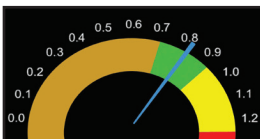




SHARP
SEXUAL HARASSMENT/ABUSAL RESPONSE & PREVENTION
Pine Bluff Arsenal
24/7 SHARP Hotline
870-209-4093

PBA Safety Glance



Safety Element for fiscal year 2025
Lost Day Case Rate: 0.84
Award Goal: 0.95

*Lost time injuries for fiscal year 2025 are four. There is one lost time injury for August 2025.

*Recordable injuries for fiscal year 2025 are 12. Recordable injuries is one for August 2025.

*Pine Bluff Arsenal days without a lost time injury is 41.

*Pine Bluff Arsenal days without a recordable injury is 41.

*Estimated hours worked without a lost time injury: 128,237.



Congressional staffers visit PBA



Photos left and below left, Don Scifres and Allen Huff with Pine Bluff Arsenal's Directorate of Ammunition Operations, conduct a tour of the Arsenal's M18 smoke grenade fill production line. JMC Commanding General Brig. Gen. Daniel J. Duncan and PBA Commander Col. Matthew C. Mason, both far right, listen during the tour.

More photos from visit on Page 3



Pine Bluff Arsenal hosted a staff visit from Arkansas Senator John Boozman's (R-AR) office August 12. Members of the staff delegation included Senior Defense and Veterans Affairs Advisor Joshua Leach, Amanda Osborne, Connor Henson, Brian "Ro" Rohauer, and Katrina Butler, USAF Legislative Liaison Escort. Commanding General Brig. Gen. Daniel J. Duncan, Joint Munitions Command, and 1st Lt. Jonathon (Jon) Harbert, JMC Aide De Camp; Maj. Jack Hughes, Army Congressional Budget Liaison; Ryan Bridge, Joe Pelino, John Troup and Ray Colon, all with the Joint Program Executive Office-Armaments and Ammunition (JPEO A&A) were also in attendance during the visit. U.S. ARMY PHOTOS BY HUGH MORGAN



JMC Aide De Camp 1st Lt. Jonathon (Jon) Harbert observes the pack out of M18 grenades during a tour Aug. 12.

Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Column

Pine Bluff Arsenal - Preparing for the Future

PBA Team,

Last month, we launched “Arsenal Ready” – a commitment to agility, resilience, and unwavering support for our Warfighters. Now, we’re actively preparing for the future, understanding that change is constant in today’s dynamic environment.

We’re demonstrating to the Army – and the nation – that Pine Bluff Arsenal is prepared to adapt, contribute, and lead as requirements evolve. The energy and engagement over the last two months have been fantastic! We’ve been actively showcasing PBA’s value, and the response has been overwhelmingly positive.

Just look at the recent engagements: Senator Boozman’s office, Program Managers from Close Combat Systems (CCS) and Combat Ammunitions Systems (CAS), the JMC Commander, and the Mayor of White Hall all visited Aug. 12, to discuss our current capabilities and potential future contributions.

Two days later, I had productive discussions with Arkansas Governor Sarah Sanders and her cabinet – exploring opportunities for collaboration and expansion that could benefit PBA, Arkansas and our Nation. Six days later, on Aug. 18, we hosted an Analysis Group from Army Materiel Command for a comprehensive installation tour and in-depth briefings.

Our message to everyone – specifically, AMC – was clear: Pine Bluff Arsenal is a dedicated, capable organization, committed to supporting the Warfighter and ready to adapt and grow with evolving requirements – should the opportunity arise. This consistent message of readiness and adaptability is crucial as we navigate the ongoing AMC study and Army decision making process.

Why Change Matters – For PBA

AMC’s 90-day OIB study – encompassing the entire enterprise – is a significant undertaking. The study has four focus areas: future Capabilities; Efficiency and Effectiveness; Industry Partnerships; and Streamlined Processes.

