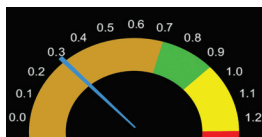




**Pine Bluff  
Arsenal  
24/7 SHARP  
Hotline  
870-209-4093**

## PBA Safety Glance



**Safety Element for  
fiscal year 2024  
Lost Day Case Rate: 0.29  
Award Goal: 0.95**

\*Lost time injuries for fiscal year 2024 is one. There is zero lost time injuries for May 2024.

\*Recordable injuries for fiscal year 2024 is seven. Recordable injuries is one for May 2024.

\*Pine Bluff Arsenal days without a lost time injury is 110.

\*Pine Bluff Arsenal days without a recordable injury is 6.

\*Estimated hours worked without a lost time injury: 315,503.



## Arkansas Governor visits Arsenal



Arkansas Governor Sarah Sanders, White Hall Mayor Noel Foster, Pine Bluff Arsenal Deputy to the Commander Roch Byrne, Pine Bluff Arsenal Business Operations and Planning Director Justin Lieber and members of the governor's staff pose for a photo following a tour of the Arsenal's M83 smoke grenade line. The governor and key members of her staff visited the Arsenal May 15. An overview briefing of the Arsenal's key missions, a smoke demonstration and tour of one of the installation's ammunition operations production lines, were the highlights of the visit. This was the governor's first visit to the installation. U.S. ARMY PHOTOS BY HUGH MORGAN/RACHEL SELBY



Photo above, Kim Goins, Production Controller, with Pine Bluff Arsenal's Directorate of Ammunition Operations, shows members of the Arkansas Governor's staff an M83 grenade, during a tour. Photo right, Justin Lieber, Pine Bluff Arsenal Director of Business Operations and Planning, talks with Arkansas Governor Sarah Sanders, following a tour of one of the Arsenal's ammunition production lines, as PBA Deputy to the Commander Roch Byrne looks on.



## Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

## Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

## Commander's Column

# Turkey Time: My first Arsenal hunt

Rise and shine, suit up in a little Mossy Oak camouflage, slip on a pair of field boots, and fire up the coffee pot. As the first sip of hot java rushes down the throat, the adrenaline begins to fire as my mind wanders to the thoughts of tagging a triple bearded Tom with inch long spurs.

As we hopped into the iron-clad Ford F150, I could hear the diesel churning through the engine as the waning gibbous moon lit the sky at 83 percent illumination. I find the hour prior to an Arkansas sunrise to be breathtakingly majestic. The hoots of the barred owl tend to command the morning air as the bullfrog croaks fill the silence between each call of "who, who".

Morning hunts present a dynamic opportunity to narrate a few of life's anecdotes with buddies, while comfortably seated on the back of a tailgate. Gobbler hunting extends favorable moments to discuss future endeavors, family adventures, good times from the past, and humorous tales of living the good life.

As the sun's rays begin to reflect the glistening morning dew, nature begins to awaken with the lively chirps of the red-faced Northern Cardinal, the classic sounds of the distinctly orange-tinted Red-Winged Blackbird, and the powerful and cheery chirps of the American Robin weighing a mere 2.7 ounces per bird. However, sounds of the post morning sunrise tend to be dominated by the coarse cawing of the American Crow and the drumming sounds of the Red-Headed Woodpecker as they hammer trees at a furious pace of 19 to 35 beats per second.

Successful hunts are predicated by big boisterous Toms strutting and responding to the squeals of the distinctive pot and striker call and the tiny oral diaphragm call. The distinctive oral call tightly seals the tongue within the roof of the mouth to produce sounds charged with accurately replicating the purrs, yelps, and clucks of the prized turkey hen. The unmistakable gobbling sounds and strutting as the neck protrudes from the Tom's body significantly elevates both the blood pressure and rapid heart rate of the en-



**Col. Collin K. Keenan**

suing hunter.

After strategically emplacing life-like turkey decoys in the open, we gingerly retreated to positions of thick concealment with unmistakably clear views of our attractive and enticing lures. We sat with a stillness, like a sleeping baby, frozen in time. I carefully lifted the loaded Beretta 12-gauge shotgun ready to take my awaiting trophy should it stumble upon our trap.

Toms often travel in a caravan with one or two youthful adolescent-like Jake turkeys who strut around unaware of the danger of hunters who sit tightly nestled within the thick brush of the white oak, black hickory, and yellow pine trees. Wild turkeys spend their days stripping seeds from sedges and grasses, occasionally supplementing their plant diet with salamanders, snails, ground beetles, and other insects. Like most birds, they swallow grit to help digest their food. However, during hunting season a Tom's daily focus drastically shifts from eating shrubbery to finding the perfect mate for fertilizing an average of four to 12 eggs, requiring 25 to 31 days for incubation.

While I didn't kill anything but time during my hunt, I did learn a great deal about the striking beauty of this 83-year-old masterpiece we refer to as Pine Bluff Arsenal. The hunt reiterated the importance of sound personal relationships and taking time to live in the moment without paying much focus to past or future stressors. Connecting with the allure of nature's beauty recharges an intense joy within the soul.

**Be All You Can Be!  
41st Commander PBA**



Photo left, Matt Harbison poses for a photo with PBA Commander Col. Collin K. Keenan. He called for the colonel during the turkey hunt. Photo below, Jarrett Johnson poses with Col. Keenan, with the turkey he harvested. Keenan also presented the young man with a Commander's Coin (photo below left).

U.S. ARMY PHOTOS-  
NATURAL RESOURCES



During the Pine Bluff Arsenal Commander's Special Weekend Turkey Hunt, from left, Rob Morrison, who works for the Arsenal's Directorate of Public Works, Jarrett Johnson and Justin Johnson, Jarrett's dad, pose for a photo with the turkey Jarrett harvested. This was Jarrett's first turkey and it had multiple beards.

## Hails and Farewells

### Hails

**William G. Davies**, Engineering Student Trainee, has joined the Directorate of Chemical and Biological Defense Operations.

**Logan C. Reichard-Hurt**, Engineering Student Trainee, has joined the Directorate of Chemical and Biological Defense Operations.

