example, many process lines involved in explosive manufacturing entail specific facility requirements. These stipulations encompass protective construction within the building to safeguard personnel in adjacent areas and frangible walls designed to rupture in the event of an explosion," Stuck added. "Failure to identify these requirements during the initial design stages could result in signifi-

cant post-construction expenses or, in some cases, the issues may remain unaddressed, elevating operational risks."

Many projects featured on JMC's modernization agenda, which encompass facility upgrades, improved ergonomic considerations, and increased automation, have a direct impact on the safety and well-being of its workforce.

One such project will take place at the Iowa Army Ammunition Plant, a subordinate of JMC, in Middletown, Iowa. The future artillery complex is presently undergoing its design phase, with a strong em-

See SAFETY Page 9

Cub Scouts visit Radford

Cub Scout Troop 141 from Christiansburg, Va., paid a visit to Radford Army Ammunition Plant Dec. 9. The troop got to meet and visit with the Radford firefighters at the fire station on post, and received a pictorial presentation of the history of Radford Army Ammunition Plant. The troop is pictured here with Radford Commander Lt. Col. Adrien Humphreys.

U.S. ARMY PHOTO BY RFAAP



Cabin in the Pines



PBA Recreational Lodging Cabin in the Pines

Situated on Tulley Lake, PBA's Cabin in the Pines is the perfect spot for a get-away. Come enjoy the peace and the beauty that can be found on the Pine Bluff Arsenal while staying cozy in a wood cabin.

- Kitchenette with full size refrigerator and freezer, stove, microwave, coffee pot and dishes.
- Full bathroom with hot water.
- A/C and heat.
- Satellite TV Service
- Queen size bedroom, upper loft, and pull out sofa for sleeping.
- \$75 / night!
- Extended Stay available! (30 days or more). Call for details.



Recreational Lodging Office:
(870) 540-3008

Pine Bluff Arsenal Recreation Services
16310 Fleming Drive
White Hall, AR 71602
(870) 540-3778

STAY SAFE ON THE ROAD THIS WINTER

- SLOW DOWN**
Leave early. Add cushion to your normal drive.
- SKID SMARTS**
Learn how to handle your car BEFORE you go into a skid.
- BE PREPARED**
Road delays happen. Put together & carry a road trip safety kit.
- HAVE PATIENCE**
Be willing to wait for better road conditions.
- SKID 101**
Winter driving classes are a great idea.
- SHOULDER SAFETY**
If you pull over, get as far on the shoulder as possible, turn off headlights & turn on hazards.
- DON'T CRUISE CONTROL**
Your tires may spin too fast on slick roads, causing you to lose control.
- BE SEEN**
Turn on your low-beam headlights even during the day.
- PASSING PRECAUTION**
Allow lots more distance for passing - or just don't pass.
- KEEP YOUR (STOPPING) DISTANCE**
It can take 10 times longer or more to stop on ice.

YOU'RE IN LES SCHWARZ COUNTRY

EAP Corner

Another New Year

Courtesy of Pine Bluff Arsenal Army Substance Abuse Program/Employee Assistance Program Office

It's safe to say we are all ready to celebrate the start of a new year. This time around, New Year's Eve is Sunday, December 31, 2023, and New Year's Day is Monday, January 1, 2024. We look forward to watching the grand fireworks displays that will mark the start of 2024.

As we embark on 2024, let us focus on practicing things to keep us healthy. Many of us will make New Year's resolutions and will probably not keep them. However, our best resolution should be to exercise more and lose weight. Exercise can be very rewarding because it benefits every part of the body.

- Exercise causes the body to produce endorphins, chemicals leading a person to feel peaceful and happy. (Some individuals are naturally grumpy).
- Exercise helps individuals to sleep better.
- Exercise helps with mental health issues such as mild depression and self-esteem.
- Exercise gives a feeling of accomplishment, such as walking, cycling, and running two miles instead of one.
- Exercise can help you to look better.
- When people exercise, they burn calories, lose weight, and look more toned than people who do not exercise.
- Exercising also helps reduce the chances of developing heart disease. Your heart muscle gets a good work out just like the other muscles of your body when you exercise. When you give your heart this kind of workout on a regular basis it gets more efficient in delivering oxygen to all parts of the body (*Hatchett, Ronda, 2023*).

Considering all these points, it is easy to note why exercise is beneficial to the body. In the New Year, let us continue to try to exercise. If you have not, now is the best time to start. Make a commitment to exercise more. Let's be more determined, have more will power, and consistency in our exercise goals this new year. Let's all get motivated to get out of the chair and off the sofa!

