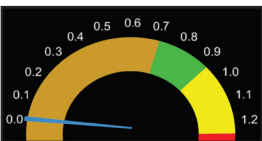




**Pine Bluff
Arsenal
24/7 SHARP
Hotline
870-209-4093**

PBA Safety Glance



**Safety Element for
fiscal year 2025
Lost Day Case Rate: 0.00
Award Goal: 0.95**

***Lost time injuries for fiscal year 2025 is zero. There is zero one time injuries for November 2024.**

***Recordable injuries for fiscal year 2025 is one. Recordable injuries is zero for November 2024.**

***Pine Bluff Arsenal days without a lost time injury is 187.**

***Pine Bluff Arsenal days without a recordable injury is 47.**

***Estimated hours worked without a lost time injury: 562,327.**



2024 JROTC Raider Competition Schools participate for 4th year at PBA

By Rachel Selby

White Hall High School JROTC hosted a Raider Competition Nov. 16 at Pine Bluff Arsenal. This is the fourth year the event has been held on the installation. Fifteen schools were signed up to participate, according to Cadet Maj. Niyah Hutchinson. Hutchinson is a junior at White Hall High School.

Schools participating in the event were Arkadelphia, Brookland, Catholic, Conway, Harrisburg, Jacksonville, Lake Hamilton, Lonoke, North Little Rock, Russellville, Sheridan, Van Buren, Watson Chapel, Warren and White Hall.

Lt. Col. Nicolai (Nic) Birch, professor of Military Science at the University of Arkansas, was present during the opening and closing ceremonies.

He was standing in for Pine Bluff Arsenal Commander Col. Collin K. Keenan, who was unable to be at the event. The competitions kicked off and ended with the sounding of a cannon during both ceremonies. White Hall High School's Color Guard posted the colors during the opening ceremony held in front of the Arsenal's headquarters building.

Competition events, which were held on the Arsenal's parade field during the day included a Team Run, Covert mission, crab walk, burpees, deadlift, log sit-ups, ball sit-ups, duck walk, litter carry,



The White Hall High School Color Guard posts the colors during the Opening ceremony of the JROTC Raider Competition Nov. 16 at Pine Bluff Arsenal. Color guard members are Cadet Capt. Abigail Herren, Cadet Sgt. 1st Class Mason McDonel, Cadet 1st Lt. Sarah Gwin and Cadet Pvt. Lucy Kadlubar. U.S. ARMY PHOTO BY HUGH MORGAN

wheelbarrow, manual carry, planks, pull-ups, rope bridge, Orienteering, tire flip/jumps and pull/drag, weighted carry, weighted pull-ups, a Humvee push, etc. Teams, which are both men and women, consist of four individuals with an alternate.

"Honestly, we start planning the day after the last competition when you are trying to put something as big as this together," said Hutchinson, who is the S3 for White Hall JROTC. The S3s role involves planning, training and operations. "We take all the pros and cons from the last competition and start improving our processes. We do

See JROTC Page 7

FY24 business results shared

By Rachel Selby

Pine Bluff Arsenal Commander Col. Collin K. Keenan and Deputy to the Commander Roch Byrne recently shared the Arsenal's fiscal year business results and group award outcome with the installation.

"We are proud to announce in fiscal year 2024, we earned a solid B for Direct Labor Hour results and execution," said Byrne in a post-wide email.

The direct labor hours for this year's plan were projected at approximately 364.8k. Actual results were 329.5k. PBA's performance to plan was 90 percent. Fiscal year 2023's performance to plan was 86 percent.

"This is a testament to the dedication and hard work each of you put in," said Byrne. "While we executed less Direct Labor

See RESULTS Page 3

Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Column

A Bright Future for America

Our Volunteer Force

On Sunday, November 3, I had the distinct honor of administering the Oath of Enlistment to several future Soldiers at Martinsville Speedway in Virginia prior to the NASCAR Xfinity 500 Playoff Race. United States Army Recruiting Command provided one of its largest national display trailers to highlight many of the exciting opportunities available to those who join America's all-volunteer force. The theme of the weekend emphasized military service and people, the strength of the United States Army.



Col. Collin K. Keenan

lives and careers.

The parking lots were packed with die hard race fans participating in pre-race music, driver interviews, retail shopping, and eating/drinking at food concession booths. The estimated 60,000+ fans in attendance relished under fabulous weather conditions. Bright sunny skies and a daytime high in the mid 60's provided conditions ripe for big smiles, loud cheers, and positive vibes throughout the raceway.

At approximately 11:40 am the NASCAR Experience Team handed me a professional microphone and I proceeded up the stairs to the brightly lit pre-race stage filled with a huge digital backdrop used for projecting the Oath of Enlistment to the estimated 1,500 fans gathered in the paddock area. I proceeded to thank the fans in attendance and wove in a few comments highlighting my favorite drivers and passion for auto racing.

I personally engaged with many proud parents, family members, and close friends who traveled to the track to support their loved ones prior to reciting the oath. I couldn't help but swell with joy as I conversed with 12 dedicated recruiters who were on site to facilitate the ceremony and other recruiting efforts. Each of the recruiting Non-Commissioned Officers (NCOs) with the Military Occupational Specialty (MOS) of 79R, recruit qualified personnel for entry into the Army in accordance with applicable regulations, supervise recruiting operations, and personally recruit at designated support activities.