**Eugene C. Boykins, III**, Engineering Student Trainee, has joined the Directorate of Public Works.

**Kamesha L. Breedlove**, Supply Systems Analyst, has joined the Directorate of Public Works.

**Jesi D. Feld**, Equal Employment Manager, has joined the Office of the Commander.

### Retirement

**Earl Hines**, Industrial Worker, has retired from the Directorate of Ammunition Operations. Hines retires with 15 years of government service.

### Farewell

**William D. Nelson**, Engineering Equipment Operator, has left the Directorate of Public Works.

# THANK YOU!



Editor's note: Jerry Curtiss served as Pine Bluff Arsenal's Sergeant Major from 2004-2008.

*How do you thank the greatest workforce in the whole of DoD? You amazed us with your knowledge, skills, and attitude when we were assigned to America's Arsenal from 2004-2008, and you continued to amaze us after our military retirement. Well, now it is time for us to retire for good, and we wanted to give thanks to all of you who continue to make America's Arsenal the best place to work. We have countless memories we share with other "alumni" and often reflect fondly on the triumphs, the laughter, the tears, and the not quite so good moments that we shared with you during these years. You are what makes America's Arsenal great, and we are so thankful we got to experience it for ourselves. Thanks for all you do each and every day and bless you for the wonderful memories you have provided us!*

Sincerely,  
Donna & Jerry Curtiss

## 40 Years of Service

Linda Wallace, chief of Pine Bluff Arsenal's Transportation Division-Directorate of Material Management, was recognized at a recent staff meeting for 40 years of service by Arsenal Commander Col. Collin K. Keenan.

U.S. ARMY PHOTO BY  
RACHEL SELBY



## Online Conduct

### Think.Type.Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post."

"Think" about what message/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever online - "Think, Type, Post."



## Arsenal Sentinel



Col. Collin K. Keenan, Commander  
Roch Byrne, Deputy to the Commander  
Cheryl Avery, Public Affairs Officer  
Rachel Selby, Sentinel Editor/Social Media  
Hugh Morgan, Photographer  
Kevin Wilson, Webmaster

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# Surratt named E&T director

By Rachel Selby

Arey Surratt was named the director of Pine Bluff Arsenal's Directorate of Engineering and Technology in April. Surratt was promoted from Chief of S3-Operations with the Arsenal's Directorate of Business Operations and Planning.

"Since I've been here – which hasn't been long – I've been working through emails and building an organizational structure I plan to present," said Surratt, who started at the Arsenal in 2018 as an industrial engineer in the Directorate of Chemical and Biological Defense Operations.

"I looked at the true functions of E&T and created an org structure that would help support those functions – which includes project management, material master data, systems engineering and development. This is the approach I'm taking along with communicating with the directorate chiefs about how we need to support those functions."

Surratt said he looks at E&T as the foundation of the ammunition and chemical biological missions at the Arsenal.

"Working with CB, I was on the output side of E&T. Working with Business Operations, our job was to go out and find work we could hand over to E&T, so they could project manage, set up and push out new products to production," he said. "This has given me the ability to understand both sides of the process, and how things work and how they don't work sometimes or have certain issues."

Graduating from Pine Bluff High School in 2004, Surratt was born and raised in Pine Bluff. He has two associate degrees from Southeast Arkansas College in Pine Bluff – one in general technology and one in industrial electronics; a Bachelor of Science in Industrial Technology with an emphasis in Project Management from the University of Arkansas at Pine Bluff; and a master's in operations management from the University of Arkansas at



Arey Surratt

Fayetteville.

He was also a Seabee with the U.S. Navy in the Naval Reserve.

"I expect a lot of hiring actions in the next six months to a year," said Surratt. "Within the next year, I would like to take those hiring actions into training and process improvement management. Those are my biggest priorities. We need to hire the people, identify the new processes, and train those people up so we can start tackling new projects. This will help us bring in new work."

He said he didn't believe every position takes an engineer and it takes a team effort for the Arsenal to work.

"Within my org structure, I would like to have areas where when we receive the work, we can have project managers who can communicate with the customers and the engineers," said Surratt. "I like the management side of engineering. My background is in process and project management. For me to be able to put the management and process parts along with other's engineering expertise this is an excellent fit."

Roch Byrne, Arsenal Deputy to the Commander said, one of the privileges he has is in selecting PBA's team of directors.

"We have a great group of directors. Recently, I had the honor of bringing Mr. Surratt on board," said Byrne. "We have talked several times, and I am excited about the future of E&T with him at the helm. We will have a strong directorate with his leadership."

## IMCOM General visits Arsenal



Pine Bluff Arsenal welcomed Maj. Gen. Joseph A. Ricciardi, IMCOM Deputy Commanding General, Capt. Lance Geiken, Aide De Camp and Gordon C. (Casey) Ross, IMCOM-Sustainment-Installation Support Specialist for a visit April 30. Photo above, the general visited the Arsenal's Dismounted Reconnaissance Sets, Kits and Outfits production area. U.S. ARMY PHOTOS BY HUGH MORGAN



Photo above, Maj. Gen. Joseph A. Ricciardi, IMCOM Deputy Commanding General, recognized John Aronowitz with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense with a coin, for his exceptional support and service on the M8 CBPS project. His contributions have guided this project into a 100 percent on time production rate despite these systems being out of service for more than 10 years. Aronowitz's expert knowledge of legacy systems have helped return this system back to operational status to support the Warfighter in ongoing operations around the world.



Photos left and above, the IMCOM General recognized Eddie Nickolson (CB) and Alonzo (AC) Carroll (Ammunition Operations) with coins. Nickolson has more than 35 years of experience in the textile industry. Since the start of his government service in 2017, he has been instrumental to the success of the textile facility at PBA. Carroll has worked as a GLATT Smoke Mix Operator producing mix to support the M83, M18 and M8 smoke production for PBA. He was instrumental as a mix operator in producing M330 HX mix and M14 Thermate mix. Carroll is well known for his work ethic, knowledge, dedication, and communicates in a positive manner with his fellow workers.



## EAP Corner

# The great outdoors and alcohol

*Courtesy of Pine Bluff Arsenal Army Substance Abuse and Employee Assistance Program Office*

June is Great Outdoors Month, a nationally recognized celebration of America's public lands, waters, and the many ways to enjoy them.