Join the Army Substance Abuse Program/Employee Assistance Program, Walk for Life Program, and become a Happy New You. "You'll never get bored when you try something new. There's really no limit to what you can do". - **Dr. Seuss**

Try something new this New Year! The Army Substance Abuse Program staff is here to help. We offer you a safe and confidential place to discuss concerns, challenges, and strategies for managing difficulties in your life. We are in Building 13-040 and can be reached at 870-540-3094. The Care line number is (870) 556-0116. Happy New Year from the ASAP/EAP staff.

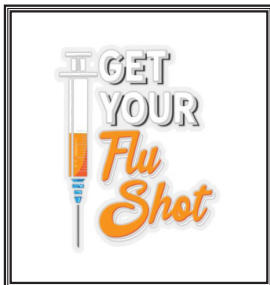


Name _____ OFF SYM _____

ANOTHER NEW YEAR

H A P P Y H K W R W D I O S Q O Z H I L
W E X A N V H Y Q S A F J Y N I R U Q E
Z G D W I E M I T I R T E Y R Q T T Z T
D F I R E W O R K S D L C N A A G I Q Z
V S L G B P A N C M Y E G A U Q U E T S
F O S R O E X E R C I S E R L M H N Q U
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J E Q G I M V E E E M B A R K Y O P E Z
B R W S A W G W O D P F E K S Q M D C A
C H A C C P D Z I S D J N Z Y Z O K W M
I H K Z G I P N T Z S M T A A T O C U K

EXERCISE NEW RESOLUTIONS TIME FOCUS	BENEFICIAL CELEBRATE PEACEFUL HAPPY	YEAR JANUARY FIREWORKS EMBARK
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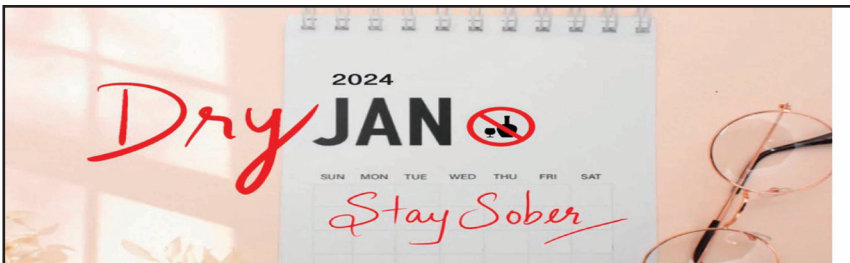
Flu vaccines available

Seasonal flu vaccines are currently available to all Pine Bluff Arsenal employees at the Arsenal's Occupational Health Clinic.

Walk-ins are available Monday through Thursday from 1 to 3 p.m., and Fridays from 7 a.m. to 4 p.m.

The seasonal flu shot is recommended for all people older than six months. The vaccine is a vital tool in preventing infection and severe disease, especially when used in conjunction with hand washing and mask-wearing.

For more information, call the PBA Clinic at 540-3411.



-Dry January is a public health campaign that encourages people to abstain from alcohol for the entire month of January

-Research has shown that participating in Dry January can lead to reduced alcohol consumption even after the month is over.

- | Health Benefits | Social & Personal Benefits |
|--|---|
| <ul style="list-style-type: none"> • Improve sleep quality and patterns • Enhance liver function and reduce the risk of liver disease • Weight loss and improved metabolism. • Lower blood pressure and decrease the risk of heart disease. • Enhance mental clarity and concentration. | <ul style="list-style-type: none"> • Save money from not purchasing alcohol • Strength relationships through sober socializing. • Increase self-awareness and improve self-control. • Opportunity to discover new activities and hobbies. • Set a positive precedent for healthier habits throughout the year. |

Textile achievements



Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations Textile Production crew received Certificates of Achievement recently for their exceptional work to develop and launch the production of Army Physical Fitness Uniform-Maternity. All textile team members pictured were instrumental in development, production prototype efforts and the successful launch of production for the first ever maternity initiative. Their singular focus on the mission in support of women in uniform is commendable and greatly appreciated. Pictured from left, Brandy Aaron, Tyrnza Hudson, Molly Moore, Arsenal Commander Col. Collin K. Keenan, Carol Morris, Bridgitt Walker, Edmund Nickolson, Arsenal Deputy to the Commander Roch Byrne, Julee Johnson and Candy Birkholtz. Not pictured is Michael Baugh. U.S. ARMY PHOTO BY HUGH MORGAN

Blood Drive



Photo above, Willie Johnson, photo left, Meredith Thurgood, give blood at the Bloodmobile at Pine Bluff Arsenal Nov. 30. Total donations were 22 with a goal of 15. Seventeen pints of whole blood and five double blood red cells were gathered. From the donations, 61 lives can be saved. U.S. ARMY PHOTOS BY HUGH MORGAN

Correction

In the November issue of the *Arsenal Sentinel*, Mr. Cirlee Moland, Jr.'s name was listed incorrectly on the list of Pine Bluff Arsenal Veterans.