The crowd cheered loudly once I mentioned the drivers' names and I requested the same level of applause for the brave heroes joining America's all-volunteer force. The stage vibrated with cheers as the future Soldiers took their place on the stage. I introduced each enlistee by rank,

name, hometown and MOS job title. The future Soldiers stood firmly at the position of attention and repeated the words as I administered the following oath:

I, (state your full name), do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God.

The oath is very similar to the Oath of Service, which all DA Civilian employees recite upon being hired as valued team members at Pine Bluff Arsenal:

I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office on which I am about to enter. So help me God.

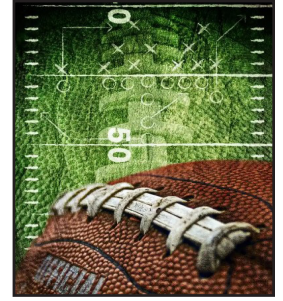
The oath reminds us we are
See OATH Page 3



Pine Bluff Arsenal Commander Col. Collin K. Keenan, middle, issues the Oath of Enlistment to future Soldiers during an Army Recruiting Command event in Martinsville, Va. U.S. More photos from event on Page 6. U.S. ARMY PHOTO BY CHERYL AVERY

Colonel's Picks

November's winner is ...
Tina Cranford



Online Conduct

Think.Type.Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life.

Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct - wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold ourselves and others accountable.

Trustworthy Army Professionals do not tolerate double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post."

"Think" about what message/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever online - "Think, Type, Post."

Arsenal Sentinel



Col. Collin K. Keenan, Commander
Roch Byrne, Deputy to the Commander
Cheryl Avery, Public Affairs Officer
Rachel Selby, Sentinel Editor/Social Media
Hugh Morgan, Photographer
Kevin Wilson, Webmaster

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Colonel's Picks

Dec. 9



Cincinnati
Bengals
Score:

VS



Dallas
Cowboys
Score:

Dec. 12



LA
Rams
Score:

VS



San Francisco
49ers
Score:

Dec. 15



Green Bay
Packers
Score:

VS



Seattle
Seahawks
Score:

Dec. 22



Arizona
Cardinals
Score:

VS



Carolina
Panthers
Score:

Dec. 25

TIEBREAKER



Kansas City
Chiefs
Score:

VS



Pittsburgh
Steelers
Score:

*Pick the winner of each game. Circle your pick.

*Put final scores for each team for each game. **Put your name/email and contact number on the sheet!**

*Submit your winners by **Dec. 5 by 4 p.m.** to the Commander's Office in Bldg. 10-020. There will be a box for you to place your sheets. Or email your sheet to April Harris (april.m.harris41.civ@army.mil) or Tina Cranford (tina.p.cranford.civ@army.mil).

*Tie breaker –

Score of Chiefs and Steelers game - Dec. 25

Winner will be printed in the January Arsenal Sentinel on Jan. 30.

Hails and Farewells

Hails

Jackson T. Rotton, Firefighter (Hazardous Materials Operations), has joined the Directorate of Emergency Services.

Nicholaus P. Brannan, Firefighter, has joined the Directorate of Emergency Services.

Jazmine C. Pierce, Security Guard, has joined the Directorate of Emergency Services.

David J. Racicot, Security Guard, has joined the Directorate of Emergency Services.

Eddie N. Tackett, Chemical Equipment Repairer, has joined the Directorate of Chemical and Biological Defense Operations.

Jolita R. Walters, Administrative Support Assistant, has joined the Directorate of Engineering and Technology.

Stephen P. Hill, Engineering Equipment Operator, has joined the Directorate of Public Works.

Retirement

Ronald L. Davis, Industrial Worker, has retired from the Directorate of Ammunition Operations.



Years
of
Service



Pine Bluff Arsenal Commander Col. Collin K. Keenan presents Years of Service certificates to Stanley Taylor, top photo, for 45 years of service, and Welton Boyce, bottom photo, for 40 years of service. U.S. ARMY PHOTOS BY HUGH MORGAN

RESULTS from Page 1

Hours than FY 2023, our performance to plan was up four percent from last fiscal year."

Safety as well as productivity are two of the measurements used for the Group Award every fiscal year. PBA performed exceptionally well in the safety arena, according to the email.

"For safety, we exceeded expectation and secured the highest payout range with a lost day accident rate of just 0.37," said Byrne. "This is a huge accomplishment and reflects our dedication to the values we hold dear, and our safety-first mindset we all work to maintain."

Keenan said PBA must continue its safety efforts into the next fiscal year. "I have been tasked to brief the other JMC commanders in December on our process safety management," he said. "Our top value is safety and we must continue to be vigilant in conducting our operations and having a safety mindset."

Byrne closed out the email thanking the entire PBA Workforce for their teamwork in Fiscal Year 2024. "Your efforts are truly appreciated. We are excited to move into Fiscal Year 2025 with the same commitment to safety, excellence and success," he said. "Let's make it another great year."

OATH from Page 2

members of a higher calling. We remain committed to our nation's defense and are guided by the Army Values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity and Personal Courage (LDRSHIP). Additionally at PBA, we live the values of Safety, Teamwork, Integrity, and Respect (STIR).

As the Future Soldiers departed the stage, I proudly raised my arm in the air and loudly chanted "USA, USA, USA" in unison with the 1,500 fans in attendance. We should never lose sight of the fact that being a member of Team Army is high honor.