Pine Bluff Arsenal is proactively preparing for the future by demonstrating our value, embracing adaptability, and developing a Strategic Vision for future success. This message outlines our current efforts and emphasizes the importance of collective action in navigating this period of change.



From left, Pine Bluff Arsenal Public Affairs Officer Cheryl Avery, Arsenal Commander Col. Matthew C. Mason, Arkansas Governor Sarah Sanders, Arsenal Director of Business Operations and Planning Justin Lieber, Arsenal Director of Resource Management/Acting Deputy to the Commander Danielle Graves and Robert “Gator” Ator, State Secretary for Veterans Affairs, pose for a photo Aug. 13. U.S. ARMY PHOTO SUBMITTED

The study’s outcome will shape the future of the Organic Industrial Base, and we have a vital role to play in the conversation.

We’re proactively demonstrating PBA’s value and advocating for our continued relevance, regardless of the final recommendations and decisions. As AMC and the Army changes, PBA must change as well. Change isn’t just about responding to external pressures; it’s about continuously improving our ability to support the Warfighter and positioning ourselves for future success.

This means challenging the status quo, embracing new technologies, and cultivating a culture where continuous learning is valued. The “Arsenal of Yesterday” laid a strong foundation, but the “Arsenal of Tomorrow” must be adaptable, innovative, and prepared to meet the challenges and opportunities ahead.

As we look to the future, it’s important to acknowledge the potential for adjustments while simultaneously focusing on the opportunities ahead. I recognize the study may lead

to adjustments in our workload, and we are proactively preparing to address any challenges and/or opportunities that may arise.

Therefore, while acknowledging potential adjustments, it’s crucial to recognize change also presents significant opportunities for PBA. It’s important to keep in mind change offers significant potential.

Some of those potential areas are:

- Expanded capabilities: Developing new skills and expertise to enhance our ability to support evolving Warfighter needs.
- Improved efficiency: Streamlining processes, reducing costs, and optimizing resource allocation – essential for sustained success.
- Strengthened partnerships: Building stronger relationships with industry and other Army organizations.
- Enhanced innovation: Creating a culture where new ideas are encouraged and implemented, allowing us to adapt and thrive.

Preparing for success: Our shared responsibility

As we continue to navigate the future, we must continue to prepare and put ourselves in a position for success. You may be asking, how do we prepare for change? We prepare by embracing



Col. Matthew C. Mason

ing adaptability, resilience, and working towards having a proactive mindset. Here’s a few ways we can all contribute:

- Invest in your growth: Seek out opportunities to learn new skills and expand your knowledge.
 - Collaborate and innovate: Share your ideas, challenge assumptions, and work together to find creative solutions.
 - Embrace a growth mindset: Believe in your ability to learn and grow and view challenges as opportunities for improvement.
 - Communicate openly: Share your concerns, ask questions, and engage in candid, productive discussions.
- I am committed to transparency and honest dialogue – and I expect the same from each of you. I’m actively seeking input from every member of the PBA Team. Your insights are critical as we navigate this period of change.

What we’re doing, together

Building on “Arsenal Ready,” we’re taking proactive steps. Below are just a few steps the Team and I have been implementing, and continue to seek your support with:

- Reinforcing the “Arsenal Ready” mindset: We’re building a shared understanding of agility, resilience, and proactive problem-solving.
- Cultivating a “Change” mindset: We’re fostering a

culture that embraces dynamic environments and welcomes innovation.

- Forging strategic partnerships: We’re actively exploring collaborations with industry leaders, leveraging their expertise.
- Presenting our value: We’re proactively communicating PBA’s unique capabilities and potential contributions to JMC, AMC, and key stakeholders.

• Developing a PBA Strategic Vision: We are currently crafting a comprehensive Strategic Vision for Pine Bluff Arsenal, outlining our aspirations for modernization and expanded capabilities. This vision is being shared with our senior leaders – JMC, AMC, city, state, and Congressional leaders – to demonstrate our proactive thinking and commitment to the transition and modernization of the OIB. This vision will serve as a roadmap for our future, demonstrating our commitment to long-term success.