Army Emergency Relief Soldiers Helping Soldiers

AER is a private nonprofit organization incorporated in 1942 by the Secretary of War and the Army Chief of Staff. AER's mission is to provide emergency financial assistance to Soldiers and their Families.

Since it was established, AER has provided more than \$1.8 billion to 3.7 million Soldiers and their Families. On average, each year AER provides more than \$61 million to over 40,000 Soldiers and their Families.

Who is Eligible for Assistance?

- Active Duty Soldiers, single or married, and their eligible Dependents
- Army National Guard and Army Reserve Soldiers on continuous Active Duty (Title 10, USC) for more than 30 consecutive days and their eligible Dependents
- Soldiers Retired from Active Duty for longevity or physical disability, and their eligible Dependents
- Army National Guard and Army Reserve Soldiers who retired and are receiving DFAS Retired Pay, and their eligible Dependents
- Surviving spouses and orphans of Soldiers who died while on Active Duty or after they retired

What Kind of Assistance can we provide?

- An Interest free loan
- A grant if repayment of loan will cause undue hardship
- A combination loan/grant

How can AER Help Me?

Assistance with:

- Rent
- Temporary Lodging (Homeless)
- Mortgage
- Initial Rent & Deposit
- Basic Furniture
- Appliance Repair/Replacement
- Utilities
- Emergency Travel
- Cranial Helmets

- PCS Travel (AD Only)
- Welcome Home Travel
- Non-Medical Attendant (NMA Travel)
- Invitational Travel Order (ITO)-Soldier Hospitalized
- Safe Travel Due to Domestic Violence
- Food
- Disaster-Evacuation
- Disaster Assistance-Recovery/Sustainment
- Disruption in Pay (Government Shutdown)
- Vehicle Fuel or Public Transportation Expenses
- Child Car Seats
- Vehicle Repairs/Maintenance
- Replacement Vehicle
- Monthly Vehicle Payments
- Vehicle Insurance Payment or Deductible
- Medical Care
- Special Medical Needs
- Dental Care
- Home Repairs or Insurance Deductible
- Funeral Expenses
- Immigration, Visa & Passport Fees
- Spouse Re-Licensing & Recertification Fees (PCS only)
- Clothing
- Homeschool and Remote Education
- Pet Transportation
- Career Skills Support Program
- Infant Formula Shipping Costs

For information on how to receive assistance please contact Tiffany Penister, Army Emergency Relief Officer at 870-540-3588 or Laura Brown, Assistant Army Emergency Relief Officer at 870-540-3030.

Cadet Commissioning



Pine Bluff Arsenal Commander Col. Collin K. Keenan spoke at a Commissioning Ceremony Dec. 15 for three cadets, at Henderson State University in Arkadelphia, Ark. The three cadets were Cadet Huie Austin, Cadet Xavier Efird and Cadet Reynaldo Reyes. Austin is continuing his career as an Army Medical Service Officer; Efird is continuing his career as a Field Artillery Officer; and Reyes is continuing his career as an Ordnance Officer. Keenan, in his speech, thanked Lt. Col. Nicolai (Nic) Birch, Professor of Military Science at the University of Arkansas at Pine Bluff, for inviting him to speak at the ceremony for both HSU and Ouachita Baptist University graduates. He thanked the cadets' families and said their desire to serve can be attributed to family influence and guidance. "They are joining an Army full of possibilities, a place where they can Be All They Can Be. Their core values were instilled in them long before they arrived today. Without you, these Cadets would not be standing here today," said Keenan. U.S. ARMY PHOTO SUBMITTED BY LT. COL NIC BIRCH, GOLDEN LION BATTALION




Pine Bluff Arsenal Child & Youth Services are excited to announce that they are continuing their partnership with The White Hall Soccer Association for the 2024 Spring Soccer Season! The cost per child is \$55.00. Eligibilities to participate include children ages 3 to 18 and parent/guardian must be an employee of the Pine Bluff Arsenal, NCTR, or active military and registered with Child & Youth Services. There is also volunteer coaching opportunities for fee reduction. Child & Youth Services will provide a uniform and a soccer ball. We are excited to see what the upcoming season has in store. Practices start in February and games will be held in the months of March-April.