Our entire Workforce, consisting of Soldiers, DA Civilians, and Family Members, represents the strength of this Nation. It's an honor to serve as your commander and I wanted to again thank all our DoD veterans during the month of November when we highlight Veterans Day! Lastly, please reach out to your local military recruiting office if you know a great candidate for military service. You may be the one who positively influences the start of a highly successful military career!

Be All You Can Be
41st PBA Commander



Veterans Day 2024

Keenan speaks at White Hall Veteran's Day ceremony

By Rachel Selby

Pine Bluff Arsenal Commander Col. Collin K. Keenan delivered the keynote remarks during the White Hall Veterans Day program Nov. 11 at the White Hall Historical Museum.

The event kicked off with a ride-in by the Jefferson County Motorcycle Riders, posting of the colors by the White Hall High School JROTC Color Guard, singing and recitation of the Star-Spangled Banner and Pledge of Allegiance by Beaver Johnson and Sandy Thompson. The invocation was provided by Wes Woolley from Oakland Heights Missionary Baptist Church.

"I'm thankful for this great nation and these men and women who have sacrificed to protect the freedoms and liberties we have," said Woolley. "I pray today that you bless them. I pray that your protective hand watch over the ones still on active duty. We give you the glory and the praise today."

David Beck, who led the ceremony, said he was always honored to be a part of the event.

"My dad was career Navy, and I was actually born at Pearl Harbor," he said. "It is a pleasure for me to be able to do this, honor my dad and everyone else in my family who has served."

Glen Minor, who retired from the Arsenal in 2010, and is an active member of the White Hall American Legion Post 232, did a recitation of "What is Veteran's Day?"

"Americans tend to forget what Veterans Day is about. It is the Veteran, not the preacher, who has given us freedom of religion; it is the Veteran, not the reporter, who has given us freedom of the press; it is the Veteran, not the poet, who has given us freedom of speech; it is the Veteran, not the campus organizer, who has given us freedom to assemble; it is the Veteran, not the lawyer, who has given us the right

to a fair trial; it is the Veteran, not the politician, who has given us the right to vote; and it is the Veteran, who salutes the flag and serves under the flag," said Minor. "We can be very proud of our men and women who are in service to our country today, no matter where they serve."

Beck introduced Keenan before his remarks.

"I have the privilege of introducing Col. Keenan. I do want to make note of a couple things. Col. Keenan's awards include the Bronze Star and the Purple Heart. There is no one under this tent that doesn't know what a Purple Heart is," said Beck. "I personally want to say thank you for your service to this great country. Colonels come and go at the Arsenal. Every now and then you get one that gets it and understands how important the Arsenal is to the area. He embraces the mission of the Arsenal and has been a huge asset for this community."

Keenan said every time he has gotten the opportunity to speak here in White Hall or locally, the weather has been great.

"Let's keep this up," he said. "It is truly a pleasure to have the opportunity to speak with you. This is one of the most patriotic communities I have ever been around."

Keenan answered the call to serve, said Keenan. "Veterans have a positive impact on their towns, and their service equips them with valuable skills and experiences," he said. "By sharing their positive experiences, veterans can educate the public and encourage the next generation to serve."

The Arsenal commander said he had the opportunity recently to go to Martinsville, Va., and assist in the swearing in of several new Soldiers.

"I stood up in front of about 2000 people and administered the oath of enlistment. It is really encouraging seeing

these young faces as they get up and embark on their journey of serving in the military. It was very cool to me."

Memorial Day is a time to remember those who died in service to their country, said Keenan. "Veterans Day is a time to remember all those who have served across our military – past and present. I want to thank the Army, Navy, Air Force, Marines, Coast Guard and Space Force," he said. "Each military service values and cares for its Veterans, both during and after their service. About half of the Civilians working in the Armed Forces are Veterans or 'Soldiers for Life'."

Currently only one percent of our nation serves in the military, and 61 percent of those who serve are more likely to have been exposed to military life through friends or family, said Keenan.

"Veterans have first-hand knowledge of the benefits of a military career and can bridge the gap between those who are familiar with military life and those who have never considered the military as a career,"



Pine Bluff Arsenal Commander Col. Collin K. Keenan delivers his remarks during the White Hall Veteran's Day ceremony at the White Hall Museum Nov. 11.

U.S. ARMY PHOTOS BY RACHEL SELBY

he said. "If you are a Veteran, I encourage you to share positive stories about your service this Veterans Day. Veteran stories connect Americans with the value of military service and inspire the next generation to serve."

The event concluded with a salute to all Veterans with the playing of each service

anthem. "Taps" was played by Dr. Richard Bailey as the colors were retired by the White Hall High School color Guard. Music was provided by the Pine Bluff Community Band.

After the ceremony, lunch was provided by FBT Bank and the City of White Hall inside the museum.



A big sign saying thank you to all Veterans stood outside the White Hall Museum Nov. 11 during the city's Veterans Day ceremony. Lunch was provided after the ceremony by FBT Bank and the City of White Hall.

EAP Corner

Drunk, drugged and distracted driving

Courtesy of Pine Bluff Arsenal Army Substance Abuse/ Employee Assistance Program Office

Every President of the United States since the year 1981 has shown a commitment to stopping impaired driving by proclaiming December as National Drunk and Drugged Driving Prevention Month.