Great Outdoors Month beckons us to go out and explore all nature has to offer. Celebrated all over the U.S., the month is dedicated to the country's diverse landscapes, which boast dense forests, long winding rivers, tranquil lakes, mountains, and much more.

We are surrounded by so much technology every day, the hub-bub and the fast-paced life of the 21st century have left many of us drained of energy. Therefore, visiting and exploring the outdoors will provide many with a much-needed new lease on life - both mentally and physically. As if the mental and physical benefits weren't enough, celebrating Great Outdoors Month also boosts the Gross Domestic Product and creates more jobs. No matter where you live, you will find something fun to do in the outdoors with your loved ones.

Great Outdoors Month first started as a Great Outdoors Week under President Bill Clinton in 1998. The main goal was to increase jobs and the GDP of the country by getting people to enjoy nature and appreciate it. The week became so popular for the next few decades, starting from President George Bush's administration and continuing through President Barack Obama's and Donald Trump's administrations, Great Outdoors Week was expanded to a whole month. In 2016, the Outdoor Recreation Jobs and Economic Impact Act was enacted to study America's outdoor recreation economy. The report portrayed outdoor recreation had contributed more than \$412 billion, which is 2.2 percent of the total GDP, to the economy. The report further stated that outdoor recreation had the fastest growth of any industry in 2016 as it led to 4.5 million jobs (*National Today, 2024*).

It's time to start getting back outside in the great outdoors. Whether you've planned a fun hike or a trip to a national park, you may find yourself wondering whether it's a good idea to drink alcohol while you're out having fun. We will look at why you might want to skip an afternoon glass of wine and discover whether you should drink alcohol while doing outdoor activities.

### Why do people bring alcohol to the great outdoors?

For responsible adults, it can be fun to crack open a beer after a successful fishing trip or bring a bottle of wine to an outdoor picnic. These events are festive, and alcohol is something people like to enjoy on special occasions. There's nothing wrong with the impulse to bring along a six-pack on your next outdoor excursion, but there are some reasons you might want to reconsider.

### Risks of drinking while enjoying outdoor activities

The risks of drinking alcohol vary depending on the activity you are doing. Sitting in a park enjoying a picnic isn't a very strenuous activity, so the risks associated with drinking is minor. However, here are some more serious risks to know about.

#### Dehydration

Probably the most considerable risk related to drinking while being outdoors is dehydration. That's because many outdoor activities require physical exertion. Alcohol may be a liquid, but it dehydrates the body, which isn't good for exercise. It can make you feel nauseous and give you a hangover faster, among other consequences.

#### Motion sickness

Did you know avoiding alcohol is a technique for preventing motion sickness? That's right! Dehydration from drinking plus the rocking of a boat is a recipe for a bad time for many people. So, if you know you have a problem with seasickness or car rides, postpone the celebratory drink.

#### Poor judgment

It's a well-known fact drinking alcohol can lead to impaired judgment. When you combine that lack of good judgment with outdoor activities like swimming, shooting, or hiking, you can end up with some pretty deadly consequences. Impaired judgment might cause you to misjudge a distance or ignore your own body's stress levels. The results can sometimes be fatal.

#### How to drink responsibly outdoors

If you're looking for ways to enjoy alcoholic drinks outdoors, there are a few things you can do to be responsible. For one thing, hydrate with water between alcoholic drinks to dilute its

NAME \_\_\_\_\_

OFF SYM \_\_\_\_\_

### THE GREAT OUTDOORS AND ALCOHOL

B U Z S E K A L B A W W I W L X M M N G  
H T I Z D J R T J S S Q H B C F O B A X  
C Q J S W S R O O D T U O E O J Y D P E  
T X O Z R I A U X S J I A M J Q K M G C  
Z T E F Y E C T R J A J U D G M E N T N  
Z O H E T U V S L I N E Y X D H U C M P  
P M P A I F F I Z R S S W A U Y G F E D  
V C X L G R S D R E E K F T O F I F T V  
G L J C J Y C E D S P B E P M L L Z N Q  
N E E O T D W C N P O S O V Z T H S M H  
I U X H I H V E C O O U P Y W J O W F C  
J U M O U N T A I N S Z E D G G P J P U  
N B P L D P A R K S H V M S N E V G Z S  
E I O S E I T I V I T C A I I Q M G L T  
M A Z O F R B I I B H D K H N C Q J B S  
H P F M Z F X T F L N N A B J K I H I E  
W D T O F E R H B Y I L W D W Q X F P R  
A O T K K A D V Q R K Z N L W C I Z A O  
L B Q Y T C F O D G U W P T E T B A R F  
N S G Y G D Q N J M N Q H K X C Z I C O

OUTDOORS  
DRINKING  
OUTSIDE  
PARKS  
RESPONSIBLY

ALCOHOL  
RISK  
MOUNTAINS  
FORESTS  
JUDGMENT

BOOZE  
ACTIVITIES  
RIVERS  
LAKES

effects on your body. Eating a healthy snack also helps (and, of course, only drink if your doctor says it's okay).

### Mocktails: Fun without the risks

Another option is to experiment with mocktails which are tasty drinks that don't use any alcohol at all. Check out your local wine and spirits store and see what they offer.

### The bottom line

Drinking alcohol is always risky even as a responsible adult. Whether you should drink alcohol while doing outdoor activities depends on the level of physical exertion involved. It also matters how dangerous the activity is even before alcohol is part of the equation. Use caution, and when in doubt, go without the

alcohol (*The Rocket, 2023*).

Pine Bluff Arsenal's Army Substance Abuse Program staff is here to help. We offer you a safe and confidential place to discuss concerns, challenges, and strategies for managing difficulties in your life.

We are located in Building 13-040, and can be reached at 870-540-3094. The Care line number is (870) 550-2653.

### ENROLL IN THE PBA "WALK FOR LIFE" PROGRAM TODAY

SPRING  
into  
ACTION



- IMPROVE CARDIOVASCULAR HEALTH AND BOOST CIRCULATION.
- MAINTAIN A HEALTHY WEIGHT AND AID IN WEIGHT LOSS.
- ENHANCE MOOD AND REDUCE STRESS LEVELS.
- STRENGTHEN BONES AND MUSCLES, PROMOTING OVERALL FITNESS.
- LOWER RISK OF CHRONIC DISEASES SUCH AS DIABETES AND HYPERTENSION.