If you have any questions about the soccer program, please do not hesitate to call or email:

Cassandra Thornton, Fitness Specialist-870-540-2972/
cassandra.j.thornton.naf@army.mil

Tina Wolhoy, Administrative Support Assistant-870-540-3088/
tina.m.wolhoy.naf@army.mil

See Registration information on Page 8

Cool Breezes / call 540-3777

<p style="text-align: center;">Salads</p> <p>Start off with chopped iceberg lettuce or our Spring Mix of baby lettuces. Add in some diced tomatoes, shredded cheese, carrots, eggs, bacon bits, diced cucumbers, sliced red onion, and pepperoncini peppers.</p> <p>Garden Salad (No Meat) \$4.50 Chef Salad (Ham or Turkey) \$6.00 Chicken Strip Salad (Crispy or Grilled) \$7.50 Philly Steak Salad (Philly Meat) \$8.50</p> <p>All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, Balsamic Vinaigrette, or Lite Italian.</p> <p>Additional Dressing \$0.50</p> <p style="text-align: center;">Appetizers/Starters</p> <p>Frito Pie \$3.75 Nachos \$3.50 Fried Mozzarella Sticks (6 pc) \$3.25 Mac n Jap Bites (6 pc) \$3.25</p> <p style="text-align: center;">Extras</p> <p>Bacon (2 slices) \$1.75 Nacho Cheese \$1.00 Chili \$1.00 Slice Cheese \$0.50</p> <p style="text-align: center;">Treats</p> <p>Ice Cream Bowl \$2.25 Slushies (12 fl. Oz.) \$1.50 Candy Bars \$1.25 Chips \$0.75 Breakfast Snacks \$1.25</p>	<p style="text-align: center;">Quarter Pound Burgers</p> <p>Hamburger \$4.25 Combo (with fries) \$6.25 Cheeseburger \$4.50 Combo (with fries) \$6.50 Double Cheeseburger \$6.25 Combo (with fries) \$8.25</p> <p><i>Comes with lettuce, tomato, onions, pickles and your choice of American or Swiss Cheese</i></p> <p style="text-align: center;">Other Sandwiches</p> <p>Country Fried Steak Sandwich \$5.25 (with fries) \$7.25 Philly Cheesesteak \$6.50 (with fries) \$8.50 Polish \$3.50 (with fries) \$5.50 Hot Ham & Cheese \$4.25 Combo (with fries) \$6.25 Grilled Cheese \$2.50 Combo (with fries) \$4.50 Cold Cut (Ham, Turkey) \$6.50 Combo (with fries) \$8.50</p> <p><i>6 slices of meat, 2 strips of bacon, lettuce, tomato and cheese.</i></p> <p>Don't forget about making any sandwich a wrap. It is the same as the menu price!</p> <p style="text-align: center;">Sides</p> <p>Seasoned Potato Wedges (JoJo's) \$2.25 Steak Fries \$2.25 Tater Tots \$2.25 Fried Okra \$2.25 Corn Nuggets \$2.50 Onion Rings \$2.50</p>	<p style="text-align: center;">Chicken</p> <p>Chicken Strips (3) \$5.85 Combo (with fries) \$7.85 Crispy Chicken Sandwich \$5.25 Combo (with fries) \$7.25</p> <p><i>Comes with 1 dipping sauce per order, Buffalo, Ranch, Honey Mustard, or BBQ</i></p> <p style="text-align: center;">Extra sauce is \$0.50 each</p> <p style="text-align: center;">Bottled Drinks</p> <p>Lemonade/Arizona Teas \$1.60 Propel Water \$1.60 Can Sodas \$1.50 Monsters \$3.25 Juices \$2.00</p> <p style="text-align: center;">Fountain Drinks</p> <p><i>Including Cool Breeze's daily fresh brewed sweet and unsweet tea</i></p> <p>20 fl. Oz. Cup \$2.00 32 fl. Oz. Cup \$3.00</p> <p>Cup of Ice</p> <p>20 oz \$0.50 32 oz \$0.75</p> <div style="text-align: center; margin-top: 20px;">  <p>Bacon Cheeseburger</p> </div>
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Check out our Breakfast menu