Here are some things to know about the month:

Why it's important

Alcohol-impaired driving is responsible for nearly one-third of all traffic fatalities in the U.S. December is a dangerous time for impaired driving, especially on weekends and holidays like Christmas Eve and New Year's Eve.

Every day, about 37 people in the United States die in drunk-driving crashes; that's one person every 39 minutes. In 2022, 13,524 people died in alcohol-impaired driving traffic deaths. These deaths were all preventable.

What's being done

The National Highway Traffic Safety Administration (NHTSA), the White House's Office of National Drug Control Policy (ONDCP), and the Substance Abuse and Mental Health Services Administration (SAMHSA) all participate in the month. The National Safety Council (NSC) also supports a campaign to educate Americans about the dangers of impairment.

How you can help

You can help prevent impaired driving by:

- Drinking responsibly
- Not mixing alcohol with other drugs
- Not riding with someone who is impaired
- Using other means of transportation like a taxi or public transportation
- Designating a sober driver if you're hosting a party

Nearly 43,000 people died in U.S. traffic crashes in 2021, the highest number in 16 years with deaths due to speeding and impaired or distracted driving on the rise.

The 2021 final numbers, released by the National Highway Traffic Safety Administration, confirmed earlier estimates by the agency showing a 10.5 percent increase in deaths over 2020. That's the highest number since 2005 and the largest percentage increase since 1975.

Data shows a 12 percent rise in fatal crashes involving at least one distracted driver, with 3,522 people killed. That prompted the agency to kick off a \$5 million advertising campaign to keep drivers focused on the road. The number of pedestrians killed rose 13 percent, and cyclist fatalities were up two percent for the year. The number of unbelted passengers killed rose 8.1 percent, while fatalities involving alcohol-impaired driving were up 14 percent.

Speeding-related deaths increased 7.9 percent, while crash deaths involving large trucks weighing over 10,000 pounds were up 17 percent.

NHTSA focused on distracted driving fatalities, which are entirely preventable if people stop using their cell phones, eating, or doing other things that divert attention from the road. Remember it only takes a moment to change your life forever," said Sophie Shulman, NHTSA deputy administrator.

Steve Kiefer, a retired General Motors executive whose son, Mitchel, was killed in a 2016 distracted driving crash, said cell phones are a primary cause of distraction. But technology is available to prevent it including "do not disturb" modes, as well as apps and in-car systems that watch drivers to make sure they're paying attention. "All of this technology is available today, and there's no reason we can't use it and roll it out quickly," Kiefer said.

Distracted driving deaths are related to America's addiction to cell phones, said Kiefer, who started a foundation with the goal of ending distracted driving. He said 90 percent of people are aware of the danger of distracted driving, yet 80 percent admit to do-

NAME _____ OFF SYM _____

Drunk, Drugged, and Distracted Driving

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| DRUNK IMPAIRED SOBER ALCOHOL VEHICLE | DRUGGED DRIVING RESPONSIBLY TEXTING | DISTRACTED DECEMBER PREVENTABLE PHONES |
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ing it. In 25 states with laws against hand-held cell phone use, traffic deaths, crashes and insurance rates have dropped, he said. "We believe that legislation will change behavior," Kiefer said.

Mitchel Kiefer was driving from home to Michigan State University on Interstate 96 when traffic slowed and his car was hit from behind by a driver who was distracted by her phone, Kiefer said. "His car was knocked across the median and into oncoming traffic, where he was killed instantly". NPR 2023©.

The Employee Assistance Program staff is here to help. We offer you a safe and confidential place to discuss concerns, challenges, and strategies for managing difficulties in your life. We are in Building 13-040, and we can be reached at 870-540-3094. The Careline number is 870-550-2653. The ASAP/EAP staff also, want to wish you and your family, a wonderful holiday season. Drive to arrive alive. If you are texting, it can wait. Happy Holidays and please be safe.





Gen. Randy George (left), Chief of Staff of the Army, visited the Holston Army Ammunition Plant in Kingsport, Tenn. Oct. 24. U.S. ARMY PHOTO BY MORGAN ARD

Chief of Staff of the Army visits Holston plant

By Matthew Wheaton
Joint Munitions Command
Public and Congressional Affairs

KINGSPORT, Tenn. — Gen. Randy George, Chief of Staff of the Army, recently visited the Holston Army Ammunition Plant in Kingsport, Tennessee.

HSAAP, a subordinate of the Joint Munitions Command, manufactures a wide range of explosives for the Department of Defense, and is the worldwide center of excellence for the production and development of explosives.

The purpose of George's Oct. 24, 2024, visit was to refine his understanding of the strategic importance of HSAAP as a producer of explosive material and to gain insight into the plant's modernization projects.

Completed, currently underway or planned modernization initiatives at HSAAP include a flashing furnace, an explosive decomposition chamber, natural gas-fired steam plant, a New River water intake and pump house, nitric acid concentration/sulfuric acid concentration, the fluid energy mill building, and the weak acetic acid recovery plant.

George's visit included a tour of the core production capabilities and modernization projects at HSAAP, and he was able to identify, receive information about, and see several of the projects.

"Visiting facilities like Holston Army Ammunition Plant has given me profound appreciation for the hardworking, patriotic Americans supporting our national defense," George said. "As conflicts in the Middle East and Europe show, wars rarely end quickly. Places like Holston and Radford Army Ammunition Plant ensure our formations have the ammunition they need when our Nation calls."