- ENHANCE MENTAL CLARITY AND COGNITIVE FUNCTION.
- BOOST IMMUNE SYSTEM AND OVERALL WELL-BEING.
- WALK AT YOUR PACE AND BE REWARDED WITH MONTHLY TOKENS!!
- TO ENROLL, STOP BY BUILDING 13-040 OR EMAIL KEVIN.L.BRADLEY25.CIV@ARMY.MIL.



"STEP BY STEP, WALK YOUR WAY TO A HEALTHIER YOU"





Clay Ferrell with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations-Mobile and Powered Systems Division, receives an Achievement Medal for Civilian Service from Arsenal Commander Col. Collin K. Keenan. U.S. ARMY PHOTO BY HUGH MORGAN

## Ferrell receives medal for helping fellow employee

By Rachel Selby

During a welfare check on one of his team members in March, Clay Ferrell, a supervisor in Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations – Mobile and Powered Systems Division, noticed something was wrong - the team member was experiencing all the signs of a medical emergency.

"We try to stay connected as much as we can within our division because we are pretty spread out across different locations on post due to the nature of the projects. I have about 20 people I supervise," he said.

"That morning, I picked this person up so we could have a conversation, and

we began driving around. Through our conversation, I noticed something just wasn't right. He was having trouble texting and was experiencing numbness."

Ferrell took the employee directly to the Arsenal's Occupational Health Clinic. "We walked in, and they took the co-worker right in to examine him. The doctor came out not more than five minutes later and told me they were taking them to the hospital," he said. "I'm not a medical professional. I just recognized there was something different about this person. I try to respect people where they are and who they are as a supervisor."

Ferrell was in the Army 25 years ago, working as a mechanic, and said he had basic

first aid training. "I have continued to have this type of training throughout my career. You don't ever think you will be put in this situation, but it is good to know and be aware in case something does happen. I'm thankful I was there," he said. "I was just in the right place at the right time."

In recognition of his quick reaction to this situation, Ferrell was recently presented an Achievement Medal for Civilian Service by Arsenal Commander Col. Collin K. Keenan.

"I never expected to be recognized and receive an award," said Ferrell. "I didn't even know I was going to receive something like this. I knew something was going on the day it was presented, but it never crossed my mind."

## Data is an asset

By Neil Orillion, CDFM

Pine Bluff Arsenal Directorate of Resource Management

In today's work environment, data is generated in the computer systems employees utilize, the equipment and machinery used in work processes, and by manual logs and spreadsheets used to track data. This information is used to monitor operations, make decisions, and plan for future activity. However, this can be a painful process of pulling information from different systems and consolidating to a useful format.

The Department of Defense 2020 Data Strategy aims to improve data management and advance capabilities by focusing on digital modernization to help enhance the nation's ability to fight and win wars. DoD is moving towards a data-centric organization utilizing data for increased efficiency and operational advantage.

The Department of the Army, U.S. Army Materiel Command and U.S. Army Joint Munitions Command have embraced this strategy with an increased use of data analytics software and data analytics training for employees. They are using data analytic systems known as ADVANA and VANTAGE for data analytics and to create dashboards to monitor Key Performance Indicators or KPIs.

The question at lower levels becomes - so what? All this data is used at a high level and is not useful at the installation level, directorate level, division level, or even the individual level. Training in data analytics and data analytic tools are available to help Pine Bluff Arsenal support the DoD strategic goal of becoming a data-centric organization.

PBA's Directorate of Resource Management recently stood up a Data Analytics Division to focus on learning and integrating data centric processes into the many budget, planning and financial analysis and reporting requirements they meet. However, RM's goal is also to help support PBA directorates and divisions in learning and incorporating data analytic processes and tools supporting each organization's needs.

Please contact the Data Analytics Division at 870-540-3762 for more information.



# Operation Patriot Press

## Soldiers participate in first engineering component at PBA

By Rachel Selby

U.S. Army Reserve Soldiers with the 415th Engineer Facility Detachment from Knoxville, Tenn., visited Pine Bluff Arsenal for two weeks in April in support of the U.S. Army Materiel Command's Operation Patriot Press. The unit was on ground at the Arsenal looking at various Directorate of Public Works projects around the installation.

This is the first engineering unit to be a part of OPP, according to Maj. Thomas B. Hunt, OPP Operations Officer for AMC.

OPP originally began as Operation Patriot Bandoleer or OPB, which was an AMC-managed program in 2015, primarily conducting vessel support operations moving assets to Joint Munitions Command facilities across the nation.

"Operation Patriot Press provides training opportunities for both U.S. Army Reserve and National Guard units. In the past, we have also had active-duty Marine units participate," said Hunt. "These units get to do training in a real-life setting with real-life issues. You can't do your job well unless you have done it multiple times, and this is what these opportunities afford our Soldiers."

Hunt said there are standard mission sets this year where the engineers just don't fit.

"The majority of the missions focus on moving ordnance from one location to another, a warehouse mission where items are moved around and there is also a TACOM mission where mechanics go out and do work orders in various shops," he said. "This year, we added projects for our engineers. This is part of a bigger plan to add engineer units next year. The units this year are creating job packets for projects that will be completed next year by different units."

OPP specifically looks at unfunded projects within AMC, according to Capt. Chris Tartaglia with the 415th EFD. "Our mission set is a bit unique compared to the rest of the task force (which is mainly focused on ammunition movement). We are doing construction estimates for engineering projects," he said. "We are the guinea pigs this year."

A list of prioritized projects has been given to the units by the Arsenal's Directorate of Public Works, according to Capt. Nicholas Lenta with the 415th EFD.

Specific areas being looked at are:

- Shoulder widening at the intersections of Wise and Sibert Roads.
- Manhole repairs.
- Road grading.
- Improvements around Yellow Lake, including pipe replacements and rip rap armoring.
- Culvert headwall construction.
- Ammunition shed repair.

Lenta said it is a lot of heavy civil engineering work on the civilian side. "Our unit is focused on engineering planning and looking at scopes of work for the projects," he said. "A follow-on



Photo above, SOP information shows Sibert/Wise Road intersection needs widening on the shoulder so there can be proper run off and drainage.

Photo top below, McCoy Road, which is approximately 3.5 miles and gravel, requires grading to fill in potholes and allow for drainage along roadway.