*** Ask about our DAILY specials ***

Bacon Cheeseburger




During a visit to Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations-Textile Production Facility, Arsenal Commander Col. Collin K. Keenan helped seal barrier bags for the Integrated Footwear System socks. U.S. ARMY PHOTO

Lunch and Learn




Capt. Yohance Brunson with the Jefferson County Sheriff's Office speaks during a lunch and learn Dec. 13 at Pine Bluff Arsenal' Training Center. The event, sponsored by PBA's Army Substance Abuse Program, focused on December being National Impaired Driving Prevention (3D) Month and information about drugged and drunk driving. U.S. ARMY PHOTO BY HUGH MORGAN

Have a **SAFE** and **HAPPY** Holiday!



White Hall Soccer Association
SEASON REGISTRATION



Registration
White Hall Registration for all players will be \$55 for the first child with a \$5.00 discount for each additional sibling. Signed forms with payment must be postmarked by and mailed to P.O. Box 20147, White Hall, AR 71602. **ALL LATE REGISTRATIONS** are subject to a waiting list with no guarantee of team placement.

Last Name: _____ First Name: _____
 Date of Birth: _____ Gender: M F
 Address: _____ City: _____
 State: _____ Zip: _____
 Phone: _____

Uniform Size: Shirt: YS YM YL AS AM AL AXL
 Shorts: YS YM YL AS AM AL AXL

Special Health Considerations: _____

Contact Information
 Primary Contact: _____ Work#: _____
 Home#: _____ Cell#: _____
 Email: _____


Secondary Contact: _____ Work#: _____
 Home#: _____ Cell#: _____
 Email: _____

<p>Parent/Guardian Consent I, the parent/guardian of the registrant, a minor, agree that I and the registrant will abide by the rules of the USSF/USYSA, its affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with soccer and in consideration for the USSF/USYSA accepting the registrant for its soccer programs and activities (the "programs"), I hereby release, discharge, and/or otherwise indemnify the USSF/USYSA, its affiliated organizations and sponsors, their employees and associated personnel, including the owners of fields and facilities utilized for the Programs, against any claim by or on behalf of the registrant as a result of the registrant's participation in the Programs and/or being transported to or from the same, which transportation I hereby authorize.</p>	<p>Parental Support We require active participation of parents in our program. Check areas in which you will commit your time and effort.</p> <p><input type="checkbox"/> Coach <input type="checkbox"/> Publicity <input type="checkbox"/> <input type="checkbox"/> Asst. Coach <input type="checkbox"/> Fund Raising <input type="checkbox"/> <input type="checkbox"/> Field Maint. <input type="checkbox"/> Concessions <input type="checkbox"/> <input type="checkbox"/> Special Projects <input type="checkbox"/></p>
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Name: _____
 Signature: _____

<p>Consent for Medical Treatment (Minor) As the parent or legal guardian of the above-named player, I hereby give consent for emergency medical care prescribed by a duty licensed Doctor of Medicine or Doctor of Dentistry and agree to be responsible financially for the reasonable cost of such care. This care may be given under whatever conditions are necessary to preserve the life, limb, or wellbeing of my dependent.</p>	<p>Official Use Only Player Fee Received: _____ Cash/Check#: _____ Received By: _____ Registration Date: _____</p>
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Signature: _____
 Date: _____



White Hall Soccer Association
Additional Children Form
FALL SEASON



Second Child
 Last Name: _____ First Name: _____
 Date of Birth: _____ Gender: M: F:
 Address: _____ City: _____
 State: _____ Zip: _____

Uniform Size: Shirt: YS YM YL AS AM AL AXL
 Shorts: YS YM YL AS AM AL AXL

Third Child
 Last Name: _____ First Name: _____
 Date of Birth: _____ Gender: M: F:
 Address: _____ City: _____
 State: _____ Zip: _____

Uniform Size: Shirt: YS YM YL AS AM AL AXL
 Shorts: YS YM YL AS AM AL AXL

Fourth Child
 Last Name: _____ First Name: _____
 Date of Birth: _____ Gender: M: F:
 Address: _____ City: _____
 State: _____ Zip: _____

Uniform Size: Shirt: YS YM YL AS AM AL AXL
 Shorts: YS YM YL AS AM AL AXL

Fifth Child
 Last Name: _____ First Name: _____
 Date of Birth: _____ Gender: M: F:
 Address: _____ City: _____
 State: _____ Zip: _____

Uniform Size: Shirt: YS YM YL AS AM AL AXL
 Shorts: YS YM YL AS AM AL AXL

Certificate Recognitions



Brad Socia with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations received a Certificate of Achievement from Arsenal Commander Col. Collin K. Keenan in appreciation of his support to the Directorate of Resource Management for assisting with training Government Purchase Card holders on the goods receipt process for the new LMP GPC card procedure. His knowledge and assistance supported the successful conversion of the GPC process to LMP.