Let’s continue to focus on demonstrating our value, adapting to change, and positioning PBA for continued success. I am confident, together, we can navigate this period and emerge stronger than ever. Our collective efforts will be key to shaping a positive outcome.

As I visited some of our PBA production sites last week, I am amazed by the dedication of our Workforce, your commitment to excellence; but most importantly, I can tell all of you are ready and willing to support change for the future of the Arsenal.

Embracing change requires a collective effort. By working together, supporting each other, and maintaining a growth mindset, we can continue to serve our Nation with pride and excellence. I am proud to lead this team. Let’s face the future with determination, resilience, and a commitment to excellence!

“Right Today – Better Tomorrow”

“America’s Arsenal – Arsenal Ready”

Congressional staffers visit PBA



Photo left, Steven Gray with Pine Bluff Arsenal's Directorate of Chemical and Biological Defense Operations, conducts a tour of one of the labs at the Arsenal's Quality Evaluation Facility. PBA Commander Col. Matthew C. Mason, far left, and JMC Commanding General Brig. Gen. Daniel J. Duncan, far right, look on during the tour of the facility.

The group (photo below) toured the laboratory facilities as part of a visit Aug. 12 at the Arsenal.

U.S. ARMY PHOTOS BY HUGH MORGAN

Hails and Farewells

Michael R. Hanner, Firefighter, has retired from the Directorate of Emergency Services. Hanner retires with 27 years of service.

Arsenal Sentinel



Col. Matthew C. Mason, Commander
Roch Byrne, Deputy to the Commander
Cheryl Avery, Public Affairs Officer
Rachel Selby, Sentinel Editor/Social Media
Hugh Morgan, Photographer
Kevin Wilson, Webmaster

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ARSENAL READY:

Adaptive, Resilient, and Strategic

"Empowering the Military to Dominate Tomorrow's Battles"



- A - Accountability:** Upholding responsibility for **QUALITY, SAFETY, and MISSION READINESS.**
- R - Readiness:** Ensuring preparedness to deliver critical materials and support on time.
- S - Sustainment:** Maintaining excellence in production, storage, testing & delivery of critical resources.
- E - Efficiency:** Streamlining operations and adopting innovative technologies to maximize output.
- N - Networks:** Strengthening collaborations across the OIB, industry, military units, and Senior Leaders.
- A - Adaptability:** Embracing change and evolving processes to meet future combat needs.
- L - Leadership:** Driving modernization efforts and setting the standard for excellence in defense logistics.
- R - Resilience:** Building robust systems and infrastructure to sustain operations under any conditions.
- E - Excellence:** Striving for superior quality and innovation in every task.
- A - Agility:** Quickly adapting to shifting demands and operational requirements.
- D - Dedication:** Committing to the mission and exceeding expectations to support modernization goals.
- Y - Yield:** Delivering measurable results that enhance readiness and operational effectiveness.

"America's Arsenal – Arsenal Ready"

**ALWAYS READY.
ALWAYS ALERT.**

BECAUSE SOMEONE IS DEPENDING ON YOU.



ARMY ANTITERRORISM

DES conducts Top Shot competition

By Rachel Selby

Four security officers with Pine Bluff Arsenal's Directorate of Emergency Services participated in a Top Shot Competition July 9 at the installation rifle range near Yellow Lake. The competition had been delayed since June due to bad weather and flooding.

The top shooters from each shift were: Lance Lawhon, Gerald Kennedy, Joseph Rushing and David Racicot. Rushing was the winner of the competition, which was conducted through seven different shooting evolutions.

According to Stephen Moreau, training specialist for DES, officers must qualify semi-annually with their firearms.