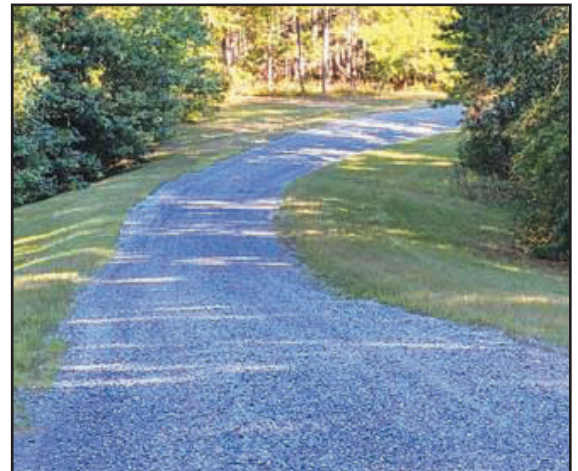
Photo bottom below, drainage pipe at Yellow Lake requires repair.

Army construction unit will come execute the work at some point. This is a general idea and helps mobilization and planning for the follow-on work. We can help the DPW, but we also get the very good training. These events are important to us. Pine Bluff has been the best DPW in my experience we have worked with."

Hunt said most people never truly understand how much work it takes for a unit to prepare for a two-week annual training.

"There is even more work with something like this because you can't just call someone and ask them how they did it last year," he said. "Our National Guard and Reserve units want to do this type of work. They don't want to do the same training missions every year. They can practice skills in a safe environment. "It is an amazing opportunity and a total win-win for us and the installations/deposits."

Arsenal Commander Col. Collin K. Keenan said the Arsenal is fortunate to have the support provided by Operation Patriot Press and AMC. "Our DPW is awesome, and works very hard to improve PBA's infrastructure, but it is hard to get it all done sometimes," he said. "These Soldiers learn so much from these training experiences, and we reap benefits from their expertise. It just works out great for everyone involved."



According to scope of work information from the 415th EFD, there are approximately 35 manholes across the installation that require repair. U.S. ARMY PHOTOS

## Drug Takeback



Kevin Bradley with Pine Bluff Arsenal's Army Substance Abuse Program/Employee Assistance Program Office and Marcia Oliver with the Jefferson County Sheriff's Office stand next to approximately 15 pounds of unused or expired prescription medications collected during the recent Drug Take Back Collection on the installation. By properly disposing of this medication, Bradley said it helps prevent potential misuse and also safeguards the environment. By having successful take back events, the Arsenal is committed to promoting a safe, healthy workplace and community. U.S. ARMY PHOTO BY HUGH MORGAN



Photo above, Pine Bluff Arsenal Commander Col. Collin K. Keenan sits in the MedFlight Little Rock helicopter. Photo right, pictured are members of the Arsenal's Directorate of Emergency Services-Fire Department, PBA Occupational Health Clinic EMS staff members and the MedFlight Little Rock crew, which included Pilot John Pool, Flight Nurse Kyle Pricks, Flight Medic Josh Richmond, and Flight Medic and Course Instructor Cheyenne Phillips.



Pine Bluff Arsenal's Directorate of Emergency Services - Fire Department and the Occupational Health Clinic EMS staff conducted landing zone training April 23 with MedFlight Little Rock. The objective of the training was to instruct and practice procedures for requesting MedFlight, as well as looking at the requirements for setting up a landing zone, radio communications, GPS, and patient packaging, as well as finding safe ways to approach the aircraft.

U.S. ARMY PHOTOS BY HUGH MORGAN

## Cool Breeze Menu - Call 870-540-3777

### Salads

Start off with chopped iceberg lettuce or our Spring Mix of baby lettuces. Add in some diced tomatoes, shredded cheese, carrots, eggs, bacon bits, diced cucumbers, sliced red onion, and pepperoncini peppers.

Garden Salad (No Meat)	\$4.50
Chef Salad (Ham or Turkey)	\$6.00
Chicken Strip Salad (Crispy or Grilled)	\$7.50

Philly Steak Salad (Philly Meat) \$8.50  
**All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, Balsamic Vinaigrette, or Lite Italian.**

### Additional Dressing \$0.50 Appetizers/Starters

Frito Pie	\$3.75
Nachos	\$3.50
Fried Mozzarella Sticks (6 pc)	\$3.25
Mac n Jap Bites (6 pc)	\$3.25

### Extras

Bacon (2 slices)	\$1.75
Nacho Cheese	\$1.00
Chili	\$1.00
Slice Cheese	\$0.50

### Treats

Ice Cream Bowl	\$2.25
Slushies (12 fl. Oz.)	\$1.50
Candy Bars	\$1.25
Chips	\$0.75
Breakfast Snacks	\$1.25

### Quarter Pound Burgers

Hamburger	\$4.25
Combo (with fries)	\$6.25
Cheeseburger	\$4.50
Combo (with fries)	\$6.50
Double Cheeseburger	\$6.25
Combo (with fries)	\$8.25

*Comes with lettuce, tomato, onions, pickles and your choice of American or Swiss Cheese*

### Other Sandwiches

Country Fried Steak Sandwich (with fries)	\$5.25
Philly Cheesesteak (with fries)	\$7.25
Polish (with fries)	\$6.50
Hot Ham & Cheese Combo (with fries)	\$8.50
Grilled Cheese Combo (with fries)	\$5.50
Cold Cut (Ham, Turkey) Combo (with fries)	\$4.25
	\$6.25
	\$2.50
	\$4.50
	\$6.50
	\$8.50

*6 slices of meat, 2 strips of bacon, lettuce, tomato and cheese.*

**Don't forget about making any sandwich a wrap. It is the same as the menu price!**

### Sides

Seasoned Potato Wedges (JoJo's)	\$2.25
Steak Fries	\$2.25
Tater Tots	\$2.25
Fried Okra	\$2.25
Corn Nuggets	\$2.50
Onion Rings	\$2.50

### Chicken

Chicken Strips (3)	\$5.85
Combo (with fries)	\$7.85
Crispy Chicken Sandwich	\$5.25
Combo (with fries)	\$7.25

*Comes with 1 dipping sauce per order, Buffalo, Ranch, Honey Mustard, or BBQ*  
**Extra sauce is \$0.50 each**

### Bottled Drinks

Lemonade/Arizona Teas	\$1.60
Propel Water	\$1.60
Can Sodas	\$1.50
Monsters	\$3.25
Juices	\$2.00

### Fountain Drinks

<i>Including Cool Breeze's daily fresh brewed sweet and unsweet tea</i>	
20 fl. Oz. Cup	\$2.00
32 fl. Oz. Cup	\$3.00

<u>Cup of Ice</u>	20 oz	\$0.50
	32 oz	\$0.75



Bacon Cheeseburger

**Check out our Breakfast menu**

**\* Ask about our DAILY specials \***

# From a rifle to a Bible:

## Jackson is new JMC chaplain

By Matthew Wheaton  
Joint Munitions Command  
Public and Congressional  
Affairs

Simon Jackson wants to build relationships with people and earn their trust. Doing those things is vital in the role he holds with the Army.