Lt. Col. J. Mike Paul, HSAAP's commander, felt George's visit was enlightening for all parties involved.

"I think he left with an enhanced comprehension and appreciation of HSAAP's contributions to the Joint Force and our role within the larger JMC framework," Paul said.

Recruiting event in Virginia



Photo above, Pine Bluff Arsenal Commander Col. Collin K. Keenan (middle) poses for a photo with members of the U.S. Army Recruiting Command during a NASCAR event at the Martinsville, Va. Speedway Nov. 3. From left is Staff Sgt. Brown (Roanoke Station), Staff Sgt. Sharpe, Staff Sgt. Simmons, and Sgt. 1st Class Jordan (Martinsville Station).

Photo left, Col. Collin K. Keenan speaks to the crowd as he prepares to administer the Oath of Enlistment to the enlistees standing on stage with him during the NASCAR event. U.S. ARMY PHOTOS BY CHERYL AVERY



Radford Army Ammunition Plant Commander Lt. Col. Adrian Humphreys (fourth on back row) poses with members of the U.S. Army Recruiting Command (Top row is Sgt. 1st Class Neighbors (Christiansburg Station), Staff Sgt. Campbell (Roanoke Station), Sgt. 1st Class Jordan (Martinsville Station), 1st Lt. Keith Fowler and 1st Sgt. Frisk (Blacksburg Company Commander and 1st Sgt.), Bottom row is SSG Simmons (Martinsville Station) and the Army enlistees who took the Oath of Enlistment during the event.

BE ALL YOU CAN BE.

2024 JROTC Raider Competition



Photo above, a cadet girls team competes in the crab walk at a station on the parade/ball field during the White Hall High School JROTC Raider Competition.



Photo above, deep down in the mud a cadet girls team competes in the Covert Mission challenge.

Photo left, cadets try out the tire flip during the White Hall High School JROTC Raider Competition.

Photo right, cadets push a Humvee at a competition station on the parade/ball field at Pine Bluff Arsenal Nov. 16.



Photo above, cadets compete the log sit-up challenge during the Raider Competition.

Photo right, JROTC cadets start the Team Run in front of Pine Bluff Arsenal's Headquarters Building. Brookland High School won the Team Run.



U.S. ARMY PHOTOS BY HUGH MORGAN

JROTC from Page 1

what we can to get set for the next competitions.”

Some new events have been added - the duck walk and wheelbarrow, said Cadet 1st Lt. Sara Gwin (12th grade). Hutchinson, Gwin and Cadet Sgt. Maj. Jesus Carillo (12th grade) were part of the cadet cadre presenting the initial plan to the Arsenal for this year’s competition. The competition, which was previously held in February, was moved to the fall.

Gwin said her role in the cadre is to assist Hutchinson. “Whatever she needs me to do, I do it,” she said. “Jesus is more of the doer. He makes sure it happens.”

The White Hall JROTC used to use the grounds around the high school to do the Raider event in the past. “We had the different stations set up all around the school grounds and it was very spread out. It is easier at the Arsenal because it is in one area,” said Hutchinson.

Hutchinson said her expectations for the Saturday event is everything goes well. “I want to see good morale and no injuries of course. To see the schools come together and compete will be great, and for them to truly enjoy the competitiveness of the events,” she said. “I don’t want the teams to have winning as their sole purpose but to come out and enjoy it and spend time with friends from across the state.”

Winners for the White Hall JROTC Raider Competition were:

- *Rope Bridge – Brookland High School
- *Litter Carry – Watson Chapel High School
- *Team Run – Brookland High School
- *3rd Overall – Lake Hamilton High School
- *2nd Overall – Brookland High School
- *1st Overall/Commander’s Cup – Catholic High School



Donna Handy, right, was presented a Certificate of Appreciation and Commander's Coin from Pine Bluff Arsenal Commander Col. Collin K. Keenan for her service and support as the Civilian Welfare Fund certifying official. For the past 13 years, Handy has consistently gone above and beyond in her role, demonstrating an extraordinary commitment to excellence. With her extensive knowledge and attention to detail, Handy played a pivotal role in ensuring the effective management and oversight of the CWF. Her efforts have directly contributed to the morale and welfare of our Civilian Workforce.

U.S. ARMY PHOTOS BY HUGH MORGAN



Jordan Scifres, right, was presented a Certificate of Appreciation and Commander's Coin from Pine Bluff Arsenal Commander Col. Collin K. Keenan for her outstanding performance for the past six years as the Civilian Welfare Fund credit card holder and purchaser. Her dedication has not only benefited her team but also positively impacted the entire Pine Bluff community. Scifres has demonstrated exceptional integrity and financial acumen in managing transactions and maintaining compliance. Her proactive problem-solving approach has led to cost savings and enhanced efficiency. Additionally, her willingness to assist with various projects showcases her commitment and strong work ethic.