"This is the third time we have done a training like this. It came from an idea from DES Security Chief Martin Johnson. This is just a way for us to get an overall top shooter in the directorate," he said. "They score on regular qualifications, as well as variations of those qualifications. I have also added some new things to the competition. Each officer will shoot within the seven different evolutions."

Moreau said the winner is determined by taking the overall score from the different evolutions.

"One of those stations might be just 50 rounds and another might be a shoot or don't shoot/threat or no threat scenario," he said. "Other parts include failure drills and precision shots."

DES Director Jim Walter said the Top Shot competition and award has been a great addition to the program.

"The competition gives our police and security guards the opportunity to go head-to-head with their skills with the most critical tool they carry," he said. "Although, I have learned during the past couple years, DES has several personnel that shoot very well. Congratulations to Officer Rushing. Job well done!"

Other trainings DES has conducted during the year included a firearms instructor course – which includes classroom training and time on the rifle range.

"Everyone has experience throughout all the DES shifts. This is just taking it down to the basics," said Moreau. "I've been trying to do as much as I can with what we have here on the installation instead of sending folks off post or bringing instructors in due to funding cuts."



Top photo and bottom photo, top shooters from each shift in Pine Bluff Arsenal's Directorate of Emergency Services - Law Enforcement and Security, compete during different scenarios during a Top Shot Competition July 9. The competition was held at the Rifle Range near Yellow Lake on the installation. U.S. ARMY PHOTOS BY RACHEL SELBY

Photo left, Officer Joseph Rushing was presented a certificate for winning the Top Shot Competition by Law Enforcement and Security Chief Martin Johnson. U.S. ARMY PHOTO BY HUGH MORGAN

Other officers who competed were Lance Lawhon, Gerald Kennedy, and David Racicot.

ANTITERRORISM
VIGILANCE
**U.S. ARMY** **BE ALL YOU CAN BE.**
Always Ready. Always Alert.
Because someone is depending on you.


EAP Corner

"We Are Stronger Together. Connect to Protect."

Courtesy of Pine Bluff Arsenal's Army Substance Abuse/Employee Assistance Program Office

September is Suicide Prevention Month. It is a time to raise greater awareness of resources for Soldiers, Army Civilians, and Family members who may need support or want to help someone they know.

The Army's SPM theme for 2025 is "We Are Stronger Together. Connect to Protect." This theme emphasizes the role strong, positive relationships play in countering suicide risk. Connecting with others fosters a sense of belonging, encourages healthy coping methods and creates a support system of people and resources we can rely on when difficulties arise.

"We are stronger together" is a common saying emphasizing the power of unity and cooperation. It stems from the Greek word synergos, which means working together. It is achieved when two or more people or organisms work together to create a better solution than either could alone. It is not your way or my way, but a better way, a higher way.

It suggests when individuals or groups combine their efforts, resources, and support, they can achieve more and overcome challenges more effectively than they could alone. This concept highlights the benefits of teamwork, collaboration, and mutual support in various contexts, including personal relationships, communities, and organizations.

Here's a breakdown of the concept:

- Enhanced capabilities:** When people work together, they can pool their skills, knowledge, and talents, leading to more creative solutions and increased productivity.
- Greater resilience:** A united front provides emotional support, shared responsibility, and a sense of belonging, which can help individuals and groups better cope with adversity and setbacks.
- Increased impact:** Collective action can amplify individual efforts, leading to greater influence and the ability to achieve ambitious goals that might be impossible for one person to accomplish alone.
- Reduced isolation:** Working together fosters a sense of community and shared purpose, combating feelings of isolation and promoting a more positive and supportive environment.

In essence, the phrase "we are stronger together" is a reminder human connection and cooperation are powerful forces that can amplify our individual strengths and enable us to achieve more than we ever could alone (*Gegelman, Chery, 2011*).