Jackson is a Chaplain, and his latest assignment is with the Joint Munitions Command, headquartered at the Rock Island Arsenal.

"You must be called to do this, because this job is hard. It's not just preaching on Sundays," Jackson said of being a Chaplain. "There are some highlights, but it's also just being with people navigating the highs and lows of life. You are there for births, weddings, baptisms, but you're also there for the deaths, the times they're in the hospital, and those sorts of things.

"It's a calling, and if it weren't for that calling, I would have left this job a long



**JMC Chaplain  
Capt. Simon Jackson**

time ago, because it can be difficult," added Jackson. "It means time away from your family. In the past five years, I've spent over a year and a half away from my family."

Jackson began his Army career as an infantry officer. However, God came calling along the way.

"I was playing the drums at church one Sunday my senior year of college, and God said, 'go to seminary,'" Jackson said. "It wasn't audibly,

but it was plain as day. I felt an overwhelming sense that I was supposed to go to seminary."

Jackson contemplated his next move. Once he graduated with a bachelor's degree in interpersonal and organizational communication from Morehead State University in Kentucky in 2009, Jackson switched his active-duty ROTC scholarship to the Indiana Army National Guard.

The move provided Jackson, a Shelbyville, Ind., native, the opportunity to continue his education and to do so, he transitioned to the Texas National Guard. In 2013, Jackson received his Master of Divinity with an emphasis in Biblical counseling from Southwestern Baptist Theological Seminary in Fort Worth, Texas.

Jackson served as a platoon leader, executive officer, assistant S-3, company commander, and battalion S-3 before commissioning as a Chaplain in the Texas National Guard in

2014. Jackson is endorsed by the Southern Baptist Convention and entered active duty as a Chaplain at Fort Bliss, Texas, in July 2016.

"The path to the chaplaincy is a difficult one," Jackson said. "You must possess a bachelor's degree, a Master of Divinity, and you must pastor at a church for a minimum of two years before you can be an active-duty Chaplain.

"It's at least nine years of educational and professional requirements before you're eligible to be a Chaplain," added Jackson, who served as a pastor at a church in Colorado Springs, Colo. While doing so, he flew to Texas to fulfill his National Guard duties. "When you're a Civilian pastor, you see people for years — from the cradle to the grave. In the military, you have moments to make an impact in their life."

Jackson states that he's like anyone else who seeks religious guidance.

"All of the stresses of life I experience, too," Jackson said. "One of the things that is often a barrier to trust is people see the Chaplain as this perfect individual and that's not the case. Everybody has problems. I am navigating this life just like everybody else. I'm just a regular person."

And what one tells Jackson remains with him.

"People don't have to navigate their problems alone. I'm here to help. I care," Jackson said. "I'm not a mandatory reporter, and I don't tell the command the things that are talked about in counseling."

*To learn more about Army Chaplains, visit <https://www.goarmy.com/careers-and-jobs/specialty-careers/chaplain.html>.*



Photo above, Eric Petty, project manager, and Matt Ford, Supervisory Equipment Specialist, photo right, both with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations received their 20 years of service certificates from CB Director John Burkhead in April. U.S. ARMY PHOTOS

**20  
Years of  
Service**



**~ Arkansas Women – 40 and Over ~  
Have you had your mammogram this year???**



The UAMS Mobile MammoVan will provide on-site screening mammograms at the Pine Bluff Arsenal. This service is provided by the University of Arkansas for Medical Sciences. If you do not have insurance, there are assistance programs available. Please call to inquire on how we can help cover the cost.

**Who:** Women age 40 and over that are due for a mammogram.

**Date:** June 20<sup>th</sup> 2024

**Time:** 8:00 am

**Location:** Plainview Administrative Complex  
17-120 Dayton Road  
White Hall, AR 71602

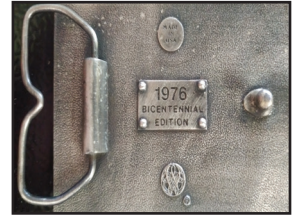
**Contact:** UAMS Mobile Mammography  
1-800-259-8794

*\*Mammograms are by appointment only. Please call our office to schedule.*

*\*Before your appointment you may receive an estimate of cost/no surprise letter in the mail. Please bring your insurance and it will be filed as usual, this is not a bill \**

**UAMS**  
WINTHROP P. ROCKEFELLER  
CANCER INSTITUTE  
UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES

# Family Tradition



Radford Army Ammunition Plant has been a fixture for many years in the New River Valley, Radford, Va. RFAAP has operated under three contractors: Hercules (1940-1995), Alliant Tech Systems-ATK (1995-2012) and BAE Systems (2012-now). John Opincar, left, a RFAAP Law Enforcement Officer, recently donated a 1976 Hercules bicentennial edition belt buckle (photo above) to the RFAAP museum. The buckle belonged to Opincar's grandfather, Chester Wright (pictured right). Wright served in the Army. Once he left military service, he began a career as a guard at Radford from 1973-1994. Opincar, like his grandfather, also served as a guard, prior to his current position at the plant. Radford Army Ammunition Plant has provided employment to generations of families in the area. U.S. ARMY PHOTOS BY RFAAP

## Thriving Families Lunch & Learn Series

Workshops starting June 2024  
From 11am - 12pm CST

These evidence-based family enrichment workshops are designed to strengthen couples and parents as they navigate the complexities of work and family life balance with resilience.