Lindsey Jones with the Directorate of Engineering and Technology received a Certificate of Achievement from Arsenal Commander Col. Collin K. Keenan in appreciation of her support to the Directorate of Resource Management for assisting in the process requirements for the new LMP Government Purchase Card Procedure.

Photo below, Kenneth L. Anderson, Financial Management Specialist with Pine Bluff Arsenal's Directorate of Resource Management, was presented an Achievement Medal for Civilian Service by Arsenal Commander Col. Collin K. Keenan. As the RM Government Purchase Card Resource Manager, Anderson was tasked to mitigate the PBA GPC local Oracle process into a more updated and efficient LMP GPC process. He coordinated required training, answered questions, and ensured compliance to AMC SOP Audit requirements. His efforts led to a successful conversion of the GPC processes to LMP.

Photo right, Wally Hunt with Pine Bluff Arsenal's Directorate of Information Management, received a Certificate of Achievement from Arsenal Commander Col. Collin K. Keenan. Hunt was instrumental in establishing an emergency notification system specifically for the Quality Evaluation Center Operations. His efforts will help save time and provide an immediate response during a chemical accident/incident at the QEF. His dedication, support, job knowledge and individual performance contributed significantly to the overall success of emergency response capabilities and the Arsenal's mission. U.S. ARMY PHOTOS BY HUGH MORGAN



SAFETY from Page 3

phasis on automation and safety. This new system will be highly automated and minimize human exposure to potentially hazardous materials.

The innovative production line, which is expected to be complete in 2027, will incorporate an additional melt-pour process to help ensure a smooth degradation process, robust operational capabilities, and enhanced flexibility. This assembly line will be responsible for loading, assembling, and packaging explosive materials for artillery. These modernizations not only minimize human interaction with explosives but also reduce the need for physically demanding tasks that often lead to ergonomic issues and back strains. Additionally, other im-

provements will decrease worker exposure to hazardous environments, such as TNT vapors, by optimizing line configuration and ventilation systems. Furthermore, considerations extend to maintaining increased distances between facilities and optimizing the distribution of explosives, thereby reducing the potential impact in case of an explosion or fire.

The Lake City Army Ammunition Plant, located in Independence, Mo., and also a subordinate of JMC, has undergone several projects focused on employee safety and increasing efficiency. For instance, the packing area for 7.62 mm ammunition at LCAAP has eliminated the need for individuals to manu-

ally handle ammo cans during the can printing process. A robotic system now manages this task and prevents the risk of repetitive motion injuries linked to lifting and maneuvering cans. Although not necessarily fatal, performing repetitive tasks in confined spaces unfit for employees can lead to such injuries.

"JMC is committed to fostering a culture of safety awareness and continuous improvement across all levels of the organization," said Col. Ronnie Anderson Jr., JMC's commander. "This includes promoting open channels of communication where employees can report safety concerns or suggest improvements without fear of reprisal. Regular safety training programs are also a cornerstone of this effort, ensuring that all person-

nel are well-informed about the latest safety protocols and best practices.

"JMC recognizes the importance of staying abreast of emerging technologies and industry trends that can further bolster safety measures," Anderson added. "This entails active participation in conferences, collaborations with safety experts, and staying informed about cutting-edge innovations in the field of safety management."

JMC's 2030 modernization effort places a strong emphasis on sustainability and environmental stewardship. Safety initiatives are intricately linked with environmental preservation, as minimizing accidents and hazardous incidents also contributes to reduced environmental impact. JMC is actively exploring eco-friendly

alternatives and sustainable practices to align safety objectives with broader environmental goals.

"As part of our commitment to transparency and accountability, JMC regularly conducts safety audits and assessments to evaluate the effectiveness of its safety programs," Stuck said. "The findings from these assessments are used to fine-tune safety protocols and address any identified shortcomings promptly."

"Our dedication to modernizing our safety practices is a testament to our unwavering commitment to the well-being of our workforce, the protection of the environment, and the continued excellence of our operations," Anderson said.



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