We can all help prevent suicide when we all work together, remember we are stronger together. 988 Lifeline provides 24/7 free and confidential support for people in distress. Prevention is the key. Save The Suicide Prevention Lifeline in your phone, 988 Suicide & Crisis Lifeline. This is the number for you to call, if you know someone who is struggling, and you find you need information about how to help. It's also the number to call if you are thinking about suicide yourself.

If you are thinking about suicide, the Employee Assistance Office (ASAP/EAP) staff are here to help. We are within reach. Our office is located at Building 13-040, and our phone number is 870-540-3094. The Care line number is 870-550-2653.

NAME _____
OFF SYM _____

We Are Stronger Together: Connect to Protect

B	R	R	N	Y	U	D	V	C	V	C	P	L	N	D	V	V	J	J	Z	
J	Q	N	R	R	J	S	T	R	U	G	G	L	I	N	G	A	N	T	C	
K	L	Y	E	B	S	Y	M	S	Y	X	G	E	T	S	I	T	M	G	G	
I	F	K	X	F	U	M	T	W	Q	V	L	P	N	S	I	S	I	R	C	
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A	Z	H	R	R	Q	E	N	S	A	I	D	W	L	Z	Y	T	C	Q	N	

**STRONGER
PROTECT
ANXIETY
ISOLATION
STRUGGLING**

**TOGETHER
SUICIDE
THOUGHTS
LIFELINE**

**CONNECT
PREVENTION
MOOD
CRISIS**

Community outreach

Pine Bluff Arsenal Substance Abuse Program and Employee Assistance Program

HOPE PINE BLUFF ARSENAL ARMY SUBSTANCE ABUSE PROGRAM EMPLOYEE ASSISTANCE PROGRAM

OPIOIDS

Alcohol

WHAT IS NICOTINE?

THE DEVICES CAN EXPLODE!

ADDITION & DEPENDENCY

AVOID OPIOIDS

Pine Bluff Arsenal's Army Substance Abuse Program/Employee Assistance Program Office participated in a few events recently providing outreach on substance abuse in the community. The office had booth space (pictured left) during the City of Pine Bluff-Police Department's National Night Out event Aug. 5 at the Pine Bluff Convention Center. Kevin Bradley (photo above) manned booths during both events.

The office also participated in a Community Health Fair Aug. 16 at the Old St. James Family Life Center in Pine Bluff with a booth and information about risks, consequences and prevention strategies related to substance abuse.

U.S. ARMY PHOTOS BY ASAP-EAP

History Note

Editor's note: *Helen Snyder provided this information via Mark Throneberry, both with Pine Bluff Arsenal's Directorate of Public Works. Snyder's dad, Chester Shaw, who is still living, worked for the U.S. Army Corps of Engineers. These are some memories he gathered about the Arkansas River. Enjoy!*

Notes on the Lower Arkansas River:

Memories of
Chester L. Shaw
US Army Corps of Engineers
Little Rock District
1963-2003

Following are a few memories pertaining to the Arkansas River – other than Construction and Operation of the Navigation System.

My early memories of the Arkansas River, 1940's and 1950's, was of a muddy, nasty, salty river.

Muddy River:

The river was usually extremely muddy – The local residence in the Pine Bluff Arkansas area usually referred to the river as being wide and thick. During a high river stage the river might be described as being a mile wide and 40 feet thick.

Rabbit Tracks:

In the early 1950's I was standing on the bank of the river at Pine Bluff during high water and commented on how muddy the river was – an old timer standing nearby commented – it's been muddier than this – why, years back it was so muddy I once saw **Rabbit Tracks** floating down the river".

Filthy River:

In the early 1950's I was a student at the Pine Bluff High School. Pine Bluff and Little Rock Central were rivals and didn't pass up an opportunity to poke at each other. A common saying from Little Rock Central Students during a dry season – "Flush your Toilet—Pine Bluff needs the water".

There were almost no sewage treatment facilities for towns along the river – raw sewage was commonly discharged into the river.

Salty River Water:

The salt content in the river was too high for irrigation use.