**June 5**  
Technoference

**October 16**  
Five Love Languages

**July 3**  
Cooperative Parenting:  
Controlling the Controllables

**October 30**  
The Art of Managing  
Anger Well

**August 7**  
Creating Healthy Connections

**November 6**  
ScreamFree Parenting

**September 4**  
In recognition of Attention Deficit  
Hyperactivity Disorder (ADHD) Month

**December 4**  
Elephants, Couples, and Finance

**October 2**  
Building Healthy Relationships

**Free**

**MS Teams**

<https://tinyurl.com/ystb54b8>

Open to the Redstone  
Arsenal Community



256-842-8706

## Thriving Families Lunch & Learn Series

MS Teams

<https://tinyurl.com/ystb54b8>

Family Advocacy Program Manager, Tim Rolfe, LICSW, PIP (Instructor)  
with special guest speakers

**June 5, Technoference** In this day and age couples and families are becoming increasingly impacted, and sometimes even distracted, by the overuse of technology. This course is designed to take a deep dive into our use of technology and how time spent doing so can have major implications on relationship satisfaction. (Guest Speaker: Carolyn White)

**July 3, Cooperative Parenting: Controlling the Controllables** Regardless of your relationship status, parents are most effective when working as a team. This workshop will explore the complexities of parenting as a couple, single-parent homes, blended family scenarios, and reveal effective strategies to improve co-parenting while maintaining a unified front.

**August 7, Creating Healthy Connections** Similar to the role "honor" plays in the life of a Service Member, it also has a very important role within our interpersonal relationships. This course will review the five-step process to healthier relationships, the benefits of romantic giving, how deeply held personal values can impact the relationship, and how to avoid common traps that serve as relationship killers.

**September 4, In recognition of Attention Deficit Hyperactivity Disorder (ADHD) Month**, the Family Advocacy Program will join forces with the Exceptional Family Member Program to provide a workshop focusing on the signs, symptoms, and effective interventions to better manage ADHD.

**October 2, Building Healthy Relationships** A Solution Focused Approach to Couples Enrichment - This course will focus on developing effective skills to enhance your relationship with proven solution-focused strategies; avoiding the blame game, challenging unrealistic expectations, and exploring bonds that serve as motivation to keep families healthy and intact.

**October 16, Five Love Languages** Have you ever wondered why your partner is not responding the way you had hoped after trying to communicate love in a deep and meaningful way? This course will review the revolutionary approach to keeping love and marriage healthy and strong. Understanding your partner's primary and secondary love languages will provide the pathway to communicating love most effectively and will improve our ability to "hit the mark" every time!

**October 30, The Art of Managing Anger Well** This class will explore the many triggers that commonly cause anger to result in counterproductive behaviors and discuss effective solution-focused strategies to becoming more aware of emotional reactivity. (Guest Speaker: Breanna Burgess, Victim Advocate)

**November 6, ScreamFree Parenting** Learn the importance of recognizing your emotional reactions within your parental roles, explore steps to creating an authentic relationship of encouragement and inspiration with your children, and consider how keeping your "cool" can have major positive impacts. (Guest Speaker: Rochelle Grierson, New Parent Support Home Visitor)

**December 4, Elephants, Couples, and Finance** There's an elephant in the room and his name is Finance. This workshop will provide helpful tips and guidance on addressing financial decisions as a couple. We'll expose the elephant together by uncovering 1) effective communication strategies; 2) reasonable and obtainable goals from a team approach; and 3) why we think, feel, and behave with money the way we do. (Guest Speaker: Olivia Pierce, Financial Readiness Program Manager)

256-842-8706



# DPW Spotlight



Cory Dejarnette, photo left and Tyler Cox , photo right, both Boiler Operators with Pine Bluff Arsenal's Directorate of Public Works open up boilers for an annual boiler inspection. U.S. ARMY PHOTOS BY DPW

## Pine Bluff Chamber Business Expo 2024



Kevin Bradley with Pine Bluff Arsenal's Army Substance Abuse Program/Employee Assistance Program Office and Rachel Selby with the Arsenal's Public Affairs Office greet visitors to the Pine Bluff Arsenal's booth during the 2024 Greater Pine Bluff Chamber of Commerce Business Expo at the Pine Bluff Convention Center May 2. U.S. ARMY PHOTO BY HUGH MORGAN

BE ALL YOU CAN BE.

### ARMY CIVILIAN CORPS CREED

I am an Army Civilian – a member of the Army Team

I am dedicated to our Army, our Soldiers and Civilians

I will always support the mission

I provide stability and continuity during war and peace

I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army

I live the Army values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage

I am an Army Civilian

## Certificates of Achievement



Steven Gray, Derek Hagood, Justin Gross, Lori Stacks, Colton Lechak, Hunter Newton, William Harvey and Quincy Pierce received Certificates of Achievement for service in supporting the planning, preparation and successful execution of Pine Bluff Arsenal's AMC Surety Management Review, which was conducted April 1-4. Their technical expertise, detailed preparation and rapid response to inspector questions and issues directly impacted the Arsenal's readiness and enhanced the installation's reputation with AMC and HQDA staff elements. Certificates were presented by Arsenal Commander Col. Collin K. Keenan and Deputy to the Commander Roch Byrne. U.S. ARMY PHOTO BY HUGH MORGAN



Kevin Atnip, Shelia Bishop, Thomas Duncan, Scott Ellington, Anthony Gray, Javier Holst, Quatoria Jackson, Steven Jones, Jr., Darrell Lainhart, Damien Nelson, Roderick Rembert, Brandon Robinson, David Salisbury, Stanley Taylor and Keela Wood received Certificates of Achievement for their service in support the planning, preparation and successful execution of Pine Bluff Arsenal's Standar Deport Operations audit conducted Feb. 5-8, and the recent KPMG audit conducted Feb. 26-29. Their technical expertise, detailed preparation and rapid response to inspector questions and issues directly impacted the Arsenal's readiness and system accountability, and enhanced the installation's reputation with Joint Munitions Command, Army Materiel Command and HQDA staff elements. Arsenal Commander Col. Collin K. Keenan presented the certificates. U.S. ARMY PHOTO BY HUGH MORGAN