Cool Breeze Call 870-540-3777

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| <p>Salads</p> <p>Start off with chopped iceberg lettuce or our Spring Mix of baby lettuces. Comes with diced tomatoes, shredded cheese, shredded carrots, diced eggs, bacon bits, diced cucumbers, sliced red onion, and pepperoncini peppers.</p> <p>Side Salad \$3.25</p> <p>Garden Salad (No Meat) \$5.00</p> <p>Chef Salad (Ham or Turkey) \$7.00</p> <p>Chicken Strip Salad (Crispy or Grilled) \$8.50</p> <p>Philly Steak Salad (Philly Meat) \$9.00</p> <p>All salads are served with crackers, croutons, and one dressing: Ranch, Thousand Island, Balsamic Vinaigrette, or Lite Italian.</p> <p>Additional Dressing \$0.50</p> <p>Chicken</p> <p>Chicken Strips (3) \$5.75 Combo (with fries and drink) \$9.75</p> <p>Crispy Chicken Sandwich \$5.25 Combo (with fries and drink) \$9.25</p> <p>Comes with 1 dipping sauce per order. Buffalo, Ranch, Honey Mustard, or BBQ. Extra sauce is \$0.50 each</p> | <p>Quarter Pound Burgers</p> <p>Hamburger \$5.00 Combo (with fries and drink) \$9.00</p> <p>Cheeseburger \$5.25 Combo (with fries and drink) \$9.25</p> <p>Double Cheeseburger \$7.00 Combo (with fries and drink) \$11.00</p> <p>Comes with lettuce, tomato, onions, pickles and your choice of American or Swiss Cheese</p> <p>Other Sandwiches</p> <p>Country Fried Steak Sandwich \$6.50 Combo (with fries and drink) \$10.00</p> <p>Philly Cheesesteak \$7.50 Combo (with fries and drink) \$11.50</p> <p>Polish \$3.75 Combo (with fries and drink) \$7.75</p> <p>Hot Ham & Cheese \$4.50 Combo (with fries and drink) \$8.50</p> <p>Grilled Cheese \$2.50 Combo (with fries and drink) \$6.00</p> <p>Cold Cut (Ham, Turkey) \$6.50 Combo (with fries and drink) \$10.50</p> <p>6 slices of meat, 2 strips of bacon, lettuce, tomato and cheese on toasted bread.</p> <p>Sides</p> <p>Seasoned Potato Wedges (JoJo's) \$2.25</p> <p>Steak Fries \$2.25</p> <p>Tater Tots \$2.25</p> <p>Fried Okra \$2.25</p> <p>Corn Nuggets \$2.25</p> <p>Onion Rings \$2.25</p> | <p>Fountain Drinks</p> <p>Including Cool Breeze's daily fresh brewed sweet and unsweet tea</p> <p>20 fl. Oz. Cup \$1.50</p> <p>32 fl. Oz. Cup \$2.00</p> <p>Appetizers/Starters</p> <p>Fried Mozzarella Sticks (6) \$3.75</p> <p>Pickle Fries \$3.75</p> <p>Nachos \$3.50</p> <p>Extras</p> <p>Bacon (2 slices) \$2.00</p> <p>Nacho Cheese \$1.00</p> <p>Slice Cheese \$0.50</p> <p>Treats</p> <p>Ice Cream Bowl \$2.25</p> <p>Breezy Blasts \$4.00 (includes candy bar and syrup)</p> <p>Candy Bars \$2.00</p> <p>Chips \$1.00</p> <p>Honey Buns \$2.00</p> |
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* Ask about our DAILY specials

Turn Any Sandwich into a Wrap

Bacon Cheeseburger

Carbon monoxide: DPW Spotlight

The silent killer

By *Nina Rodriguez, MD, MPH*
Arsenal Occupational Health Clinic
What is Carbon Monoxide (CO)?

Carbon Monoxide (CO) is a colorless, odorless gas that is a natural byproduct of combustion. CO poisoning is the leading cause of unintentional poisoning-related death in the United States and is often referred to as the “silent killer” because you can’t see, smell, or taste it. Annually, unintentional CO poisoning, not linked to fires is responsible for 100,000 emergency department (ED) visits and approximately 400 deaths, which is more commonly seen in the winter months due to gas-burning appliances being used for heating and generators.

Health Clinic Corner

What are symptoms of acute CO poisoning?

Early symptoms of CO poisoning may be similar to the flu and other common illnesses. Symptoms may include headache, dizziness, weakness, nausea, visual disturbance, confusion, fatigue.

Clues that may help identify if symptoms are due to CO poisoning include:

- * If symptoms occur shortly after turning on a fuel-burning device (i.e., generator, vehicle, fuel-powered tool use).
- * More than one person in the household develops symptoms at the same time.
- * Symptoms improve once you move to a different location.

What is the classic toxic mechanism of CO?

CO has an affinity for hemoglobin 242 times higher than oxygen! Hemoglobin is a protein in red blood cells that is essential for transporting oxygen from the lungs to the rest of the body. After cessation of exposure, the half-life of CO in the blood is approximately five hours.

Prevention measures:

- 1) **Regular maintenance:** Have your heating system, water heater, and any other gas, oil, or coal-burning appliances inspected annually.
- 2) **Install CO detectors:** Place CO detectors in key areas in your home, especially in sleeping areas, and check them regularly (at least twice a year). * In the workplace, CO detectors should be considered whenever ventilation failure or other variables may result in dangerous CO levels. The National Institute for Occupational Safety and Health (NIOSH) can assist with workplace CO monitors.
- 3) **Avoid idle engines:** Never leave a vehicle running in an enclosed space, like a garage.
- 4) **Proper ventilation**
- 5) **Use appliances safely:** Only use generators and grills outdoors and away from windows and doors.
- 6) **Education:** Ensure everyone in your household and workplace knows the dangers of CO and common symptoms.

If you suspect CO poisoning, get people and pets to fresh air immediately and call local poison control center at 1-800-222-1222.