No Fishing:

There was no sport fishing on the river. There were a few fish markets – all had signs saying "WHITE RIVER CATFISH".

Improvement:

Development of the McClellan/Kerr Navigation System included sewer treatment facilities for the cities along the river, and salt containment structures for the Salt Plains in Oklahoma. Also, Multipurpose Reservoirs on streams in Oklahoma reduced the silt load in the Arkansas River. So the quality of the river water began to improve.

By the early 1970's navigation on the river was well under way, along with **recreational boating and sport fishing** as a result of the greatly improved quality of the river water.

With the reduction of the salt content, **irrigation** systems can now use Arkansas River water for irrigation, reducing the dependency on wells and rapidly depleting ground water.

Bassmasters Classic Tournament:

A testament of the turnaround of the Arkansas River as I knew it from the 1940's and 50's, was the 1984 Bassmasters Classic Tournament held on the Arkansas River at Pine Bluff Arkansas. During a 3 day tournament, held 16-18 Aug 1984, almost every previous Bassmaster Classic Record was broken. The winner caught 21 Bass (7 fish limit per day) with a total weight of 75.9 pounds which shattered the previous record of 59.15 pounds caught in 1976 at Lake Guntersville in Alabama. Just think - Largemouth Bass in the Arkansas River.

I took part in construction of navigation locks and dams, and Operations and Maintenance of the system, and I consider the Navigation System a success. However, I am mostly impressed by the transformation of the River from a muddy, filthy, salty river prior to completion of the navigation system, to a **Great River** with water quality supporting fisheries, which attract migratory fowl including ducks, terns, pelicans, and cranes. Bald Eagles, once endangered, now nest along the Arkansas River.

I consider it a privilege to have taken a tiny part in the Construction and Operation/Maintenance of the McClellan/Kerr Arkansas River Navigation System.

Chester L. Shaw
1 March 2014

Civil Engineer, Retired
US Army Corps of Engineers
Little Rock District
1963 - 2003



Barriers now guide vehicles through the parking lot near Pine Bluff Arsenal's former Community Club, re-routing traffic from in front of the Arsenal's Fire Department. This change started in July. The change will help prevent near-misses and increase staff safety. U.S. ARMY PHOTO BY HUGH MORGAN

Traffic rerouted in front of Arsenal fire department

From Pine Bluff Arsenal Directorate of Emergency Services

On July 7, crews from Pine Bluff Arsenal's Directorate of Public Works installed concrete barriers to divert traffic from the front of the Arsenal's Fire Department. This measure was taken to enhance the safety of personnel and reduce vehicle-related hazards in the area.

Traffic has been redirected via the adjacent parking lot (former Community Club), rerouting Moyer Drive traffic to Sibert Road.

Redirection plan:

a. Southbound Traffic Mitigation (Moyer Drive):

1. Barriers will be placed across both lanes of Moyer Drive at Lull Drive.
 - o All through traffic will be diverted into the parking lot and exit onto Sibert Road.
2. Clear signage will be posted to guide drivers along the new route.

b. Northbound Traffic Mitigation (Sibert Road):

1. A barrier will be installed across the northbound lane of Moyer Drive at the "Y" intersection with Sibert Road.
2. A "Do Not Enter" sign will be placed on this barrier to prevent northbound Civilian access.

Expected outcomes:

- Through traffic will be eliminated from directly in front of the PBA Fire Department station.
- A safer work environment will be created for PBAFD personnel.
- This measure will help prevent future near-misses and reduce the risk of injury to staff.