The Pine Bluff Arsenal Fire Department hosted a National Child Passenger Safety Technician course with participants from Arkansas and Texas. The three-day course was taught by Arkansas Children's Hospital in Little Rock. This course will allow the fire department to continue to complete car seat checks for Arsenal Families and the surrounding communities. The course trains technicians how to choose and install the safest car seat for a child, but more importantly, educates parents on the best practices and how to install their child's seat. The fire department also inspected (two photos right) the car seats for damage, wear, and recalls. The course was held at PBA's Creasy Auditorium, and a public car seat check event was held at the White Hall Community Center. U.S. ARMY PHOTOS BY HUGH MORGAN

## Tabletop Exercise



The City of White Hall, in conjunction with the Department of Defense, and Matrix Design Group, hosted a tabletop exercise April 24 at the White Hall Community Center, as part of an ongoing Military Installation Resiliency Review in support of Pine Bluff Arsenal. The Military Installation Resiliency Review objective was to access the climate-related threats to the resilience of the Arsenal and develop recommendations to mitigate and enhance the community's response and recovery in support of the installation. The exercise included multiple climate event scenarios to test communication and response processes between PBA and the community to consider impacts to mission readiness. Several members of the Arsenal's Workforce participated in the exercise, adding their expertise to the scenarios. Photo above, Pine Bluff Arsenal Commander Col. Collin K. Keenan speaks during the table top exercise hotwash. U.S. ARMY PHOTO BY HUGH MORGAN



# VFW Day of Service



Pine Bluff Arsenal Commander Col. Collin K. Keenan spoke at the Post 4455 Veterans of Foreign Wars Annual Day of Service May 4 at the Post Headquarters in Pine Bluff. This is the second year Col. Keenan has spoke at the event. The Arsenal's Army Substance Abuse Program/Employee Assistance Program Office and Army Community Service/Army Emergency Relief also participated in the day-long event dedicated to providing information and services to area Veterans. U.S. ARMY PHOTO BY HUGH MORGAN



Matt Alberts, right, is sworn in by Radford Army Ammunition Plant Commander Lt. Col. Adrien G. Humphreys. Alberts, an Environmental Protection Specialist, joined the Radford Army Staff April 8. U.S. ARMY PHOTO BY RFAAP

## WE CAN CHANGE THE CULTURE TOGETHER

**Speak Up If You Witness Harmful Behavior**

**This Is Our Army.**  
Safe Helpline: 877-995-5247






## TURN DOWN THE HEAT!

1. Take it easy with outdoor activities in the heat.
2. Many heat injuries are preventable.
3. Stay hydrated and use sunscreen.
4. Proper clothing is important.
5. Monitor the wet bulb globe temperature, and your daily workload/heat exposure.
6. Recognize symptoms of heat injury and know what to do.



U.S. ARMY



<https://safety.army.mil>





## SPRING INTO SUMMER WITHOUT MISHAPS!

CHECK OUT THE USA3C ON SOCIAL MEDIA






**60%** of adults reported being sunburnt in the past year.

**1oz** of sunscreen should be applied to your entire body. That's enough to fill a shot glass. Reapply the same amount every 2 hours.

The sun's rays are their strongest from **10AM-4PM**. Limit your time in the sun during these hours.

Sunscreen expires within **2-3 years** but your bottle shouldn't last for that long. A family of 4 should use an entire bottle of sunscreen during a long weekend.

**30 mins** is the average time it takes for sunscreen to soak into skin and work effectively.

You still need sunscreen on a cloudy day. **80%** of the sun's rays can pass through clouds and fog.

Only broad-spectrum **15+** sunscreens of SPF can protect skin from UVA & UVB rays.

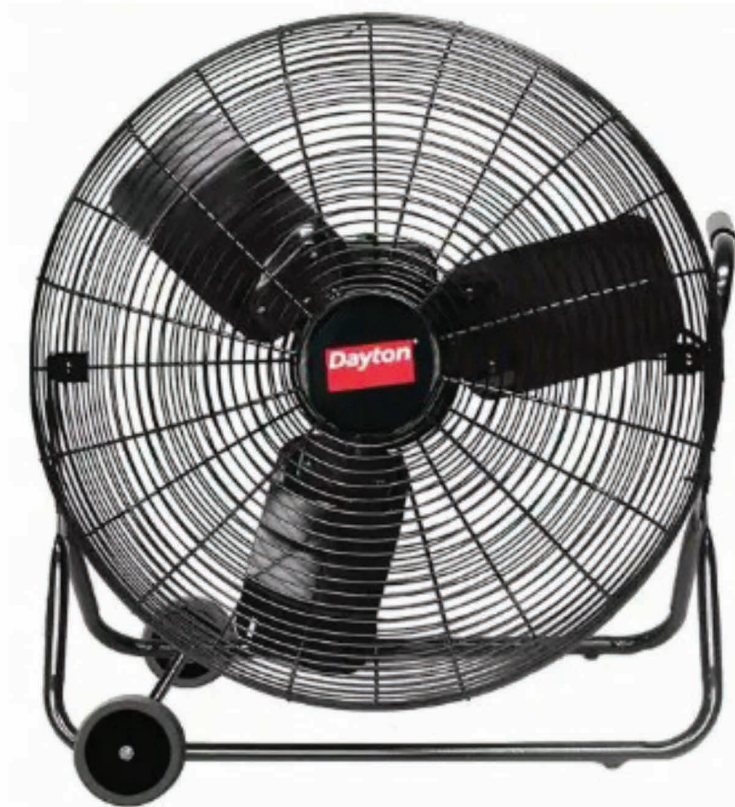
SPF 15 blocks out 93% of UVB rays, while SPF 30 blocks out **97%**.

It only takes **10 mins** for a baby's skin to burn, but sunscreen isn't safe for infants under 6 months. Keep babies out of the sun!

Sunscreen is only **1 level** of defense. Add wide-brimmed hats, protective clothing and sunglasses for more coverage.

The risk of melanoma is **75%** higher for those who used tanning beds before the age of 35.

Water-resistant sunscreen isn't water-resistant forever. You need to reapply after only **80 mins** in the water.



Don't Wait!  
Prepare for **warmer** days!



The **GSA** Store has  
the supplies you  
need.

Stop by 23-330 or  
call 540-3416 for a