Wes Hoffman and Shawn Eversole, with Pine Bluff Arsenal's Directorate of Public Works, works to install new equipment and electrical systems at an Arsenal building.

U.S. ARMY PHOTOS BY DPW






Pine Bluff Arsenal Directorate of Public Works personnel, Terry Coffman, Adam Garrison, Brandon McNeese and Matt Ryals, work to install new equipment and electrical systems at an Arsenal building.



Mike Hancock with Pine Bluff Arsenal's Directorate of Public Works, and Jimmy Hollowell with PBA's Directorate of Engineering and Technology, work to install new equipment and electrical systems in an Arsenal building.

CARBON MONOXIDE:
How to spot the dangers

| | | |
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|  <p>MILD</p> <p>Slight headache Nausea Vomiting Fatigue</p> |  <p>MEDIUM</p> <p>Severe headache Confusion Drowsiness Fast heart rate</p> |  <p>EXTREME</p> <p>Unconsciousness Convulsions Cardio-respiratory failure Death</p> |
|---|--|---|

Discovering the story JMC's data tells

By Lori McFate
 Joint Munitions Command
 Public and
 Congressional Affairs

Using data analytics and visualization is instrumental in aiding employees across the Joint Munitions Command's enterprise to provide the right munitions, in the right quantity, and at the right place and time in support of the Joint Force.

Employees at JMC's headquarters at the Rock Island Arsenal, and employees across the JMC enterprise, recently attended a Microsoft Power BI three-day course in-person and virtually. The sessions gave them a better understanding of data analytics and how data is used to visually tell JMC's munitions story. This was the first of three courses in the September JMC training series titled "Data Analytics Booster Month."

"Organizations that prioritize data analytics and data science across all operating units give themselves an incredible competitive advantage," said Dr. John Bunch, PhD, who served as the teacher of the Power BI course. "It enables an advanced understanding of the environments in which they operate and their own strengths and weaknesses within it. This provides a significantly enhanced ability to be proactive, agile, efficient, and fully capable of meeting organizational goals."

Power BI is a collection of software services, apps, and connectors that work together to turn unrelated sources of data into coherent, visually immersive, and interactive insights. Data might be an Excel spreadsheet or a collection of cloud-based and on-premises hybrid data warehouses. Power BI lets one easily connect data sources, visualize, discover what's important, and share that with anyone or everyone.

"For us to improve our business accuracy, reduce our costs, and make good business decisions, we need to start seeing ourselves and measure ourselves against our historical performance," said Brig. Gen. Ronnie Anderson Jr., JMC's commander.

Anderson recently attend-

ed a Data Driven Leadership course and encouraged JMC's workforce to seek out training that supports the Army and JMC's intent to continually improve its information readiness and data agility to gain a decision advantage.

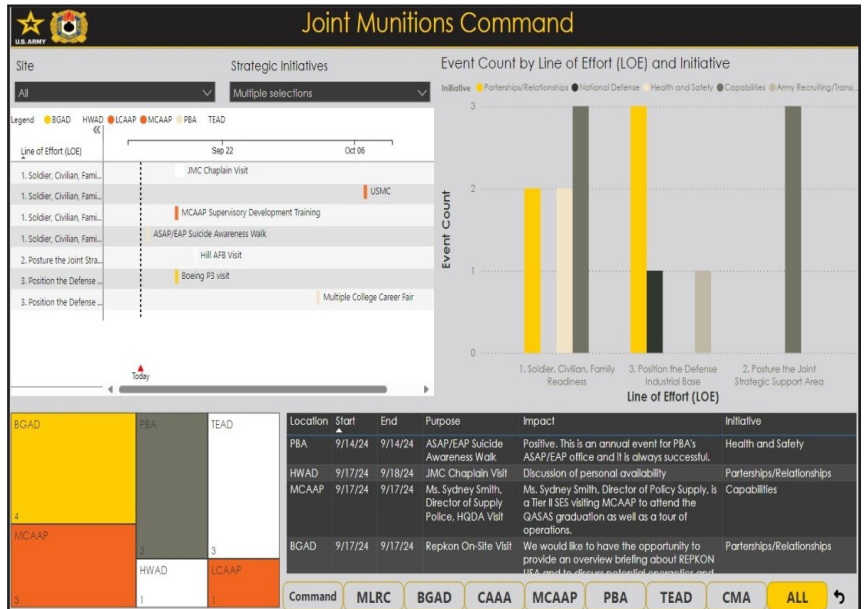
Data-driven decision-making uses facts, metrics, and data to guide the decisions to achieve end goals. At JMC, that means meeting ammunition requirements around the world, as the Department of Defense's premier munitions provider.

"I ask that no matter your current proficiency that you continuously improve your abilities to understand data analytics so we can continuously improve our enterprise," Anderson said. "I am on the journey with you."

The Power BI course was designed for Army Civilians at JMC already involved with data analytics to upskill their data visualization methods. The participants learned how to import data from multiple sources into Power BI and how to leverage the application to build superior visuals to summarize and explain past data and forecast and optimize future data. The course helped employees identify data needed and discover why the data is important for decision making to meet ammunition requirements across JMC's core competencies of production, storage, distribution, and demilitarization. The course also included presentations, demonstrations, and practical exercises using the virtual learning lab, all focused on helping employees understand data analytics and how to create visuals to tell the ammunition story to JMC senior leaders and decision makers.