Employee of the Quarter



Clay J. Bewley was named Pine Bluff Arsenal's Employee of the 3rd Quarter for fiscal year 2025 recently. Bewley received his certificate in August from PBA Commander Col. Matthew C. Mason. Bewley, who works for the Directorate of Emergency Services, is responsible for maintaining the Arsenal's Integrated Emergency Management Plan and the Emergency Operations Center for readiness. He is the technical lead for all emergency management matters on the installation, and serves as an advisor to the Command Group. Bewley ensures the installation emergency response teams and personnel training is occurring with PBA stakeholders. His dedication, support, job knowledge and individual performance has contributed significantly to the overall success of the Arsenal's mission. U.S. ARMY PHOTO BY HUGH MORGAN

DPW Spotlight



Photo left, Mark Throneberry, Operations and Maintenance Chief with Pine Bluff Arsenal's Directorate of Public Works, helps set up the sound system and stage for Tragikly White, the band who played July 9 on the Arsenal's parade fields, for MWR's Red, White and Boom celebration.

Photo below, Matt Moore, Clayton Smith and Donny Pumpfrey with Pine Bluff Arsenal's Directorate of Public Works, along with Billy Ray Ashcraft, Director of Pine Bluff Arsenal's Morale, Welfare and Recreation, unload the sound system for Tragikly White before the Red, White and Boom celebration.

U.S. ARMY PHOTOS BY DPW



Justin Smallwood and Blake Henson carry speakers to the stage during the band set up on Pine Bluff Arsenal's parade fields July 9, as Billy Ray Ashcraft assists in the set up.

THE 5 STEPS TO Eye Safety

- Step 1** Ensure your eye protection fits well.
- Step 2** Use appropriate guards, screens and other safety devices.
- Step 3** Choose the proper eye protection for the job.
- Step 4** Replace worn or damaged equipment.
- Step 5** Avoid prolonged periods of looking at computer or other screens.

Fighting the bite: Preventing tick bites

Courtesy of Directorate of Risk Management and Regulatory Affairs

Pine Bluff Arsenal's Workforce may encounter wildlife and insects in our daily work intentionally or unintentionally.

The way we interact with creatures could be a positive or negative experience depending on our actions. Unfortunately, some insects end up getting too close, coming home with us on our clothing, boots, and/or skin. Tick bites can be an unwelcome surprise at the end of the day.

Ticks and mosquitoes are both known to carry different diseases. Bite prevention begins with preparation: know-

ing about the location, dressing accordingly, and applying EPA-registered insect repellents early and often.

This is Arkansas, and it is possible just by walking in tall grass, enjoying time at your favorite campsite, fishing or even riding a bike on a recreational trail could lead to a tick bite, especially from April to October.

After coming inside from outdoor work or activity, follow the U.S. Centers for Disease Control guidelines:

- Check your body for ticks after being outdoors.
- Remove the attached tick as soon as possible.
- Take a shower within two hours of coming indoors

to help wash off unattached ticks and to check your body for ticks.

• Tumble dry clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing

Let's "Fight the Bite" and use the preventive measures to prevent tick borne illnesses. Early diagnosis is important for any symptoms at the bite location, swelling rashes, allergic response, and/or fever.

For additional information on tickborne illnesses visit www.cdc.gov/ticks. If you need medical attention regarding a tick bite, please contact the Arsenal's Occupational Health Clinic, and/or your healthcare provider.



PREVENT TICK BITES!

- WEAR REPELLENT
- CHECK FOR TICKS DAILY
- SHOWER SOON AFTER BEING OUTDOORS
- CALL YOUR DOCTOR IF YOU GET A FEVER OR RASH

For more information: www.cdc.gov/ticks

Centers for Disease Control and Prevention
National Center for Emerging and Zoonotic Infectious Disease

DES guidance: County under burn ban

Courtesy of Pine Bluff Arsenal Directorate of Emergency Services

During the current burn ban in Jefferson County, the following activities are prohibited unless otherwise stated:

- Open fires: No campfires, bonfires, or brush burning of any kind.
- Grills:
 - o Charcoal grills – NOT permitted (charcoal can stay hot for hours and reignite).
 - o Propane/natural gas grills – Permitted, provided they are

on non-combustible surfaces and attended at all times.

• Hot work (welding, grinding, cutting, etc.): Requires prior approval and must follow hot work permitting and fire watch requirements.

- Smoking:
 - o Only allowed in designated smoking areas.
 - o Cigarette butts must be fully extinguished and disposed of safely — never tossed on the ground, or out of a POV window.
- Fire pits, chimineas, tiki

torches, candles, and similar devices: Not permitted.

• Fireworks: Strictly prohibited.

General Rule of Thumb:

If it has an open flame or generates sparks/embers that could spread to dry grass or brush, assume it is not allowed under the ban unless specifically listed as an exception.

If you have any questions, please contact PBAFD at 870-540-3507. Thank you in advance for your cooperation.

BURN BAN IN EFFECT

EYES ARE EVERYWHERE IN CYBERSPACE

BE CAREFUL WHAT YOU WRITE ON SOCIAL MEDIA

PRACTICE OPSEC

Cool Breeze—Call 870-540-3777

<u>Salads</u>	<u>Quarter Pound Burgers</u>	<u>Fountain Drinks</u>
Start off with chopped iceberg lettuce or our Spring Mix of baby lettuces. Comes with diced tomatoes, shredded cheese, shredded carrots, diced eggs, bacon bits, diced cucumbers, sliced red onion, and pepperoncini peppers.	Hamburger \$5.00 Combo (with fries and drink) \$9.00 Cheeseburger \$5.25 Combo (with fries and drink) \$9.25 Double Cheeseburger \$7.00 Combo (with fries and drink) \$11.00	Including Cool Breeze's daily fresh brewed sweet and unsweet tea 20 fl. Oz. Cup \$1.50 32 fl. Oz. Cup \$2.00
Side Salad \$3.25 Garden Salad (No Meat) \$5.00 Chef Salad (Ham or Turkey) \$7.00 Chicken Strip Salad (Crispy or Grilled) \$8.50 Philly Steak Salad (Philly Meat) \$9.00	Comes with lettuce, tomato, onions, pickles and your choice of American or Swiss Cheese <u>Other Sandwiches</u> Country Fried Steak Sandwich \$6.50 Combo (with fries and drink) \$10.00 Philly Cheesesteak \$7.50 Combo (with fries and drink) \$11.50 Polish \$3.75 Combo (with fries and drink) \$7.75 Hot Ham & Cheese \$4.50 Combo (with fries and drink) \$8.50 Grilled Cheese \$2.50 Combo (with fries and drink) \$6.00 Cold Cut (Ham, Turkey) \$6.50 Combo (with fries and drink) \$10.50 6 slices of meat, 2 strips of bacon, lettuce, tomato and cheese on toasted bread.	<u>Appetizers/Starters</u> Fried Mozzarella Sticks (6) \$3.75 Pickle Fries \$3.75 Nachos \$3.50 <u>Extras</u> Bacon (2 slices) \$2.00 Nacho Cheese \$1.00 Slice Cheese \$0.50 <u>Treats</u> Ice Cream Bowl \$2.25 Breezy Blasts \$4.00 (Includes candy bar and syrup) Candy Bars \$2.00 Chips \$1.00 Honey Buns \$2.00
All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, Balsamic Vinaigrette, or Lite Italian. <u>Additional Dressing</u> \$0.50 <u>Chicken</u> Chicken Strips (3) \$5.75 Combo (with fries and drink) \$9.75 Crispy Chicken Sandwich \$5.25 Combo (with fries and drink) \$9.25 Comes with 1 dipping sauce per order, Buffalo, Ranch, Honey Mustard, or BBQ Extra sauce is \$0.50 each	<u>Sides</u> Seasoned Potato Wedges (JoJo's) \$2.25 Steak Fries \$2.25 Tater Tots \$2.25 Fried Okra \$2.25 Corn Nuggets \$2.25 Onion Rings \$2.25	 Bacon Cheeseburger
* Ask about our DAILY specials	Turn Any Sandwich into a Wrap	