"The Power BI course provided the average computer user with skills and capabilities to produce complex data visuals, while also learning how to automate data reports," said Tanner Schuldt, a human resources program analyst at JMC's headquarters.

Whether it comes to purchasing supply parts to produce ammunition, shipping ammunition to the point of need, conducting surveillance



The Joint Munitions Command uses Power BI to retrieve strategic enterprise-wide engagements from the JMC Engagement Dashboard to provide JMC's senior leaders with a visualization of engagements by type and by line of effort. This provides them with focus areas of importance that support funding requirements, congressional discussions, decision-making, and more.

U.S. ARMY PHOTO BY JMC PUBLIC AFFAIRS

of stored ammunition, or demilitarizing excess or obsolete ammunition, understanding and presenting data analytics to JMC senior leaders is critical to decision-making in a resource-constrained environment.

Data analytics and the Power BI tools can also be used for support services such as current hiring status of new employees, reporting manda-

tory employee training status, or strategic command engagements.

"Power BI, amongst other new analytic tools available to the AMC enterprise, has provided game-changing capabilities for analysts, as well as the general workforce, that allows improved comprehensive data analysis, visualizations, and layers of automation. It creates an enhanced data-driven deci-

sion environment resulting in better support to the Joint Warfighter," said Stephen Gainey, a JMC Power BI subject matter expert.

Army employees who want to learn more about Power BI can access the Army's E-Learning platform Udemy for Business: <https://army-civ.udemy.com/organization/home/> and search Power BI courses.

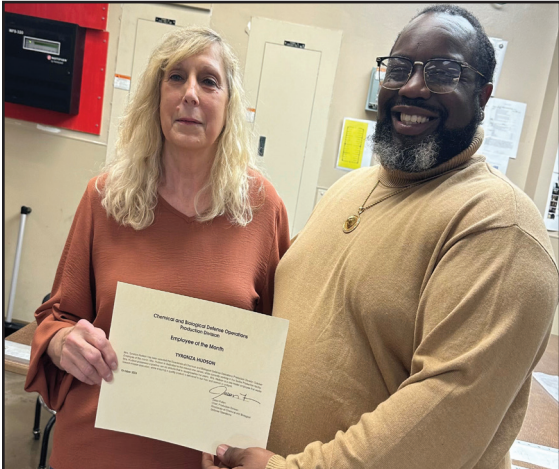
PBA Blood Drive



Our Blood Institute Bloodmobile was parked outside Pine Bluff Arsenal's Creasy Complex during a blood drive Nov. 14. The drive was held from 9 a.m. to 2 p.m. Every donor received a long-sleeved, holiday shirt. Twenty-five whole blood units were collected during the drive.

U.S. ARMY PHOTO BY RACHEL SELBY

CB Employee of the Month



Tyrnza "Ty" Hudson was selected as the Pine Bluff Arsenal Directorate of Chemical and Biological Defense Operations Production Division October Employee of the Month. Hudson, who works at the Textile Production facility, is dedicated to the mission she serves. She has a positive, can-do attitude that is recognized by her peers. Hudson is a role model employee that works towards mission execution, while ensuring a quality product is delivered to our men and women in uniform.

U.S. ARMY PHOTO BY HUGH MORGAN

Red Ribbon Week



Pine Bluff Arsenal's Army Substance Abuse Program Office participated in a Red Ribbon Week event at Coleman Middle School in Pine Bluff. The students held a balloon release (top photo) and members of ASAP staff - Brandi Parks and Kevin Bradley, passed out information to the students about living a drug free life. U.S. ARMY PHOTOS BY HUGH MORGAN

THANKSGIVING SAFETY

THE GREATEST NUMBER OF HOME-COOKING FIRES OCCUR ON THANKSGIVING.

TOP CAUSES OF HOME FIRES:

- HEAT SOURCE TOO CLOSE TO FLAMMABLE MATERIALS
- PRODUCT MISUSE (MOSTLY TURKEY FRYERS)
- UNATTENDED EQUIPMENT
- ACCIDENTALLY LEAVING COOKING EQUIPMENT ON
- ABANDONED MATERIAL

Holiday Travel Safety

Tips to help keep you and your family safe this holiday season

#HeadsUp

91% of holiday travel is by personal vehicle Source: US Dept of Transportation

Travel Safety Tips

- Have a plan for roadside assistance
- Secure all doors and windows
- Avoid distractions. Put the phone down and never text and drive
- Don't post online that you're out of town
- Expect delayed travel time
- Never drink & drive or ride with someone who has been drinking

TOYS FOR TOTS





Helping children in Cleveland, Jefferson, & Lincoln Counties have a Merry Christmas Donate Today!!!



U.S. MARINE CORPS

For more information go to www.toysfortots.org

 www.facebook.com/toysfortots

www.twitter.com/ToysForTots_USA 



Pine Bluff Arsenal MWR will be hosting a Toys For Tots toy drive from now until December 13. This is a **GREAT** opportunity to give back to our local communities as it will be serving the children in Jefferson, Lincoln, and Cleveland counties. We have donation bins set up at the Arsenal Fitness Center, Building 16-310, and CYS, Building 16-050. Any new, unwrapped toy, book, or stocking items can be accepted. If you are unable to drop it off yourself, we can arrange to pick the item up at your building. Call 540-3778 for questions or more details.

